

EMPLOYEE ASSISTANCE PROGRAM
WOOD & ASSOCIATES
(People First EAP)
800-343-4670

We Are Here For You

EMPLOYEE ASSISTANCE PROGRAM

If you are faced with problems that seem too big for you to deal with on your own or if you just need to talk, contact the EAP. The only thing you have to lose is the problem.

(800) 343-4670

www.PeopleFirstEAP.com

EMPLOYEE ASSISTANCE PROGRAM

**Stressed out?
Sad or blue?
Worried?
Feeling mad?
Drink too much?
Money problems?
Legal problems?
Family problems/
Is your child having problems?**

If you or a family member are faced with these or any other problem, help is available.

The Employee Assistance Program is a **FREE** and **CONFIDENTIAL** benefit offered to City of Tampa employees and their dependents. The program is easy to use and available 24 hours a day/seven days a week.



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