# City of Tampa Parks and Recreation Department EXPERIENCE BOOK

## We are going to visit Cypress Point Park





#### CREATED IN PARTNERSHIP WITH

Center for Autism & Related Disabilities University of South Florida

# FOR THE CAREGIVER

5620 W. Cypress St. Tampa, FL 33607

HOURS
Sunrise to Sunset

ACCESSIBILITY
ADA Accessible sidewalks and restrooms

The park has outdoor ADA restroom facilities as well as an ADA outdoor shower for rinsing off the salt water.

#### Notes

This is a very active neighborhood park that has beach, jogging trail, sand volleyball court, playground, disc golf course, and numerous shelters that maybe rented through out online shelter rental system.

The parking lot is very active and the park is a favorite spot for locals to enjoy lunch breaks.

The restrooms are equipped with electronic locks that unlock at sunrise and lock at sunset. There is an unlock button located on the inside of the restroom if you are locked inside after sunset.

## Sensory Key



There are lots of things to hear here. It might be loud in places where I see this. I can wear headphones or cover my ears if it gets too loud.



There are lots of things to see here. It might be bright or hurt my eyes in places where I see this. I can wear sunglasses or cover my eyes.



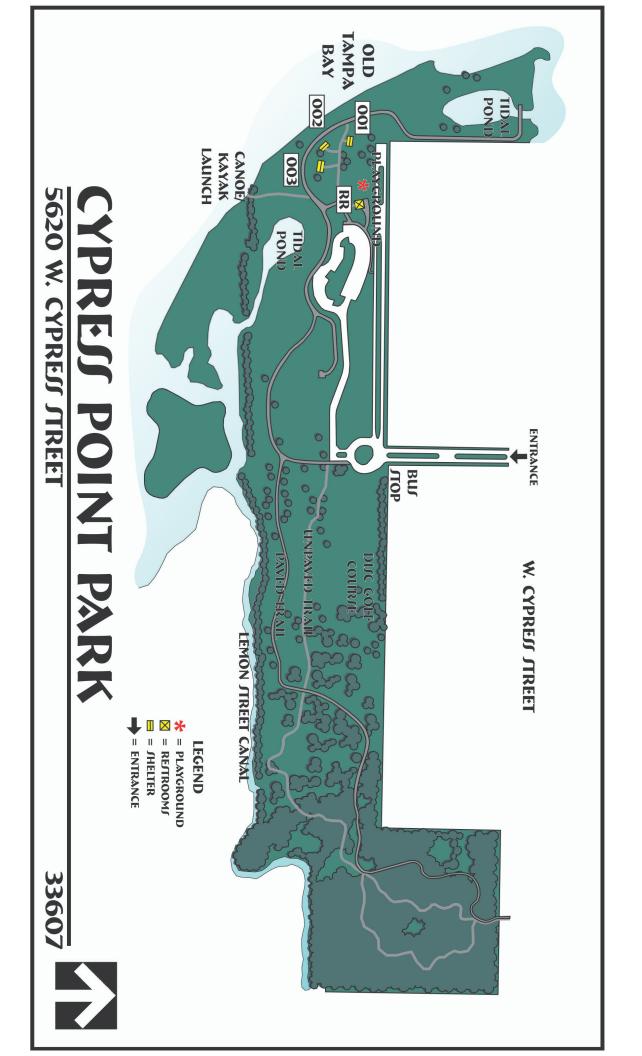
There are lots of things to touch here. There might be things that I feel uncomfortable touching when I see this. I do not have to touch anything that I do not want to.



There might be a strong smell in places where I see this. I can hold my nose or cover my nose with something that smells good.



