

TIME TRAVELERS
2024 SUMMER CAMP



Parks & Recreation
CITY OF TAMPA

CONTACT INFORMATION

REGINA McBRIDE-SMITH - Recreation & Parks Manager, 274-7717

Alvin Holder: 274-7718 (O) | 244-2679 (C) | Alvin.Holder@tampagov.net

Forest Hills
724 W. 109th Ave.
931-2105
Mike Newman, 373-0629

Fair Oaks Community Center
5019 N. 34th St.
231-5277
Kareem Collins, 478-2352

TempleCrestCommunityCenter
8116 N. 37th St.
989-7606
Robert Dell, 344-6312

Benito PAC
10065 Cross Creek Blvd.
907-7064
Willetta Glenn, 392-8507

Copeland Community Center
11001 N. 15th St.
975-2743
Cedric Spencer, 758-8424

Rowlett Activity Center (The RAC)
2313 E. Yukon St.
915-0404
Cedric Spencer, 758-8424

Springhill Park
1000 E. Eskimo Ave.
274-3314
Harold Hart, 478-4454

Gwen Miller PAC
6408 N. 32nd St.
232-2980
Robert Dell, 344-6312

Diedrea Anthony: 274-7731 (O) | 478-4096 (C) | Diedrea.Anthony@tampagov.net

Grant ParkCommunityCenter
3724 N. 54th St.
622-1910
Jamal Jefferson, 753-9014

Highland Pines Community Center
4505 E. 21st Ave.
630-3925
Krystal Sheets-McKenzie,
727-486-3502

Williams Park Community
Center 4362 E. Osborne Ave.
635-3482
Earline Newman, 478-4693

Cyrus Greene Community Center
2101 E. Dr. MLK Jr. Blvd.
242-5350
Lalita Lovett, 376-3429

Jackson Heights NFL YET Center
3310 E. Lake Ave.
242-5346
Jamal Jefferson, 753-9014

Desoto Park PAC
2617 E. Corrine Street
242-5307
Althea Sampson, 373-1554

TED FOWLER, Recreation & Parks Manager 274-7125

Gary Williams: 274-5722 (O) 478-4442 (C) | Gary.Williams@tampagov.net

Henry & Ola PAC
502W. Henry Ave.
231-5279
Angel Garcia, 731-4575

Dr. MLK Complex
2200N. Oregon Ave.
259-1667
Marlon Monroe, 267-1860

Friendship Park
4124 Bay to Bay Blvd.
832-1200
Nina Acevedo, 373-0842

Kid Mason Community Center
1101 N Jefferson St.
274-8366
Fred Spencer, 613-4702

Loretta Ingraham Community Center
1615 N. Hubert St.
348-1175
Fred Spencer, 613-4702

Kate Jackson
821 S. Rome Ave.
259-1704
Nina Acevedo, 373-0842

Rey Park PAC
2301N. Howard Ave.
259-1673
Marlon Monroe, 267-1860

Wellswood PAC
4918 N. Mendenhall Dr.
348-2060
Angel Garcia, 731-4575

Therapeutics
Kathryn Malone Center
5202 N. 12th St.
Casey Tolar 853-2115

Kwane Doster Community Center
7506 S. Morton St.
832-1202
Yolanda Rios, 373-9322

Port Tampa Community Center
4702 W. McCoy
832-1215
Yolanda Rios, 373-9322

Ybor Art Studio
1800 E. 8th Ave.
242-5307 Cee Beuer,
478-4322

Creative Arts Theater (CAT)
6800 N. Rome Ave.
931-2151
Meg Heimstead, 613-4700

JCC/Golding Art Studio
522 N. Howard Ave.
259-1687
Patricia Bohannon, 734-2143

Taylor Art Studio
611 W. Indiana Ave.
274-8364
Cee Beuer, 478-4322

N. Hubert Art Studio
309 N. Hubert Ave.
282-2911
Cee Beuer, 478-4322

John Grimsley: 274-8117 (O) | 391-0020 (C) | John.Grimmsley@tampagov.net

Cordelia B Hunt Community Center
4810 N. Himes Ave.
348-1172
Lisa Bryant, 758-9225

OST COMMITTEE

ALVIN HOLDER
GARY WILLIAMS
CECELIA BEUER
ANGEL GARCIA
JAMAL JEFFERSON
MARLON MONROE
MIKE NEWMAN
KRYSTAL SHEETS-MCKENZIE
CEDRIC SPENCER

SUMMER MANUAL COMMITTEE

TAMIKA BENNETT
DONALD BUSH
JULIAN FERNANDEZ
MARCUS JACOBS
MICHELLE KEELER
NIKKI LOVE
KENNETH MULDROW
LYNISHA MULDROW
BARBARA THOMAS

TIPS ON CHOOSING TEAMS

Make dividing into teams as fun and fair as possible. Here are some tips.

