



Loretta Ingraham Pool
 1611 N. Hubert Ave. (813) 348-2080
 tampagov.net/ParksAndRec

Extended Summer 2020 August 9th–22nd

Social distancing is required during classes, while on the pool deck, reception desk, and locker rooms. Please help prevent the spread of Covid-19. Do not visit the pool if you are sick. Practice social distancing and wear a mask when applicable.

Staff will manage capacity to 50% for swim sessions.

Activities	Sun	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Lap Swim	X	Closed	6:00-8:00pm	6:00-8:00pm	6:00-8:00pm	6:00-8:00pm	8:00-11:00am
Open Swim 50% Capacity	11:00am-4:00pm	Closed	X	X	X	X	12:00-4:00pm
Aqua Exercise	X	Closed	X	X	X	X	11:00am-12:00pm
Novice Swim Team (Ages 5 -15)	X	Closed	X	X	X	X	3:00-4:00pm
Parent/Child Aquatics (Ages 6 months-3)	X	Closed	X	X	X	X	8:45-9:15am
Pre School Aquatics (Ages 3-5)	X	Closed	X	X	X	X	9:30-10:00am
Learn to Swim (Levels 1-3 & 4-6) (Ages 6 and up)	X	Closed	X	X	X	X	10:30-11:00am
Learn to Swim (Levels 1-3 & 4-6) (Ages 6 and up)	X	Closed	X	X	X	X	10:30-11:00am
Adult Swim Lessons	X	Closed	X	X	X	X	8:00-8:30am

CLASS MAKE UP POLICY

If class is cancelled by us due to weather or a facility issue, make up classes are available at the times/days listed. Makeups should be completed with the session enrolled. *2 make ups max for 2 days cancelled.* If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class or make up.

Swim Lesson Session Dates (8 lessons)

Saturday Classes:

Session 1: August 15– October 3

Session 2: October 5– November 28

Swim Session Fees

Rec Card: Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year.
Lap Swim Pass: Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.
Daily Drop In Fee: Non card holders must pay a daily fee to use the pool.
Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.

Resident Rec Card: \$15/individual \$50/family
*Family = Any 2 adults and all children under age 18 residing at the same address.
Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.*

Non-resident Rec Card: \$30/individual \$100/family
Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/1 year

Daily Drop-in Fee : Youth and Senior—\$2.00 Adult—\$4.00

PARENT/CHILD AQUATICS Ages 6 months to 3 years. This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class Fee: \$24 per session.**

PRESCHOOL AQUATICS Ages 3 to 6 years. This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control, and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session.**

LEARN TO SWIM (Levels 1-3) (Ages 6 and up). In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) *An instructor will assign the participant's level**

LEARN TO SWIM (Level 4-6) (Ages 6 and up). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) **Must pass Red Cross Level 3 Water Competency Exit Assessment**

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

LAP SWIM . A Rec Card and Lap Swim Pass or Daily Drop-In Fee are required. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Class Fee: Current Aquatic pass**

OPEN SWIM 50% Capacity—Social Distancing

Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

NOVICE SWIM TEAM Ages 5-15 and must be able to swim 25 yards unassisted. Must be able to swim 25 yards unassisted. Children will improve their swim strokes and get a grass roots experience in the world of competitive swimming. Competitions occur summer season only. **Class Fee: Current Rec Card**

Weather Policy

When lightning is seen or thunder heard the pool will be closed until there has been no lightning or thunder for 30 minutes. All patrons will be asked to leave the pool and deck areas immediately.