



# Sulphur Springs Pool

**713 E. Bird Street (813) 931-2156**  
[tampagov.net/ParksandRec](http://tampagov.net/ParksandRec)

## Summer 2020 June 14th–August 8th

**Closed Friday, July 3rd**

Social distancing is required during classes, while on the pool deck, reception desk, and locker rooms. Please help prevent the spread of Covid-19. Do not visit the pool if you are sick. Practice social distancing and wear a mask when applicable. Staff will manage capacity to 50% for swim sessions.

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
<b>Lap Swim</b>	10:00am-12:00pm	9:00am-12:30pm 5:00-7:00pm	9:00am-12:30pm 5:00-7:00pm	9:00am-12:30pm 5:00-7:00pm	9:00am-12:30pm 5:00-7:00pm	9:00-11:30am	10:00am-1:00pm
<b>Open Swim 50% Capacity</b>	12:00-5:00pm	12:30-5:00pm	12:30-5:00pm	12:30-5:00pm	12:30-5:00pm	2:30-6:00pm	1:00-5:00pm
<b>Feature Area (Ages 5 &amp; under)</b>	10:00am-12:00pm	9:00am-12:30pm 5:00-7:00pm	9:00am-12:30pm 5:00-7:00pm	9:00am-12:30pm 5:00-7:00pm	9:00am-12:30pm 5:00-7:00pm	9:00-11:30am	10:00am-1:00pm
<b>Aqua Exercise (Ages 18 &amp; up)</b>	X	11:00am-12:00pm	X	11:00am-12:00pm	X	10:30-11:30am	11:00am-12:00pm
<b>Aqua Stretch &amp; Tone (Ages 18 &amp; up)</b>	X	X	5:00-6:00pm	X	5:00-6:00pm	X	X
<b>Parent/Child Aquatics</b>	X	9:30-10:00am OR 5:00-5:30pm	9:30-10:00am OR 5:00-5:30pm	9:30-10:00am OR 5:00-5:30pm	9:30-10:00am OR 5:00-5:30pm	Make Up	X
<b>Parent/Child Aquatics</b>	X	X	X	X	X	X	10:00-10:30am
<b>Preschool Aquatics</b>	X	10:15-10:45am OR 5:45-6:15pm	10:15-10:45am OR 5:45-6:15pm	10:15-10:45am OR 5:45-6:15pm	10:15-10:45am OR 5:45-6:15pm	Make Up	X
<b>Preschool Aquatics (Ages 3–5)</b>	X	X	X	X	X	X	10:45-11:15am
<b>Learn to Swim Levels 1-3</b>	X	11:00-11:30am OR 6:30-7:00pm	11:00-11:30am OR 6:30-7:00pm	11:00-11:30am OR 6:30-7:00pm	11:00-11:30am OR 6:30-7:00pm	Make Up	X
<b>Learn to Swim Levels 1-3 (Ages 6 &amp; up)</b>	X	X	X	X	X	X	11:30am-12:00pm
<b>Learn to Swim Levels 4-6 (Ages 6 &amp; up)</b>	X	11:30am-12:00pm OR 6:30-7:00pm	11:30am-12:00pm OR 6:30-7:00pm	11:30am-12:00pm OR 6:30-7:00pm	11:30am-12:00pm OR 6:30-7:00pm	Make Up	X
<b>Learn to Swim Levels 4-6</b>	X	X	X	X	X	X	11:30am-12:00pm
<b>Adult Swim Lessons</b>	X	X	X	X	X	X	12:15-12:45pm
<b>Novice Swim Club</b>	X	6:00-7:00pm	X	6:00-7:00pm	X	X	9:00-10:00am 10:00am

### Swim Lesson Session Dates (8 lessons)

**Monday through Thursday Classes:**      **Saturday**  
 Session 1: 6/15–6/25    Session 2: 7/6–7/16    Session 3: 7/20–7/30      6/20–8/8

### Swim Session Fees

**Rec Card:** Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year.  
**Lap Swim Pass:** Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.  
**Daily Drop In Fee:** Non card holders must pay a daily fee to use the pool.  
Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.

