

# **INTERBAY POOL**

# 4321 W Estrella Ave (813) 282-2910 tampagov.net/ParksAndRec



## **December 29th—May 30th**

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim	Closed	3:00-5:00pm	3:00-6:00pm	3:00-5:00pm	3:00-6:00pm	X	12:00-2:00pm
Lap swim	Closed	8:00am- 12:00pm	8:00am-12:00pm 6:00-8:00pm	8:00am- 12:00pm	8:00am- 12:00pm 6:00-8:00pm	8:00am- 12:00pm	8:00-9:30am
Homeschool Swim Club (Ages 5-17)	Closed	Х	10:00-11:00am	Х	10:00-11:00am	Х	Х
Water Polo	Closed	5:30-7:00pm	Х	5:30-7:30pm	Х	Х	Х
Synch Rays	Closed	Х	6:00-8:00pm	Х	6:00-8:00pm	Х	10:00am- 12:00pm

All participants must purchase a Rec Card to use any facility or participate in any program including Lap Swim, Water Aerobics, etc.

Proper swim attire required for all pool activities and classes

Lap Swim participants must also purchase an Aquatic Pass or pay a daily drop-in fee.

• Open Swim sessions are free to Rec Card holders. Non-Rec Card holders must pay the daily drop-in fee.

<u>Fees:</u> Resident Rec Card: \$15/individual \$50/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.

Non-resident Rec Card: \$30/individual \$100/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Aquatic Pass: \$10/Monthly or \$25/4 months or \$65/Annual

## Winter/Spring 2020 Holiday Hours

Wed. Jan. 1: CLOSED Mon. Jan 20: CLOSED Fri. April 10: CLOSED

Mon. May 25: OPEN 8:00am:-1:00pm

#### **CLASS MAKEUP POLICY**

If class is cancelled by us due to weather or a facility issue, makeup classes are available at the times/days listed. 2 makeups max for 2 days cancelled. If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class.

### AMERICAN RED CROSS LIFEGUARD COURSE

Reduced Rates for City of Tampa Summer Lifeguards—Ask us how!



Must be at least 15 years old and pass a swimming skills pretest. Pretest includes a 300yd swim continuously using breast stroke or front crawl with rhythmic breathing; swim 20 yards, retrieve a 10 pound object from the bottom of the deep end, and return to the starting point and exit the pool within 1 minute 40 seconds; tread water only using their legs for 2 minutes. Class Fee: \$100

Day	Dates	Time	Location	<u>Phone</u>
Sat/Sun	Feb 22, 23, 29, March 1	9am-5pm	Cuscaden Pool, 2900 N. 15th Street	242-5302
Sat/Sun	March 7, 8, 14, 15	8am-4pm	Del Rio Pool, 10105 N. Blvd.	931-2107
M-F	March 16,17,18,19,20	9am-5pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
M-F	March 16,17,18,19,20	8am-4pm	Roy Jenkins Pool 154 Columbia Dr.	250-3355
Sat	March 28, April 4,11, 18	8am-4pm	Cyrus Greene Pool, 2101 E. MLK. Blvd	242-5305
Sat	March 28, April 4,18, 25	9am-5pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat/Sun	April 25, 26, May 2,3	8am-4pm	Bobby Hicks Pool, 4120 W.Mango Ave	832-1217
Sat/Sun	April 25, 26, May 2,3	9am-5pm	Cuscaden Pool, 2900 N. 15th Street	242-5302

### LIFEGUARD REVIEW CLASS

The course is a certification re-newel for American Red Cross Lifeguarding. You must possess a current ARC Lifeguarding certificate to attend.

Class Fee: \$50

 Sat/Sun
 March 14, 15
 8am-1pm
 Roy Jenkins Pool 154 Columbia Dr.
 250-3355

 Sat/Sun
 May 2, 3
 8am-1pm
 Bobby Hicks Pool, 4120 W. Mango Ave.
 832-1217



# **Be A Lifeguard this Summer!**

Attend one of our Rookie Schools for your swim test and job interview. Visit our website at tampgov.net/Parks And Rec for specific dates/times/locations or contact the Aquatic Office at 813-274-7732.

LAP SWIM Ages 18 and up or by special permission. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. A Rec Card and Seasonal Swim Pass or Daily Drop-In Fee are required.

**OPEN SWIM** Enjoy the pool and all it's amenities. Proper swim attire is required. **Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Must have a current Rec. Card or pay the daily drop in fee.** 

HOMESCHOOL SWIM CLUB Ages 5-17 and must be able to swim 25yds unassisted. Does your child dream of swimming like Michael Phelps? This grassroots summer program will expose your swimmer to competitive training and give them a chance to participate in 4 low key swim meets. All you need to do is enroll. Club Fee: \$24 per session( twice a week for 4 weeks) and Current Rec Card

**NEXT LEVEL WATER POLO** Ages 10-18. For info visit nextlevelwaterpolo.com or 562-212-5002.

**SYNCH RAYS** Youth synchronized swimming club.