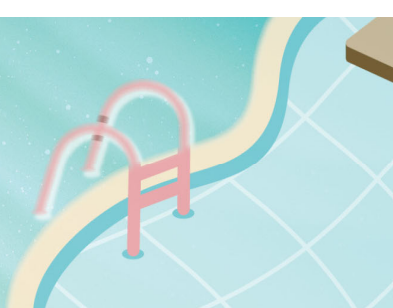




BOBBY HICKS POOL
 4120 W. Mango Avenue (813) 832-1217
 Tampa.gov/pools

Winter – Spring 2023 Session II
 April 3rd – May 27th



Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim (Main Pool)	X	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	2:30-4:00pm	12:00-4:00pm
Kiddie Pool closed for the Season	X	X	X	X	X	X	X
Lap swim (Long Course)	X	5:30-11:30am	5:30-8:00pm	5:30-11:30am	5:30-11:30am	5:30-11:30am 2:00-6:30pm	7:00-9:00am
Lap swim (Short Course)	X	4:00-8:00pm	X	4:00-8:00pm	4:00-8:00pm	X	9:00-12:00pm
Parent/Child Aquatics (Ages 6 months-3)	X	X	8:30-9:00am	X	8:30-9:00am	X	X
Parent/Child Aquatics (Ages 6 months-3)	X	X	X	X	X	X	10:30-11:00am
Pre-School Aquatics (Ages 3-5)	X	X	9:00-9:30am	X	9:00-9:30am	X	X
Pre-School Aquatics (Ages 3-5)	X	X	X	X	X	X	11:15-11:45am
Learn to Swim Levels 1-3 (Ages 6 and up)	X	X	5:30-6:00pm	X	5:30-6:00pm		X
Learn to Swim Levels 1-3 (Ages 6 and up)	X	X	X	X	X	X	12:00-12:30pm
Adult Swim Lessons	X	X	6:00-6:30pm		6:00-6:30pm		
Aqua Fitness	X	9:30-10:15am	X	9:30-10:15am	X	9:30-10:15am	9:30-10:15am
Greater Tampa Swim Association	X	4:00-8:00pm	4:00-7:30pm	4:00-8:00pm	4:00-7:30pm	4:00-6:30pm	7:00-10:15am
Synch Rays	X	X	5:30-8:00pm	X	5:30-8:00pm	X	9:30am-12:00pm

Swim Lesson Session Dates (8 Lessons)

Weekday Classes:

Session I: Weeks of 1/9-1/30
 Session II: Weeks of 2/13-3/9
 Session III: Weeks of 3/20-4/14
 Session IV: Weeks of 4/24-5/19

Saturday Classes:

Session I: 1/28-3/18 Session II: 4/1-5/20

Winter-Spring 2023 Holiday Hours

Monday, Jan 2: CLOSED
 Monday, Jan. 16: CLOSED
 Friday, April 7: CLOSED
 GTSA Swim Meet, April 7-9 ALTERNATE HOURS TBD
 Monday, May 29: OPEN 8:00am-1:00pm



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AMERICAN RED CROSS LIFEGUARD COURSE

Must be at least 15 years old and pass a swimming skills pretest. Pretest includes a 300yd swim continuously using breaststroke or front crawl with rhythmic breathing; swim 20 yards, retrieve a 10 pound object from the bottom of the deep end, and return to the starting point and exit the pool within 1 minute 40 seconds; tread water only using their legs for 2 minutes. **Class Fee: \$100**

Day	Dates	Time	Location	Phone
Sat/Sun	*Jan 28,29, Feb 4, 5	12-5pm	Sulphur Springs Pool , 713 E. Bird St.	813-931-2156
Sat	Feb 4,11,18,25	8am-4pm	Loretta Ingraham Pool , 1611 N. Hubert Ave.	813-348-2080
Sat/Sun	Feb 11,12,18,19	9am-5pm	Roy Jenkins Pool , 154 Columbia Dr.	813-250-3355
Sat	March 4,11,18,25	8am-4pm	Bobby Hicks Pool , 4120 W. Mango Ave.	813-832-1217
Sat/Sun	*March 4,5,11,12	12-5pm	Sulphur Springs Pool , 713 E. Bird St.	813-931-2156
Sat	March 11,18,25, April 1	8am-4pm	Cyrus Greene Pool , 2101 E. MLK Blvd.	813-242-5305
Sat	April 1,8,15,22	9am-5pm	Cuscaden Pool , 2900 N. 15th St.	813-242-5302
Sat	April 8, 15,22,29	8am-4pm	Bobby Hicks Pool , 4120 W. Mango Ave.	813-832-1217
Sat	April 15, 22,29, May 6	8am-4pm	Loretta Ingraham Pool , 1611 N. Hubert Ave.	813-348-2080
Sat/Sun	April 15,16,22,23	9am-5pm	Roy Jenkins Pool , 154 Columbia Dr.	813-250-3355
Sat/Sun	May 13,14,20,21	9am-5pm	Cuscaden Pool , 2900 N. 15th St.	813-242-5302

**Class is blended learning which requires some assignments completed at home on your computer prior and during the course.*

LIFEGUARD REVIEW CLASS

The course is a certification re-newel for American Red Cross Lifeguarding. You must possess a current ARC Lifeguarding certificate to attend.

Class Fee: \$50

Day	Dates	Time	Location	Phone
Sat/Sun	Feb 18 & 19	12-5pm	Sulphur Springs Pool , 713 E. Bird St.	813-931-2156
Sat	March 4 & 11	8am-1pm	Loretta Ingraham Pool , 1611 N. Hubert Ave.	813-348-2080
Sat	March 18 & 25	8am-1pm	Loretta Ingraham Pool , 1611 N. Hubert Ave.	813-348-2080

Be A Lifeguard this Summer with the City of Tampa!

Attend one of our scheduled Summer Candidate Interview Sessions—

Visit our website at tampa.gov/pools for specific dates/times/locations or contact the Aquatic Office at 813-274-7732.

PARENT/CHILD AQUATICS (Ages 6 months to 3 years). This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: \$24 per session (8 lessons)**

PRESCHOOL AQUATICS (Ages 3 to 5 years). This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session (8 lessons)**

LEARN TO SWIM (Levels 1-3) (Ages 6 and up). In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) *An instructor will assign the participant's level**

ADULT SWIM LESSONS (Ages 18 and up). From beginners to stroke development swimmers. Participants will improve on comfort level and will be able to develop competitive stroke techniques.

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

LAP SWIM (Ages 18 and up), or by special permission. **A Rec Card and Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes.

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request.

AQUA FITNESS A low impact workout of medium intensity held in chest deep water. Uses drag equipment, foam dumbbells and noodles. Deep water athletes and beginners can use floatation belts. Deep water running and cardio moves will challenge your body and stamina. **Class Fee: Current Rec Card**

GREATER TAMPA SWIM ASSOCIATION A year round swim program to reach all levels of swimmers in the community. Our coaches instruct in the water to help improve swimmers strokes, technique, and much more. GTSA programs encourage swimmers to maintain a balance of fun and commitment. For information (813) 254-5012