



American Red Cross Lifeguard Course



Lifeguard Classes Spring 2022

Must be at least 15 years old and pass a swimming skills pretest. Pretest includes a 300yd swim continuously using breast stroke or front crawl with rhythmic breathing; swim 20 yards, retrieve a 10 pound object from the bottom of the deep end, and return to the starting point and exit the pool within 1 minute 40 seconds; tread water only using their legs for 2 minutes.

Class Fee: \$100

Date	Time	Location	Phone
Sat Feb 5,12,19,26	9am-5pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat/Sun Feb 12,13,19,20	8am-4pm	Roy Jenkins Pool, 154 Columbia Dr.	250-3355
Sat/Sun March 5,6,12,13	9am-5pm	Sulphur Springs Pool, 713 E. Bird St.	931-2156
Sat March 12,19,26, April 2	8am-4pm	Cyrus Greene Pool, 2101 E. MLK Blvd.	242-5305
Sat/Sun March 26,27 April 2,3	8am-4pm	Bobby Hicks Pool, 4120 W. Mango Ave.	832-1217
Sat/Sun April 2,3,9,10	9am-5pm	Sulphur Springs Pool, 713 E. Bird St.	931-2156
M-Th April 4-14	4pm-8pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat April 16,23,30, May 7	8am-4pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat/Sun April 30, May 1,7,8	8am-4pm	Bobby Hicks Pool, 4120 W. Mango Ave.	832-1217

Rookie School Candidates working for Tampa Parks and Recreation Summer 2022: \$40

Interested in Employment? Call (813) 274-7732



Lifeguard Review Classes Spring 2022

This course is a certification renewal for American Red Cross Lifeguarding. You must possess a current ARC Lifeguarding certificate to attend.

Class Fee: \$50

Date	Time	Location	Phone
Sat Jan 22 & 29	10am-3pm	Bobby Hicks Pool, 4120 W. Mango Ave.	832-1217
Sat Feb 19 & 26	9am-2pm	Cyrus Greene Pool, 2101 E. M.L.K. Blvd.	242-5305
Sat March 5 & 12	9am-2pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat March 19 & 26	9am-2pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat April 16 & 23	10am-3pm	Roy Jenkins Pool, 154 Columbia Dr.	250-3355
Sat/Sun April 23 & 24	9am-2pm	Sulphur Springs Pool, 713 E. Bird St.	931-2156