

Danny Del Rio Pool 10105 North Boulevard (813) 931-2107 Tampa.gov/pools

FALL SESSION 2023 November 5th — December 30th



Swim Lesson Session Dates (8 lessons)

Session Dates-2 days a week classes-Weeks of -

Saturday 9/23-11/11 Fall 2023 Holiday Hours

Fri, Nov 10:

CLOSED

Thurs/Fri, Nov 23 & 24:

CLOSED

Fri/Sun/Mon, Dec 22, 24, 25:

CLOSED

Mon, Jan 1:

CLOSED

Swim Session Fees

Rec Card: Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year. **Lap Swim Pass:** Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.

Daily Drop In Fee: Non card holders must pay a daily fee to use the pool.

Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.

Resident Rec Card: \$15/individual \$50/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.

Non-resident Rec Card: \$30/individual \$100/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/1 year

Daily Drop-in Fee: Youth and Senior—\$2.00 Adult—\$4.00

PARENT/CHILD AQUATICS (Ages 6 months to 3 years). This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. Class fee: \$24 per session (8 lessons)

PRESCHOOL AQUATICS (Ages 3 to 5 years). This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. Class Fee: \$24 per session (8 lessons)

LEARN TO SWIM (Ages 6 to 15 years). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons)**

ADULT SWIM LESSONS Ages 16 and up. Whether you are just learning to swim or simply want to improve your strokes, our instructors will work with you to gain more skill and confidence in the water. Class Fee: \$24 per session (8 lessons)

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. Class Fee: \$12.50 per 30 minute lesson

AQUA EXERCISE Ages 18 and up. Take the jolt out of your aerobic workout with this program in waist deep water. Use the water as resistance and work your arms, legs, and even your core without the stress on muscle, bones, tendons, and ligaments. **Class Fee: Current Rec Card.**

LAP SWIM Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Rec Card and Lap Swim Pass or Daily Drop-In Fee are required**.

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee.** Children under 8 years old must be accompanied by an adult in the water and out. All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

GREATER TAMPA SWIM ASSOCIATION (GTSA) A year round swim program to reach all levels of swimmers in the community. Coaches instruct in the water to help improve swimmers strokes, technique, and more. The GTSA program encourages swimmers to maintain a balance of fun and commitment. For more information call (813) 254-5012.

American

AMERICAN RED CROSS LIFEGUARD REVIEW CLASS

The course is a certification re-newel for American Red Cross Lifeguarding. You must possess a current ARC Lifeguarding certificate to attend. Class Fee: \$50

Day	Dates	Time	Location	Phone Phone
Saturdays	Dec. 2, 9	12-5pm	Danny Del Rio Pool 10105 N. Boulevard	813-931-2107