



**ROY JENKINS POOL**  
 154 Columbia Dr. 33606 (813) 250-3355  
 Tampa.gov/pools

**Winter-Spring 2022**  
**January 2 — May 28**

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
<b>Open Swim</b> <i>Main Pools</i>	12:00-4:00pm	X	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	2:30-6:30pm	11:00am-4:00pm
<b>Open Swim</b> <i>Activity Pool</i> <i>(Ages 8 and under)</i>	10:00am-4:00pm	X	10:00am-6:30pm	10:00am-6:30pm	10:00am-6:30pm	10:00-11:30am	10:00am-4:00pm
<b>Lap Swim</b>	10:00am-12:00pm	X	7:00am-12:00pm 4:00-6:30pm	7:00am-12:00pm 4:00-6:30pm	7:00am-12:00pm 4:00-6:30pm	7:00-11:30am	7:00am-11:30am
<b>Parent/Child Aquatics</b> <i>(Ages 6 months–3)</i>	X	X	9:00–9:30am	X	9:00–9:30am	X	X
<b>Parent/Child Aquatics</b> <i>(Ages 6 months -3)</i>	X	X	X	X	X	X	9:00–9:30am
<b>Pre-School Aquatics</b> <i>(Ages 3–5)</i>	X	X	9:45–10:15am	X	9:45–10:15am	X	X
<b>Pre-School Aquatics</b> <i>(Ages 3–5)</i>	X	X	5:00-5:30pm	X	5:00-5:30pm	X	X
<b>Pre-School Aquatics</b> <i>(Ages 3–5)</i>	X	X	X	X	X	X	9:45–10:15am
<b>Learn to Swim</b> <i>Levels 1-3 &amp; 4-6</i> <i>(Ages 6 &amp; up)</i>	X	X	5:45-6:15pm	X	5:45-6:15pm	X	X
<b>Learn to Swim</b> <i>Levels 1-3 &amp; 4-6</i> <i>(Ages 6 &amp; up)</i>	X	X	X	X	X	X	10:30–11:00am
<b>Roy Jenkins Swim Club</b>	X	X	4:00-5:00pm	X	4:00-5:00pm	X	X
<b>Aqua Fitness</b>	X	X	11:00–11:45am	11:00–11:45am	11:00–11:45am	10:30–11:15am	11:00–11:45am
<b>FLOATFIT Sculpt</b>	11:00-11:45am	X	X	X	X	X	8:00-8:45am

**Swim Lesson Session Dates (8 Lessons)**

**Weekday Classes:**

Session I: Weeks of 1/2-1/29

Session III: Weeks of 3/6–4/2

Session V: Weeks of 5/1–5/28

**Saturday Classes:**

Session I: 2/12-4/2

Session II: Weeks of 2/6-3/5

Session IV: Weeks of 4/3-4/29

Session II: 4/9–5/28

**Winter-Spring 2022 Holiday Hours**

Saturday, Jan 1: CLOSED

Monday, Jan. 17: CLOSED

Friday April 15: CLOSED

Monday, May 30: OPEN 12:00-5:00pm

*Reduced Rates for City of Tampa  
Summer Lifeguards—Ask us how!*

## AMERICAN RED CROSS LIFEGUARD COURSE

Must be at least 15 years old and pass a swimming skills pretest. Pretest includes a 300yd swim continuously using breast stroke or front crawl with rhythmic breathing; swim 20 yards, retrieve a 10 pound object from the bottom of the deep end, and return to the starting point and exit the pool within 1 minute 40 seconds; tread water only using their legs for 2 minutes. **Class Fee: \$100**

Day	Dates	Time	Location	Phone
Sat	Feb 5,12,19,26	9am-5pm	Loretta Ingraham Pool, 1611 N. Hubert Ave	348-2080
Sat/Sun	Feb 12,13,19,20	8am-4pm	Roy Jenkins Pool, 154 Columbia Dr.	250-3355
Sat/Sun	March 5,6,12,13	9am-5pm	Sulphur Springs Pool, 713 E. Bird St.	931-2156
Sat	March 12,19,26, April 2	8am-4pm	Cyrus Greene Pool, 2101 E. MLK Blvd.	242-5305
Sat/Sun	March 26,27, April 2,3	8am-4pm	Bobby Hicks Pool, 4120 W. Mango Ave.	832-1217
Sat/Sun	April 2,3,9,10	9am-5pm	Sulphur Springs Pool, 713 E. Bird St.	931-2156
M-Th	April 4 - 14	9am-5pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat	April 16,23,30, May 7	9am-5pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat/Sun	April 30, May 1,7,8	8am-4pm	Bobby Hicks Pool, 4120 W. Mango Ave.	832-1217



## LIFEGUARD REVIEW CLASS

The course is a certification re-newel for American Red Cross Lifeguarding. You must possess a current ARC Lifeguarding certificate to attend. **Class Fee: \$50**

Day	Dates	Time	Location	Phone
Sat	Jan 22 & 29	10am-3pm	Bobby Hicks Pool, 4120 W. Mango Ave.	832-1217
Sat	Feb 19&26	9am-2pm	Cyrus Greene Pool, 2101 E. MLK Blvd.	242-5305
Sat	March 5&12	9am-2pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat	March 19&26	9am-2pm	Loretta Ingraham Pool, 1611 N. Hubert Ave.	348-2080
Sat	April 16 & 23	10am-3pm	Roy Jenkins Pool, 154 Columbia Dr.	250-3355
Sat/Sun	April 23&24	9am-2pm	Sulphur Springs Pool, 713 E. Bird St.	931-2156

# Be A Lifeguard this Summer!

Attend one of our Rookie Schools for your swim test and job interview. Visit our website at [tampa.gov/pools](http://tampa.gov/pools) for specific dates/times/locations or contact the Aquatic Office at 813-274-7732.

**PARENT/CHILD AQUATICS (Ages 6 months to 3 years).** This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: \$24 per session (8 lessons)**

**PRE SCHOOL AQUATICS (Ages 3 to 5 years).** This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session (8 lessons)**

**LEARN TO SWIM (Levels 1-3) (Ages 6 and up).** In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) \*An instructor will assign the participant's level**

**LEARN TO SWIM (Level 4-6) (Ages 6 and up).** The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) \*\*Must pass Red Cross Level 3 Water Competency Exit Assessment**

**PRIVATE LESSONS** Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

**LAP SWIM** Ages 18 and up or by special permission. **A Rec Card and Lap Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Class Fee: Current Aquatic pass**

**OPEN SWIM** Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Please note feature pool & main pool schedules.**

**AQUA FITNESS** This class is a medium intensity, low impact workout held in chest deep water. This class will increase cardiovascular endurance and emphasize muscular strength and flexibility. Water equipment will be used for added resistance. Water dumbbells and water noodles will be provided. **Class Fee: Current Rec Card**

**FLOATFIT SCULPT** This class is a medium intensity workout with a focus on balance and stability. This full body workout will include a combination of interval training, muscular strength, and cardiorespiratory endurance. **Mats are available on a first come first serve basis.**  
**Class Fee: Current Rec Card**

**ROY JENKINS YOUTH SWIM CLUB** Ages 6-17 and demonstrate proficiency in the following order; jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate one full turn then proficiently complete 25 yards of freestyle (front crawl) and backstroke, then safely exit the water. This program provides swimmers the opportunity to develop the fundamental skills of four competitive strokes in a fun team atmosphere. Students will progress through learning turns, starts, and dives as well as focusing on stamina and strength in the water. **Class Fee: Current Rec Card and \$24 per session (8 practices)**