**Resident Rec Card:** \$15/individual \$50/family  
*Family = Any 2 adults and all children under age 18 residing at the same address.  
Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.*

**Non-resident Rec Card:** \$30/individual \$100/family  
*Family = Any 2 adults and all children under age 18 residing at the same address.*

**Lap Swim Pass:** \$10/month \$25/4 months \$65/1 year

**Daily Drop-in Fee :** Youth and Senior—\$2.00 Adult—\$4.00

**Financial Assistance available for swim lessons children 6 months to 17 years for those who qualify. Stop by the pool of your choice to apply. Criteria includes proof of enrollment in an assistance program such as free/or reduced lunch or other state/federal assistance programs.**

**Funding provided by the Rays Baseball Foundation**

**LAP SWIM:** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Fee: Current Rec Card and Lap Swim Pass, or Daily Drop In Fee**

#### **OPEN SWIM: 50% Capacity—Social Distancing**

**All Ages. Children under 8 years must be accompanied by an adult both in and out of the water.** Enjoy the entire pool and all its amenities. All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep water swimming ability. All floatation devices must be Coast Guard approved. Life vests are available for use. **Fee: Current Rec Card or Daily Drop In Fee**

#### **FEATURE AREA: 50 % Capacity—Social Distancing**

**Ages 0 to 5 years with adult.** Here, you and your preschooler can enjoy our mushroom fountain, spray features, and frog slide while the rest of the pool is being used for youth and adult programming. Water is 0 to 2 feet deep. **Fee: Current Rec Card or Daily Drop In Fee**

**AQUA EXERCISE: Ages 18 and up.** Take the jolt out of your aerobic workout with this program in waist deep water. Use the water as resistance and work your arms, legs, and even your core without the stress on muscle, bones, tendons, and ligaments. **Class Fee: Current Rec Card or Daily Drop In Fee**

**AQUA STRETCH & TONE: Ages 18 and up.** Low impact and low intensity. This class will increase your range of motion, flexibility and help relieve stress. All in the water. **Class Fee: Current Rec Card or Daily Drop In Fee**

**PARENT/CHILD AQUATICS: Ages 6 months to 3 years.** This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: Current Rec Card and \$24 per session (8 lessons)**

**PRESCHOOL AQUATICS: Ages 3 to 5 years.** This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills for young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: Current Rec Card and \$24 per session (8 lessons)**

**LEARN TO SWIM (Levels 1-3) Ages 6 and up.** In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: Current Rec Card & \$24 per session (8 lessons)**  
**\*An instructor will assign the participant's level**

**LEARN TO SWIM (Levels 4-6) Ages 6 and up.** The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: Current Rec Card & \$24 per session (8 lessons) \*\*Must pass Red Cross Level 3 Water Competency Exit Assessment.**

**ADULT SWIM LESSONS: Ages 18 and up.** Learn to swim or improve your strokes. We will work with you at your own pace and according to your swim level and goals. **Class Fee: Current Rec Card and \$24 per session (8 lessons)**

**NOVICE SWIM CLUB: Ages 5-15.** Must be able to swim 25 yards unassisted. Children will improve their swim strokes and get a grass roots experience in the world of competitive swimming. Competitions occur summer season only. **Class Fee: Current Rec Card**

#### **CLASS MAKE UP POLICY**

If class is cancelled by us due to weather or a facility issue, make up classes are available at the times/days listed. Makeups should be completed with the session enrolled. *2 make ups max for 2 days cancelled.* If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class or make up.

#### **Weather Policy**

When lightning is seen or thunder heard the pool will be closed until there has been no lightning or thunder for 30 minutes. All patrons will be asked to leave the pool and deck areas immediately.