



ROY JENKINS POOL

154 Columbia Dr. 33606
 Tampa.gov/pools (813) 250-3355



FALL 2023

November 5th – December 30th

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim (Main Pool)	10:00-am 4:00pm	X	12:00-4:00pm	12:00-6:30pm	12:00-4:00pm	2:30-6:30pm	12:00-4:00pm
Open Swim Activity Pool (Ages 8 and under)	10:00am- 4:00pm	X	9:30am-6:30pm	9:30am-6:30pm	9:30am-6:30pm	9:30-11:30am	9:30am -4:00pm
Lap Swim	X	X	7:00am-12:00pm 4:00-6:30pm	7:00am-12:00pm	7:00am-12:00pm 4:00-6:30pm	7:00-11:30am	7:00am-12:00pm
Parent/Child Aquatics (Ages 6 months–3)	X	X	9:00–9:30am	X	9:00–9:30am	X	X
Parent/Child Aquatics (Ages 6 months -3)	X	X	X	X	X	X	9:00–9:30am
Pre-School Aquatics (Ages 3–5)	X	X	9:45–10:15am	X	9:45–10:15am	X	X
Pre-School Aquatics (Ages 3–5)	X	X	5:00-5:30pm	X	5:00-5:30pm	X	X
Pre-School Aquatics (Ages 3–5)	X	X	X	X	X	X	9:45–10:15am
Learn to Swim Levels 1-3 & 4-6 (Ages 6 & up)	X	X	5:45-6:15pm	X	5:45-6:15pm	X	X
Learn to Swim Levels 1-3 & 4-6 (Ages 6 & up)	X	X	X	X	X	X	10:30am–11:00am
Roy Jenkins Swim Club	X	X	4:00-5:00pm	X	4:00-5:00pm	X	X
Aqua Fitness	X	X	11:00–11:45am	11:00–11:45am	11:00–11:45am	10:30-11:15am	11:00-11:45am

Swim Lesson Session Dates (8 lessons)	
<u>Session Dates—2 days a week classes—Weeks of -</u>	
Session I: 7/31 - 8/25	Session II: 8/28 - 9/22
Session III: 9/25 - 10/20	Session IV: 10/23 - 11/17
Session V: 11/27 - 12/22	
<u>Session Dates— Saturday classes—Weeks of-</u>	
Session I: 7/29 - 9/16	Session II: 9/23 - 11/11

Fall 2023 Holiday Hours	
Mon, Sept 4:	OPEN 12-5pm
Fri, Nov 10:	CLOSED
Thurs/Fri, Nov 23 & 24:	CLOSED
Fri/Sun/Mon, Dec 22, 24, 25:	CLOSED
Mon, Jan 1:	CLOSED

Swim Session Fees

Rec Card: Allows for unlimited visits to Open Swim, Aqua Exercise, and Stretch & Tone for one year.
Lap Swim Pass: Required in addition to a Rec Card for unlimited entry during exclusive Lap Swim hours.
Daily Drop In Fee: Non card holders must pay a daily fee to use the pool.
 Rec Card holders without a Lap Swim Pass must pay a daily fee to swim during Lap Swim hours.

Resident Rec Card: \$15/individual \$50/family
*Family = Any 2 adults and all children under age 18 residing at the same address.
 Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.*

Non-resident Rec Card: \$30/individual \$100/family
Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/1 year

Daily Drop-in Fee : Youth and Senior—\$2.00 Adult—\$4.00

PARENT/CHILD AQUATICS (Ages 6 months to 3 years). This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: \$24 per session (8 lessons)**

PRESCHOOL AQUATICS (Ages 3 to 5 years). This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session (8 lessons)**

LEARN TO SWIM (Levels 1-3) (Ages 6 and up). In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) *An instructor will assign the participant's level**

LEARN TO SWIM (Level 4-6) (Ages 6 and up). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) **Must pass Red Cross Level 3 Water Competency Exit Assessment**

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

LAP SWIM Ages 18 and up or by special permission. **A Rec Card and Lap Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Class Fee: Current Lap Swim Pass**

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Please note feature pool & main pool schedules.**

AQUA FITNESS This class is a medium intensity, low impact workout held in chest deep water. This class will increase cardiovascular endurance and emphasize muscular strength and flexibility. Water equipment will be used for added resistance. Water dumbbells and water noodles will be provided. **Class Fee: Current Rec Card**

ROY JENKINS YOUTH SWIM CLUB Ages 6-17 and demonstrate proficiency in the following order; **jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate one full turn then proficiently complete 25 yards of freestyle (front crawl) and backstroke, then safely exit the water.** This program provides swimmers the opportunity to develop the fundamental skills of four competitive strokes in a fun team atmosphere. Students will progress through learning turns, starts, and dives as well as focusing on stamina and strength in the water. **Class Fee: Current Rec Card and \$24 per session (8 practices)**



AMERICAN RED CROSS LIFEGUARD REVIEW CLASS

The course is a certification re-newel for American Red Cross Lifeguarding. You must possess a current ARC Lifeguarding certificate to attend.
Class Fee: \$50

Day	Dates	Time	Location	Phone
Saturdays	Dec. 2, 9	12-5pm	Danny Del Rio Pool 10105 N. Boulevard	813-931-2107