

# Barksdale Active Older Adult Center

1801 N LINCOLN AVENUE  
813-348-1180

**MEMBERSHIP \$15 PER YEAR/REC CARD**

**MONDAY- Friday 8:00 am – 6:00 pm**

**Valid through May 31, 2023**

[www.tampagov.net/parksandrec](http://www.tampagov.net/parksandrec)

ART	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00AM					
10:00AM-12:00PM		<b>Sewing/Quilting Club</b> (Art Room)		<b>Art/Painting Club</b> (Art Room)	
10:45AM-11:45PM					<b>Arts &amp; Crafts With Annette</b> (Art Room)

GAMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00AM-9:45AM	<b>SHUFFLE BOARD</b>			<b>SHUFFLE BOARD</b>	<b>WALKING CLUB</b>
10:00AM-10:45AM					
11:00AM-11:45AM	<b>BINGO with Clarence</b> (Game Room)	<b>8-Ball Team Tournament with Charlie</b> (Billiards Room)		<b>9-Ball Tournament with Charlie</b> (Billiards Room)	<b>8-Ball Team Tournament with Charlie</b> (Billiards Room)
11:00AM-1:00PM				<b>Bridge Game Room</b>	
12:00PM-12:45PM		<b>Corn Hole With Clarence</b> (Game Room)			
1:00PM-1:45PM	<b>Dominoes</b> (Game Room)		<b>Cards With Annette</b> (Game Room)		
2:00PM-5:00PM	<b>Pickleball Lessons 2-3pm</b>	<b>Pickleball Open Play</b>	<b>Pickleball Open Play</b>	<b>Pickleball Open Play</b>	<b>Pickleball Open Play</b>



<b>GROUP EXERCISE CLASSES</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>10:00AM-10:45AM</b>	<b>LINE DANCING with Gail (MPR)</b>		<b>High Interval Training with Meredith (MPR)</b>		<b>LINE DANCING with Gail (MPR)</b>
<b>11:00AM-11:45AM</b>	<b>Conditioning with Meredith (MPR)</b>	<b>Strength Training with Clarence (MPR)</b>	<b>Beginner Line Dancing with Gail (MPR)</b>	<b>Strength Training with Clarence (MPR)</b>	
<b>12:00PM-12:45PM</b>	<b>Stretch &amp; Tone with Annette (MPR)</b>		<b>Stretch &amp; Tone with Annette (MPR)</b>	<b>Stretch &amp; Tone with Annette (MPR)</b>	
<b>1:00PM-1:45PM</b>			<b>Circuit Training with Charlie</b>		

**Nyame's Computer & Cell Phone Class**

\$5.00 Per Class

MPNDAY 10:00AM & 11:00AM

TUESDAY 11:30AM



**Check our Monthly Calendar for Monthly Socials, Lunch & Learns and other Events!**