



LORETTA INGRAHAM POOL

1611 N. Hubert Ave. (813) 348-2080

tampa.gov/pools

Summer 2024 June 2nd - August 10th

Activities	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	X	8:00-12:00pm	8:00-12:00pm	8:00-12:00pm	8:00-12:00pm	8:00-12:00pm	8:00am-11:30pm
Open Swim	X	12:00-7:00pm	12:00-7:00pm	12:00-7:00pm	12:00-7:00pm	2:30-5:00	11:30-3:00pm
Aqua Exercise	X	8:30-9:30am	X	8:30-9:30am	X	8:30-9:30am	X
Stretch & Tone	X	9:30-10:30am	X	9:30-10:30am	X	9:30-10:30am	X
Water Aerobics Resistance Training	X	X	11:00-12:00pm	11:00-12:00pm	11:00-12:00pm	11:00-12:00pm	X
Loretta Ingraham Novice Swim Team	X	X	9:00-10:00am	X	9:00-10:00am	X	X
Parent/Child Aquatics (Ages 6 month-3)	X	9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am	X	X
Parent/Child Aquatics (Ages 6 month - 3)	X	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	X	X
Parent/Child Aquatics (Ages 6 months-3)	X	X	X	X	X	X	9:10-9:40am
Pre School Aquatics (Ages 3-5)	X	9:45-10:15am	9:45-10:15am	9:45-10:15am	9:45-10:15am	X	X
Pre School Aquatics (Ages 3-5)	X	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	5:30-6:00pm	X	X
Pre School Aquatics (Ages 3-5)	X	X	X	X	X	X	9:45-10:25am
Learn to Swim (Ages 6 and up)	X	10:30-11:00am	10:30-11:00am	10:30-11:00am	10:30-11:00am	X	X
Learn to Swim (Ages 6 and up)	X	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	6:00-6:30pm	X	X
Learn to Swim (Ages 6 and up)	X	X	X	X	X	X	10:30-11:10am
Adult Swim Lessons	X	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm	X	
Adult Swim Lessons	X	X	X	X	X	X	8:20-9:00am
TEAM	X	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	4:30-6:30pm	X	X

City of Tampa Parks and Recreation Aquatic Fees

Resident Rec Card: \$15/individual \$50/family
*Family = Any 2 adults and all children under age 18 residing at the same address.
 Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.*

Non-resident Rec Card: \$30/individual \$100/family
Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/annual

Daily Drop-in Fee for swim session: Youth and Senior -\$2.00 Adult - \$4.00

Swim Lesson Session Dates

Session Dates—4 days a week classes

Session I: June 3–June 14 **Session II:** June 24–July 5 **Session III:** July 8–July 19 **Session IV:** July 22–August 2

Session Dates—2 days a week classes

Session I: June 4–June 20 **Session II:** July 2–July 26

Session Dates—1 day a week classes

Session I: June 8, June 22, July 6, July 20, Aug 3, Aug 10

PARENT/CHILD AQUATICS Ages 6 months to 3 years. This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class Fee: Rec Card & \$24 per session**

PRESCHOOL AQUATICS Ages 3 to 6 years. This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control, and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: Rec Card & \$24 per session.**

LEARN TO SWIM Ages 6 and up. Whether it's the first time in the water or you are interested in improving your strokes, our experienced instructors offer a wide variety of lessons for all ages and skill levels. Participants are tested and placed into the appropriate swim group. Instructors follow the *American Red Cross Learn to Swim Program* guidelines and offer Levels 1 thru 6 along with preschool, parent/tot, and adult lessons. Proper swim attire required. **Class Fee: Rec Card & \$24 per session.**

LAP SWIM Ages 18 and up or by special permission. Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **A Rec.-Card and Lap Swim Pass or Daily Drop-In Fee are required.**

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Class Fee: Current Rec. Card or Daily drop in.**

WATER AEROBICS Adults. Join the fun group for individuals with movement limitations or those seeking another aspect to their fitness program without all the stress on your joints. Also included stretch and tone, resistance training and aerobic. Proper swim attire is required. **Class Fee: Current Rec. Card.**

TEAM Tampa Elite Aquatic Manta rays (TEAM) is a year round competitive swim team. Questions on registering for the South Tampa Branch, email **Coach Ryan: Ryan@TampaMantas.com** **Must have a current Rec Card to participate.**

Summer 2024 Holiday Hours

Monday, May 27: Open Swim 8:00am-1:00pm

Wednesday, June 19: Open Swim 8:00am-1:00pm

Thursday, June 20: Closed for Event, Select Hours

Thursday, July 4: Open Swim 8:00am-1:00pm