

City of Tampa Wellness Centers

Meet Your Care Providers



Sergei Popov, DO

Himes Wellness Center

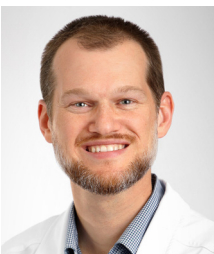
Dr. Popov has worked as a Family Practice Physician in a variety of healthcare settings. Originally from St. Petersburg, Russia, Dr. Popov went back through physician training in 1994 at the New York College of Osteopathic Medicine, graduating in the top 10 percent of his class. He subsequently completed his internship, family practice residency and was an attending physician at St. John's Episcopal Hospital in New York. Once in Florida, he worked for the Department of Defense at the U.S. Naval Hospital in Pensacola and also practiced at Eglin Air Force Base in Fort Walton Beach. Dr. Popov joined CareATC in 2011.



Anil Patel, MD

Himes Wellness Center and Brandon Wellness Center

Dr. Anil Patel is board certified in family medicine and licensed in both Florida and California. His areas of focus include preventative care, nutrition and physical fitness. Dr. Patel is a published author of four books and two medical apps for use by physicians and parents. In addition to clinic work, Dr. Patel has provided family medicine and primary care for United States Air Force active personnel and their dependents at Nellis AFB, Lackland Joint AFB



Jibril Skaden, MD

Himes Wellness Center

Dr. Jibril Skaden is board-certified by the American Board of Family Medicine. Before joining CareATC, Dr. Skaden was the Chief Occupational Health Physician for the City of Cape Coral serving city employees, police, and fire departments in both workers compensation, annual surveillance, and primary care. He now serves on the CareATC Occupational Health team at Tampa Himes. Dr. Skaden received his Doctor of Medicine at the State University of New York Downstate College of Medicine in Brooklyn, NY and was residency trained in both Family & Social Medicine at Montefiore Medical Center in the Bronx, NY, as well as Occupational & Environmental Medicine at the University of Pennsylvania in Philadelphia, PA. He is currently working on completion of his master's degree in public health at the University of South Florida. and MacDill AFB.



Jamie Marville, APRN-BC, FNP

Himes Wellness Center

Jamie Marville, APRN-BC, FNP is a graduate of Simmons University School of Nursing, in Boston, Massachusetts. Jamie has experience family medicine and is also trained in pediatrics and geriatrics. She is an active member of Sigma Theta Tau and is board certified in Family Medicine.



Sanaz Rykwaldler, DO

Hanna Wellness Center

Dr. Sanaz Rykwaldler earned her Doctor of Osteopathic Medicine from the Western University of Health Sciences. She specializes in family medicine with over four years of experience as a resident family medicine physician providing comprehensive, evidence-based quality care to patients from the time they are newborns to geriatric. Dr. Rykwaldler enjoys traveling, hiking, baking, and spending time with family.



Brittany Moore, MD

Brandon Wellness Center

Brittany Moore, MD is a board certified Family Medicine Physician. She is a graduate of University of Rochester School of Medicine and Dentistry in Rochester, NY. She completed her residency training at University of South Florida Family Medicine Residency where she was heavily involved in community service and medical mission work. She is passionate about preventive medicine, mental and physical wellness, as well as patient advocacy.



Cary Usher, MSN, ARNP-BC

Brandon Wellness Center

Cary received her B.S. in Nursing at Capital University, her M.S. in Nursing at Florida State University and is also a Board Certified Family Nurse Practitioner. Cary served as a Lieutenant Colonel and Chief Nurse in the U.S. Air Force retiring in 2015 and has also served as Deputy Chief, Family Nurse Practitioner with the United States Special Operations Command. She is currently pursuing her Doctoral in Nursing Practice (DNP) at Florida State University. Cary joined the CareATC team in 2011.

CareATC Centers offer the following services to employees, spouses and dependents (age 2 and up) on the health plan at ***no cost to you!***

- \$0 Copay
- \$0 Deductible
- \$0 Coinsurance
- \$0 Labs and generic medications at your visit
- Fast, easy appointment scheduling
- Primary, preventive, illness and injury care
- Chronic disease management
- Less wait time, more face time with your medical provider

City of Tampa Himes Wellness Center

4107 N Himes Ave, Ste 101
Tampa, FL

Mon - Wed	7am - 7pm
Thu	7am - 6:30pm
Fri	7am - 5pm
Sat	8am - 12pm

City of Tampa Hanna Wellness Center

2555 E Hanna Ave, Ste 106
Tampa, FL

Mon - Fri 8am - 5pm

City of Tampa Brandon Wellness Center

413 W Robertson Street, Ste A
Brandon, FL

Mon - Fri	8am - 5pm
Sat	8am - 12pm

Treatments and services include

- Adult Immunizations
- Allergies / Asthma
- Annual Physicals
- Cold / Congestion / Flu
- Diabetes Management
- High Blood Pressure
- High Cholesterol
- Lab Work / Tests
- Personal Health Assessments (PHA)
- Sports Physicals
- Thyroid Disorders
- Tobacco Cessation
- Well Woman Exams

Three easy ways to schedule an appointment:

📞 800.993.8244

💻 www.careatc.com/patients

📱 CareATC app



THE POWER TO BE WELL.