

INTERBAY POOL

4321 W Estrella Ave (813) 282-2910 Tampa.gov/Pools

Summer 2024 May 26th - August 10th

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim	Х	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	2:30-4:00pm	12:00-4:00pm
Lap swim	Х	8:00am- 12:00pm 4:00-7:30pm	8:00am- 12:00pm 4:00-7:30pm	8:00am- 12:00pm 4:00-7:30pm	8:00am- 12:00pm 4:00-7:30pm	8:00am- 12:00pm 4:00-7:30pm	8:00-10:00am
Parent/Child Aquatics (Ages 6 months-3)	Х	Х	9:00-9:30am	Х	9:00-9:30am	Make Up 9:00-9:30am	Х
Parent/Child Aquatics (Ages 6 months-3)	Х	Х	Х	Х	Х	Х	9:00-9:40am
Pre School Aquatics (Ages 3-5)	Х	Х	9:45-10:15am	Х	9:45-10:15am	Make Up 9:45-10:15am	Х
Pre School Aquatics (Ages 3-5)	Х	Х	4:00-4:30pm	Х	4:00-4:30pm	Make Up 4:00-4:30pm	Х
Pre School Aquatics (Ages 3-5)	Х	Х	Х	Х	Х	Х	9:45-10:20am
Learn to Swim (Ages 6 & Up)	Х	X	10:30-11:00am	X	10:30-11:00am	Make Up 10:30-11:00am	Х
Learn to Swim (Ages 6 & Up)	Х	Х	4:45-5:15pm	Х	4:45-5:15pm	Make Up 4:45-5:15pm	Х
Learn to Swim (Ages 6 & Up)	Х	Х	Х	Х	Х	Х	10:30-11:10am
Adult Swim Lessons	Х	Х	Х	Х	Х	Х	11:15-11:50am
Novice Swim Team (Ages 5-15)	Х	4:00-5:00pm	Х	4:00-5:00pm	Х	4:00-5:00pm	х
Synch Rays	Х	Х	5:30-8:00pm	Х	5:30-8:00pm	Х	9:30am- 12:00pm
TEAM	Х	8:00-10:15am 3:45-5:00pm	4:00-6:45pm	8:00-10:15am 3:45-5:00pm	4:00-6:45pm	8:00-10:15am	7:00-9:45a
Next Level Water Polo	Х	6:00-7:30pm	Х	6:00-7:30pm	Х	6:00-7:30pm	Х

City of Tampa Parks and Recreation Aquatic Fees

Resident Rec Card: \$15/individual \$50/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.

Non-resident Rec Card: \$30/individual \$100/family

Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/annual

Daily Drop-in Fee for swim session: Youth and Senior -\$2.00 Adult - \$4.00

Swim Lesson Session Dates

Session Dates-4 days a week classes

Session II: June 3-June 14 Session II: June 24-July 5 Session III: July 8-July 19 Session IV: July 22-August 2

Session Dates—2 days a week classes

Session I: June 4—June 20 Session II: July 2— July 26

Session Dates—1 day a week classes

Session I: June 8, June 22, July 6, July 20, Aug 3, Aug 10

LAP SWIM Ages 18 and up or by special permission. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. Fee: A Rec Card and Seasonal Swim Pass or Daily Drop-In Fee are required.

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Fee: A Rec Card or daily drop in fee.**

PARENT/CHILD AQUATICS Ages 6 months to 3 years. This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. Class Fee: \$24 per session plus Rec Card.

PRESCHOOL AQUATICS Ages 3 to 6 years. This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control, and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session plus Rec Card.**

LEARN TO SWIM (Ages 6 and up). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. *Instructor will assign student to skill appropriate level*.

Class
Fee: \$24 per session (8 lessons) plus Rec Card.

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. Class Fee: \$12.50 per 30 minute lesson plus Rec Card.

NEXT LEVEL WATER POLO Ages 10-18. For info visit **nextlevelwaterpolo.com** or **562-212-5002**. **Must have a current Rec Card to participate.**

SYNCH RAYS Youth synchronized swimming club. For more information contact Coach Beth Moore 813-833-7722 or bethsynch@yahoo.com Must have a current Rec Card to participate.

TEAM Tampa Elite Aquatic Manta rays (TEAM) is a year round competitive swim team. Questions on registering for the South Tampa Branch, email Coach Ryan: Ryan@TampaMantas.com Must have a current Rec Card to participate.

NOVICE SWIM TEAM Ages 5-15 and must be able to swim 25 yards unassisted. Does your child dream of swimming like Michael Phelps? This grassroots summer program will expose your swimmer to competitive training in swimming and diving and gives them a chance to participate in 4 low key swim meets. All you need to do is enroll. **Class Fee: Current Rec Card.**

Summer 2024 Holiday Hours

Monday, May 27: Open Swim 8:00am-1:00pm Wednesday, June 19: Open Swim 8:00am-1:00pm Thursday, June 20: Closed for Event, Select Hours Thursday, July 4: Open Swim 8:00am-1:00pm