

Give yourself a **fighting chance against flu viruses** this season.

## When to Get Vaccinated?

Flu season typically starts in the fall and can last until spring. The sooner you get vaccinated, the better, as it takes a few weeks for the vaccine to reach its full effectiveness.

## Only You Can Fight the Flu

Protect yourself and your community and book your flu shot at CareATC!





## Why Get Vaccinated?

Don't let the flu catch you off guard this season! The flu virus can strike at any time, and it's important to take preventive measures to keep yourself and your community safe and healthy.

- → Shield Yourself: By getting vaccinated, you'll strengthen your immune system and safeguard yourself from flu viruses.
- → Protect Your Loved Ones: Infants, the elderly, pregnant women, and individuals with weakened immune systems are more vulnerable to the flu's severe effects. Your vaccination makes a difference in the fight against the flu.
- → **Prevent Hospitalization:** Flu-related hospitalizations can put a strain on healthcare resources and getting vaccinated helps prevent unnecessary hospital visits.
- → **Maintain Productivity:** Don't let the flu knock you out of commission. By getting your flu shot, you'll ensure you stay flu-proof, healthy, and productive.

Stay tuned for more information on when flu vaccines are available at your location.