



**Loretta Ingraham Pool**  
 1611 N. Hubert Ave. (813) 348-2080  
[Tampa.gov/Pool](http://Tampa.gov/Pool)

**Summer 2022 May 29th – August 6th**

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
<b>Lap Swim</b>	Closed	8:30am-1:00pm	8:30am-1:00pm	8:30am-1:00pm	8:30am-1:00pm	8:30-11:45am	7:00am-1:00pm
<b>Open Swim</b>	Closed	1:30-7:00pm	1:30-7:00pm	1:30-7:00pm	1:30-7:00pm	2:30-5:00pm	1:00-4:00pm
<b>Aqua Exercise</b>	Closed	8:30-9:30am	X	8:30-9:30am	X	8:30-9:30am	X
<b>Water Aerobics</b>	Closed	9:30-10:30am	X	9:30-10:30am	X	9:30-10:30am	X
<b>Parent/Child Aquatics (Ages 6 months–3)</b>	Closed	9:15-9:45am	9:15-9:45am	9:15-9:45am	9:15-9:45am	X	X
<b>Parent/Child Aquatics (Ages 6 months–3)</b>	Closed	X	X	X	X	X	9:15-9:45am
<b>Parent/Child Aquatics (Ages 6 months–3)</b>	Closed	X	5:15-5:45pm	X	5:15-5:45pm	X	X
<b>Preschool Aquatics (Ages 3–5)</b>	Closed	10:00-10:30am	10:00-10:30am	10:00-10:30am	10:00-10:30am	X	
<b>Preschool Aquatics (Ages 3–5)</b>	Closed	X	X	X	X	X	10:00-10:30am
<b>Preschool Aquatics (Ages 3–5)</b>	Closed	X	6:00-6:30pm	X	6:00-6:30pm	X	X
<b>Learn to Swim Level 1-3 &amp; 4-6 (Ages 6 and up)</b>	Closed	10:45-11:15am	10:45-11:15am	10:45-11:15am	10:45-11:15am	X	X
<b>Learn to Swim Level 1-3 &amp; 3-6 (Ages 6 and up)</b>	Closed	X	X	X	X	X	10:45-11:15am
<b>Learn to Swim Level 1-3 &amp; 3-6 (Ages 6 and up)</b>	Closed	X	6:45-6:15pm	X	6:45-6:15pm	X	X
<b>Adult Swim Lessons</b>	Closed	8:30-9:00am	8:30-9:00am	8:30-9:00am	8:30-9:00am	X	X
<b>Adult Swim Lessons</b>	Closed	X	X	X	X	X	8:30-9:00am
<b>Adult Swim Lessons</b>	Closed	6:00-6:30pm	X	6:00-6:30pm	X	X	X
<b>Ingraham Camp Swim lessons</b>	Closed	1:00-1:30pm 1:30-2:00pm	X	1:00-1:30pm 1:30-2:00pm	X	X	X
<b>Novice Swim Team</b>	Closed	X	10:30-11:30am	X	10:30-11:30am	X	X
<b>TEAM</b>	Closed	4:00-6:30pm	4:00-6:30pm	4:00-6:30pm	4:00-6:30pm	X	7:00-10:00am

### Swim Lesson Session Dates (8 lessons)

#### Session Dates—4 days a week classes

Session I: Week of June 6-17      Session II: Week of June 20-July 1  
Session III: Week of July 11-22      Session IV: Week of July 25-August 5

#### Session Dates—2 days a week classes

Session I: Week of June 6—July 1      Session II: July 11—August 5

#### Session Dates—1 day a week classes

June 4—July 23

### CLASS MAKE UP POLICY

If class is cancelled by us due to weather or a facility issue, makeup classes are available at the times/days listed. Makeups should be completed with the session enrolled. 2 *makeups max for 2 days cancelled*. If more than 4 classes are cancelled due to weather in the session, staff will help you re-enroll into another session. Sorry—no makeups offered for not attending a scheduled class.

**PARENT/CHILD AQUATICS Ages 6 months to 3 years.** This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class Fee: \$24 per session.**

**PRESCHOOL AQUATICS Ages 3 to 6 years.** This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control, and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session.**

**LEARN TO SWIM (Levels 1-3) (Ages 6 and up).** In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) \*An instructor will assign the participant's level**

**LEARN TO SWIM (Level 4-6) (Ages 6 and up).** The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) \*\*Must pass Red Cross Level 3 Water Competency Exit Assessment**

**PRIVATE LESSONS** Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

**LAP SWIM** Ages 18 and up or by special permission. **A Rec Card and Lap Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Class Fee: Current Aquatic pass**

**OPEN SWIM** Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

**NOVICE SWIM TEAM Ages 5-15 and must be able to swim 25 yards unassisted.** Must be able to swim 25 yards unassisted. Children will improve their swim strokes and get a grass roots experience in the world of competitive swimming. Competitions occur summer season only. **Class Fee: Current Rec Card**

#### NOVICE MEET DATE/TIME:

**Saturday, June 18 Interbay Pool, 4321 W. Estrella Street: 8:30am warmup, 9:00am start**  
**Saturday, June 25 Copeland Pool, 2900 N. 15th Street: 8:30am warmup, 9:00am start**  
**Saturday, July 16, Bobby Hicks Pool, 4120 W. Mango Ave.: 8:30am warmup, 9:00am start**  
**Saturday, August 6, Del Rio Pool, 10105 North Boulevard: 8:30am warmup, 9:00am start**

**SPONSORED BY GREATER TAMPA SWIM ASSOCIATION**

#### Weather Policy

When lightning is seen or thunder heard the pool will be closed until there has been no lightning or thunder for 30 minutes. All patrons will be asked to leave the pool and deck areas immediately.

#### Summer 2022 Holiday Hours

Monday, May 30: Open Swim 12:00–5:00pm  
Thursday, June 23: Event, Closed Select Hours in am  
Monday, July 4: Open Swim 12:00-5:00pm