

Summer Salad

Bright side dish.

This easy summer salad is light and refreshing.

Whether you're grilling or packing sandwiches for a picnic, this easy summer salad makes a delightful side dish. You can start with this basic recipe and add any additional fresh herbs and vegetables you have on hand. You can even add your favorite protein to make it a full meal.

Makes 3 servings

Ingredients:

- 1 cup cucumber, diced
- 1 cup cherry tomatoes, halved
- 2 tablespoons fresh basil, cut into ribbons
- 2 tablespoons balsamic vinegar
- pinch of salt

Directions:

Prepare the vegetables. Combine all ingredients, toss and serve.



Nutrition Information

Per Serving

Calories	36 g
Total Fat	0 g
Total Carbohydrates	7 g
Sodium	101 mg
Protein	2 g

