



DR. MARTIN LUTHER KING JR. POOL

2200 N. Oregon St. 33607 (813) 259-1640

Tampa.gov/Pools

Summer 2024 May 26th – August 10th

Activities	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.	Sat.
Open Swim	x	12:00–7:00pm	12:00–7:00pm	12:00–7:00pm	12:00–7:00pm	2:30–7:00pm	12:00–5:00pm
Lap swim	X	11:00am–12:00pm	11:00am–12:00pm	11:00am–12:00pm	11:00am–12:00pm	11:00am–12:00pm	10:00am–12:00pm
Parent/Child Aquatics (Ages 6 months–3)	X	4:30–5:00pm	4:30–5:00pm	4:30–5:00pm	4:30–5:00pm	X	X
Parent/Child Aquatics (Ages 6 months -3)	X	X	X	X	X	X	10:00–10:40am
Pre-School Aquatics (Ages 3-5)	X	5:00–5:30pm	5:00–5:30pm	5:00–5:30pm	5:00–5:30pm	X	X
Pre-School Aquatics (Ages 3-5)	X	X	X	X	X	X	10:40–11:20am
Learn to Swim (Ages 6-15)	X	5:30–6:00pm	5:30–6:00pm	5:30–6:00pm	5:30–6:00pm	X	X
Learn to Swim (Ages 6-15)	X	X	X	X	X	X	11:20am–12:00pm
Novice Swim Team	X	X	12:00–1:00pm	X	12:00–1:00pm	X	12:00–1:00pm
Adult Swim Lessons (Ages 16 & Up)	X	6:00–6:30pm	6:00–6:30pm	6:00–6:30pm	6:00–6:30pm	X	X
Aqua Exercise	X	11:30am–12:30pm	X	11:30am–12:30pm	X	X	X

City of Tampa Parks and Recreation Aquatic Fees

Resident Rec Card: \$15/individual \$50/family
*Family = Any 2 adults and all children under age 18 residing at the same address.
 Senior Non-residents and Disabled Non-resident Youth may purchase Rec Cards at Resident rates.*

Non-resident Rec Card: \$30/individual \$100/family
Family = Any 2 adults and all children under age 18 residing at the same address.

Lap Swim Pass: \$10/month \$25/4 months \$65/annual

Daily Drop-in Fee for swim session: Youth and Senior -\$2.00 Adult - \$4.00

Swim Lesson Session Dates (8 lessons)

Session Dates—4 days a week classes

Session I: Week of June 3-14 **Session II:** Week of June 24-July 5
Session III: Week of July 8-19 **Session IV:** Week of July 22-August 2

Session Dates—1 day a week classes* (Class is 40 mins.)

June 8, 22, July 6, 20, August 3 and 10

PARENT/CHILD AQUATICS (Ages 6 months to 3 years). This program familiarizes young children to the water and prepares them to learn to swim. Parents are given safety information and taught techniques to help orient their children to the water and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories. **Class fee: \$24 per session (8 lessons)**

PRE SCHOOL AQUATICS (Ages 3 to 5 years). This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills by young children. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety. **Class Fee: \$24 per session (8 lessons)**

LEARN TO SWIM (Levels 1-3) (Ages 6 and up). In levels 1-3, participants work to improve on their water comfort level and begin to learn the basics of swimming. As the levels increase swimmer's body position becomes more horizontal and they start to make forward progress in the water with ease. Please speak with an instructor today if you are unsure of participant's current swim level. **Class Fee: \$24 per session (8 lessons) *An instructor will assign the participant's level**

LEARN TO SWIM (Level 4-6) (Ages 6 and up). The Learn to Swim program teaches aquatic and personal water safety skills in a logical progression. With six levels of progression, participants build on their basic skills to learn various propulsive movements on the front, back, and side. As the levels increase, stroke refinement and endurance increase. **Class Fee: \$24 per session (8 lessons) **Must pass Red Cross Level 3 Water Competency Exit Assessment**

ADULT SWIM LESSONS (Ages 16 and up). Whether you are just learning to swim or simply want to improve your strokes, our instructors will work with you to gain more skill and confidence in the water. **Class Fee: \$24 per session (8 lessons)**

PRIVATE LESSONS Private lessons are available based on staff and scheduling availability. **Class Fee: \$12.50 per 30 minute lesson**

LAP SWIM Ages 18 and up or by special permission. **A Rec Card and Lap Swim Pass or Daily Drop-In Fee are required.** Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume. Individuals under 18 should speak with the pool staff about permission to use the lanes. **Class Fee: Current Aquatic pass**

OPEN SWIM Enjoy the pool and all it's amenities. Proper swim attire is required. **All participants must have a current Rec. Card or pay the daily drop in fee. Children under 8 years old must be accompanied by an adult in the water and out.** All swimmers under 18 years old will be swim tested and given the appropriate wrist band to signify shallow or deep swim ability. All floatation devices must be Coast Guard approved. Life vests are available for use upon request. **Please note feature pool & main pool schedules.**

AQUA FITNESS Fast paced and creative choreography that is fun and easy to follow. Cardiovascular aquatic workout utilizing drag equipment, aquatic dumbbells, and noodles. **Class Fee: Current Rec Card**

NOVICE SWIM TEAM **Ages 5-15 and must be able to swim 25 yards unassisted.** Does your child dream of swimming like Michael Phelps? This grassroots summer program will expose your swimmer to competitive training and give them a chance to participate in 4 low key swim meets. All you need to do is enroll. **Class Fee: Current Rec Card.**

Summer 2024 Holiday Hours

Mon., May 27: Open Swim 12:00-5:00pm

Wed., June 19: Open Swim 12:00-5:00pm

Thurs., June 20: Event, Closed Select Hours in am

Thurs., July 4: Open Swim 12:00-5:00pm