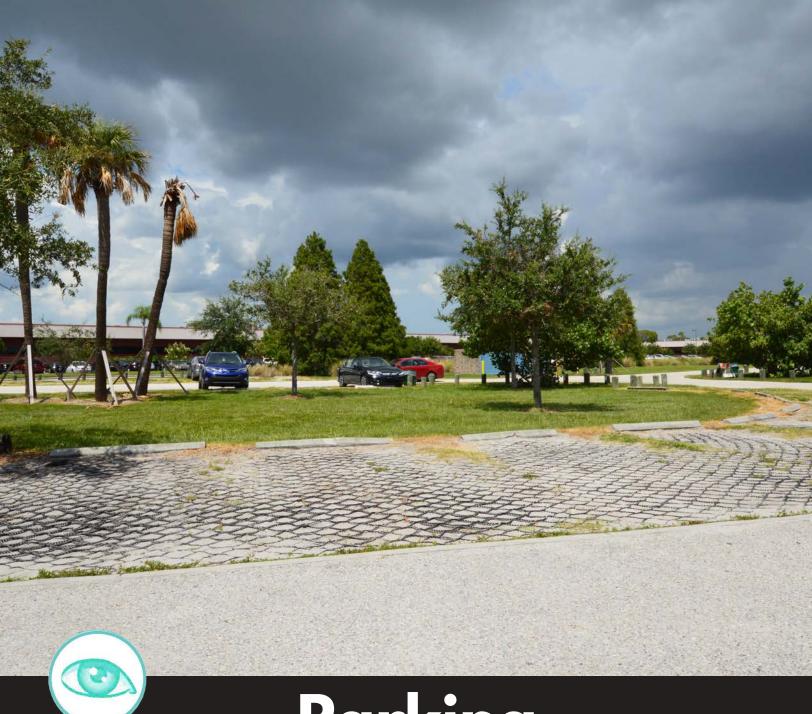
When I see this there will be things I can taste here. I do not have to put anything in my mouth if I do not want to.





# Park Day

We are going to visit the playground at Cypress Point Park.



# Parking

When we get to the park, we will park in the parking lot. The parking lot is next to the playground.





## Rules

There will be rules that I have to follow when I am at the Park. There will be signs to remind me of what the rules. Two BIG rules are no swimming without an adult and stay with my adult at all times.



I will make sure I throw my trash into trash cans. If I have a service animal with me, I will make sure I clean up after him or her.

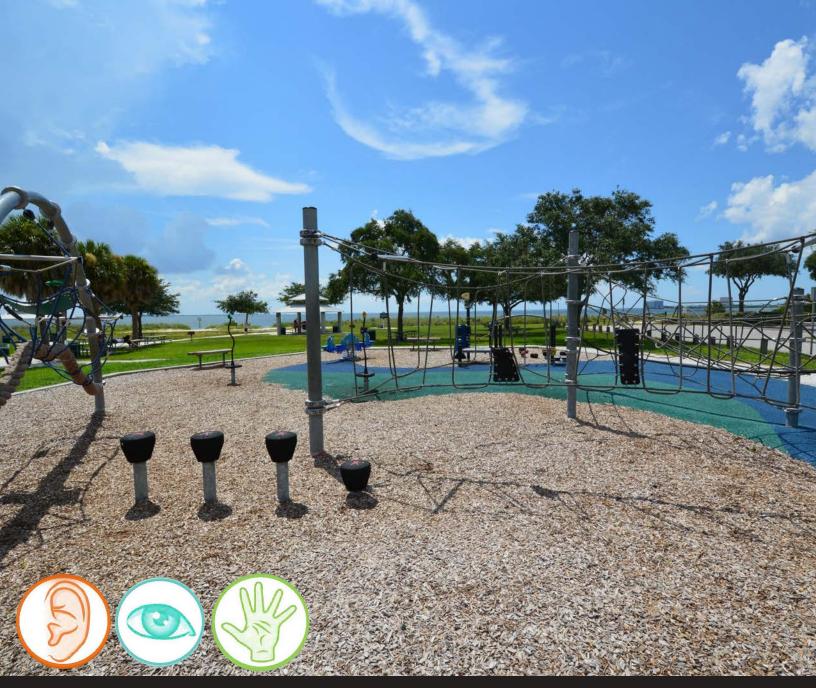


If I get tired, there will be places in the park where I can sit and rest or get a drink of water.



### Restrooms

While we are in the park, we might need to use the restroom. We ask the adult we are with before we go to the restroom.



# The Playground

There will be a playground where I can play. I will take turns with other kids on the equipment. I will stay on the playground where the adult that is with me can see me.



Things to do

While at the playground, there will be lots of things that we can look at or play with, like this the ropes and bridge. I will ask the adult that is with me if I can touch and play on the playground before I touch it.



There might also be a lot of noise in the park. I can cover my ears or put on headphones if it gets too loud.



#### *Created by:*

# The City of Tampa Parks and Recreation Department

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