1. Choose quickly so the fun can begin.
2. If everyone is of similar ability, use cards or slips of paper to divide the group evenly. If there are eight people, put four of the same cards and four different cards from the deck of cards in a hat. Each player picks a card and joins the appropriate team.
3. When dividing a group in which the players are of various ages and abilities, choose two captains. They each take turns choosing teammates with:
A) Brown hair. B) A ponytail. C) The newest shoes.
D) No socks. E) A missing or wiggly tooth. F) Pierced ear(s).
G) Braces. H) Longest hair...etc

If you are tired of always picking who goes first, flipping a coin, picking a number, or spinning rackets, try these suggestions:

- A) The person who has the closest birthday to today.
- B) The person with the most pets.
- C) The person with the largest or smallest feet.
- D) The person with the most siblings.
- E) The person with the most scars.

4. Let the children find a partner, they will always find their friends. Then split them in half. Now you have two teams.



READY TO BE A LEADER?

What does it take to be a leader? Effective leadership begins before the participants arrive, and it continues throughout the program. It's up to the leader to create the environment for a good program, which will reach all the participants needs and interests. "You set the mood for the action."

Before you start:

1. Some of the things a leader must consider:
 - a. What am I trying to accomplish with this activity?
 - b. Is it age appropriate for the group? For the abilities and disabilities of the individuals?
 - c. Is the activity doing what it should be done? Is it accomplishing the objectives you set out?
 - d. Is the group safe?
 - e. Is the group having fun?
2. Try out the game yourself. The best way to be sure you understand the directions and rules is for you to play it. The experience helps you as the director to develop the confidence when you teach a game.
3. Decide on the rules of the game/activity before you begin, and if you are going to change them during the game. Make the game a surprise to keep it fun.
4. Be prepared for the unexpected. It could be that only half as many people as expected will want to play, or twice as many. Can you adapt to the situation? You need to think these situations out ahead of time. Remember prior planning prevents poor performance. Be prepared with a back up activity/game.

ALWAYS OVER PLAN.

5. Be sure you have all the necessary equipment and supplies before the group arrives. Have the equipment stored close or ready, but do not hand it out. It can be a distraction to have the participants playing with equipment.
6. Plan your activities/games with the rise and decline of excitement.
7. Be sure to group your games in similar formations. This make for a smooth transition.

Summer Camp Weekly Themes

- May 28 – 31(Tues - Fri): Spirit Week *
- June 3 - 7: Pirates & Mermaids
- June 10 – 14: Stone Age/Prehistoric
- June 17 – 21 (No camp Weds): Wild West
- June 24 – 28: Space in Place
- July 1 – 5 (No camp Thurs): Spirit Camp/Patriotic City Birthday
- July 8 – 12: Futuristic (AI)
- July 15 – 19: Medieval Times
- July 22 – 26: Ancient Rome/Egypt
- July 29 – August 2: Decade Throwback
- August 5 – 9: Getting ready for After School

2024 Summer Camp Activities – Travel Through Time

Week: May 28 - 31

*No camp on Monday, May 27th

Theme: Spirit Week

*Spirit Week Theme Days

Monday – No Camp

Tuesday- Crazy Socks Day

Wednesday – Crazy Hat Day

Thursday – Twin Day

Friday – Team Day



2024 Summer Camp Activities – Travel Through Time

Week: June 3 - 7

Theme: Pirates & Mermaids

Coach: Michelle Keeler



Craft: Clothespin Pirate Puppets

Supplies Needed:

- Scissors
- Crayons
- Markers
- Clothespin
- Construction paper
- No-Run School Glue
- Pencil

Craft Instructions:

1. Sketch outline of the pirate body on cardstock. Cut out.
2. Sketch pirate clothing and accessories on construction paper. Cut out.
3. Color pirate face and body with crayons.
4. Glue clothing and accessories to pirate body. Dry 1-2 hours.
5. Add facial features and designs with markers.
6. Cut pirate head horizontally near mouth.
7. Glue top half of face to top half of clothespins. Glue bottom half of face and body to the bottom half of clothespin. Dry 1-2 hours.
8. Open and close clothespin to make your pirate talk.



Craft: Seashell Ornaments

Supplies Needed:

- Seashells
- Fine glitter
- Large iridescent glitter
- Multi Surface acrylic paint
- White glue
- Rhinestones

Craft Instructions:

1.Paint the seashell Paint both sides of a seashell with acrylic paint. You'll be covering it with glitter, so as long as the coverage looks decent, 1 coat of paint should be fine. Allow the paint to fully dry - about 1 hour.

2.Decorate with glitter and rhinestones Sprinkle the fine glitter onto the wet glue so the surface of the seashell is fully covered. Allow the glue to dry for at least 1 hour then lift the seashell and tap off the excess glitter.

3.Add the string Cut a piece of string about 6 inches long and tie the two ends together into a knot. You can make your handmade seashell ornaments traditional Christmas colors, or you can choose more neutral, year-round colors. I personally love how our white seashell looks like it's covered in snow!



