



Cuscaden Pool

2900 N. 15th Street (813) 242-5302
Tampa.gov/Pools

Summer 2022 May 29th — August 6th

Activities	Sun	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim	12:00-5:00pm	X	1:00-7:00pm	1:00-7:00pm	1:00-7:00pm	2:30pm-7:00pm	1:00-5:00pm
Lap Swim	X	X	9:00am-1:00pm	9:00am-1:00pm	9:00am-1:00pm	9:00-11:30am	9:00am-1:00pm
Aqua Exercise	X	X	11:30am-12:30pm	X	11:30am-12:30pm	X	11:30am-12:30pm
Parent/Child Aquatics (Ages 6 months –3)	X	X	9:30-10:00am	9:30-10:00am	9:30-10:00am	9:30-10:00am	X
Parent/Child Aquatics (Ages 6 months –3)	X	X	4:00-4:30pm	X	4:00-4:30pm	Make Up 4:00-4:30pm	X
Parent/Child Aquatics (Ages 6 months –3)	X	X	X	X	X	X	9:30-10:00am
Preschool Aquatics (Ages 3 - 5)	X	X	10:15-10:45am	10:15-10:45am	10:15-10:45am	10:15-10:45am	X
Preschool Aquatics (Ages 3 - 5)	X	X	4:45-5:15pm		4:45-5:15pm	Make Up 4:45-5:15pm	X
Preschool Aquatics (Ages 3 - 5)	X	X	X	X	X	X	10:15-10:45am
Learn to Swim (Level 1-6) (Ages 6 and up)	X	X	11:00-11:30am-	11:00-11:30am-	11:00-11:30am -	11:00-11:30am	X
Learn to Swim (Level 1-6) (Ages 6 and up)	X	X	5:30-6:00pm	X	5:30-6:00pm	Make Up 5:30-6:00pm	X
Learn to Swim (Ages 6 and up)	X	X	X	X	X	X	11:00-11:30am
Novice Swim Team	X	X	6:00-6:45pm	X	6:00-6:45pm	X	X
Adult Swim Lessons	X	X	6:15-6:45pm		6:15-6:45pm	Make up 6:15-6:45pm	X
Adult Swim Lessons	X	X	X	X	X	X	11:45am-12:15pm

Swim Lesson Session Dates (8 lessons)

Session Dates—4 days a week classes

Session I: Week of June 6-17 Session II: Week of June 20-July 1
 Session III: Week of July 11-22 Session IV: Week of July 25-August 5

Session Dates—2 days a week classes

Session I: Week of June 6—July 1 Session II: July 11—August 5

Session Dates—1 day a week classes

June 4—July 23

CLASS MAKE UP POLICY

If class is cancelled by us due to weather or a facility issue, makeup classes are available at the times/days listed. Makeups should be completed with the session enrolled. *2 makeups max for 2 days cancelled.* If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class.

All participants must purchase a Rec Card to use any facility or participate in any program including Lap Swim, Water Aerobics, etc.
Proper swim attire required for all pool activities and classes

- Lap Swim participants must also purchase a Lap Swim Pass or pay a daily drop-in fee.
- Open Swim sessions are free to Rec Card holders. Non-Rec Card holders must pay the daily drop-in fee.

Fees: **Resident Rec Card:** \$15/individual \$50/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.

Non-resident Rec Card: \$30/individual \$100/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/annual

Daily Drop-in Fee for swim session: Youth and Senior -\$2.00 Adult - \$4.00

Weather Policy

When lightning is seen or thunder heard the pool will be closed until there has been no lightning or thunder for 30 minutes. All patrons will be asked to leave the pool and deck areas immediately.

Summer 2022 Holiday Hours

Monday, May 30: Open Swim 12:00–5:00pm

Thursday, June 23: Event, Closed Select Hours in am

Monday, July 4: Open Swim 12:00-5:00pm

PARENT/CHILD AQUATICS Ages 6 months to 3 years. This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: \$24 per session (8 lessons)**

PRESCHOOL AQUATICS Ages 3 to 5 years. This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session (8 lessons)**

LEARN TO SWIM Ages 6 and up. The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons)**

ADULT SWIM LESSONS Ages 16 and up. Whether you are just learning to swim or simply want to improve your strokes, our instructors will work with you to gain more skill and confidence in the water. **Class Fee: \$24 per session (8 lessons)**

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

LAP SWIM Ages 18 and up or by special permission. **A Rec Card and Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes.

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

AQUA EXERCISE Ages 18 and up. Take the jolt out of your aerobic workout with this program in waist deep water. Use the water as resistance and work your arms, legs, and even your core. Class achieves a mild aerobic workout and is a lot of fun. **Class Fee: Current Rec Card.**

NOVICE SWIM TEAM Ages 5-15 and must be able to swim 25 yards unassisted. Take your swim lessons one step further. If your children love being in and around the water, competitive swimming may be their sport. Members will focus on developing skills in free-style, back stroke, breast stroke and butterfly in a team atmosphere. **Class Fee: Current Rec Card.**

NOVICE MEET DATE/TIME:

Saturday, June 18 Interbay Pool, 4321 W. Estrella Street: 8:30am warmup, 9:00am start

Saturday, June 25 Copeland Pool, 2900 N. 15th Street: 8:30am warmup, 9:00am start

Saturday, July 16, Bobby Hicks Pool, 4120 W. Mango Ave.: 8:30am warmup, 9:00am start

Saturday, August 6, Del Rio Pool, 10105 North Boulevard: 8:30am warmup, 9:00am start

SPONSORED BY GREATER TAMPA SWIM ASSOCIATION