Strawberry and Greens Salad

UnitedHealthcare

Ingredients:

- 3 Tablespoons white wine vinegar
- 3 Tablespoons water
- 1 Tablespoon honey
- 1 Tablespoon extra-virgin olive oil
- 3 cups quartered strawberries
- 1 bag (10 oz.) Italian-blend salad greens (about 6 cups)
- 1 Tablespoon toasted pine nuts
- Salt and pepper to taste



Instructions:

Combine first four ingredients and stir well with a whisk. In a separate bowl, combine strawberries and greens, then add vinegar mixture and toss to coat. Sprinkle with nuts.

Makes 4 servings

Nutrition Information	Per Serving
Calories	122
Fat	3.0 g
Saturated fat	1 g
Cholesterol	0 mg
Protein	2 g
Carbohydrates	17 g
Fiber	4 g
Sodium	11 mg