Craft: Popsicle Pirate Flags

Supplies Needed:

- Jumbo Popsicle Sticks
- Wavy Paddle Fan Sticks
- Crossbones
- Paper Punch
- School Glue
- Red Craft Paint
- Black Craft Paint
- Paint Brushes
- White Cardstock or Construction Paper

Craft Instructions:

- 1.First assemble the base of your pirate flag by gluing six wooden craft sticks in a straight line, on a wavy paddle fan stick {see above picture for example} Set aside to let it dry completely. Repeat for each flag.
- 2.Next have your child paint the “stripes” of the popsicle stick flag, alternating between red and black. Now grab your white cardstock and punch/cut out a pirate skull design.
- 3.To finish off the Popsicle Stick Pirate Flags craft, have children glue the cardstock piece in the center of the flag. At this point in time, you can add other embellishments and decorations as well! Then display proudly or use a photography prop!!

GluedToMyCraftsBlog.com



popsicle stick
PIRATE FLAGS

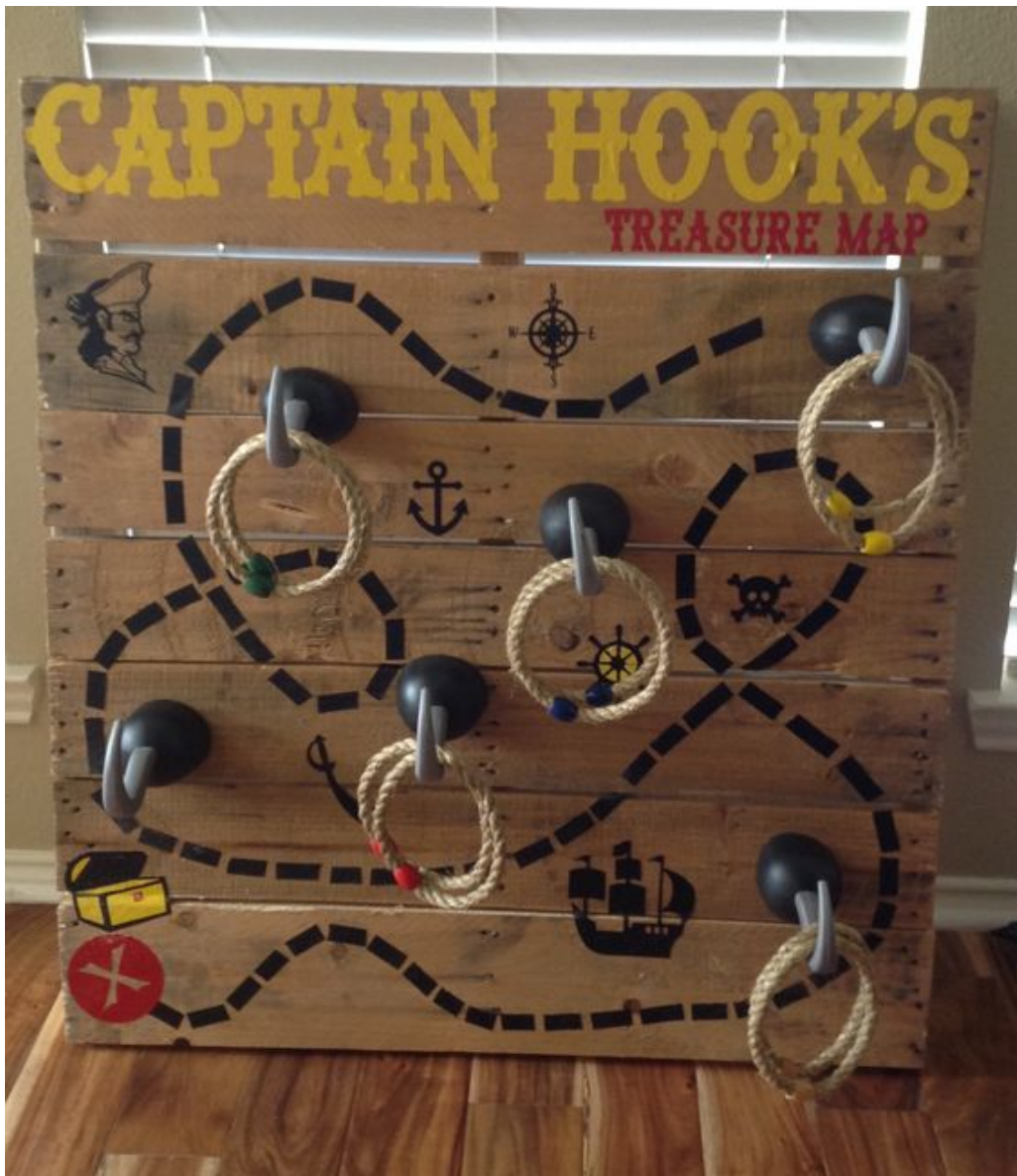
Game: Captain Hook Ring Toss

Equipment Needed:

- Rings
- Game board (DIY or Purchase)

Game Instructions:

Try to land the rings on the hooks.



Game: Steal the Treasure

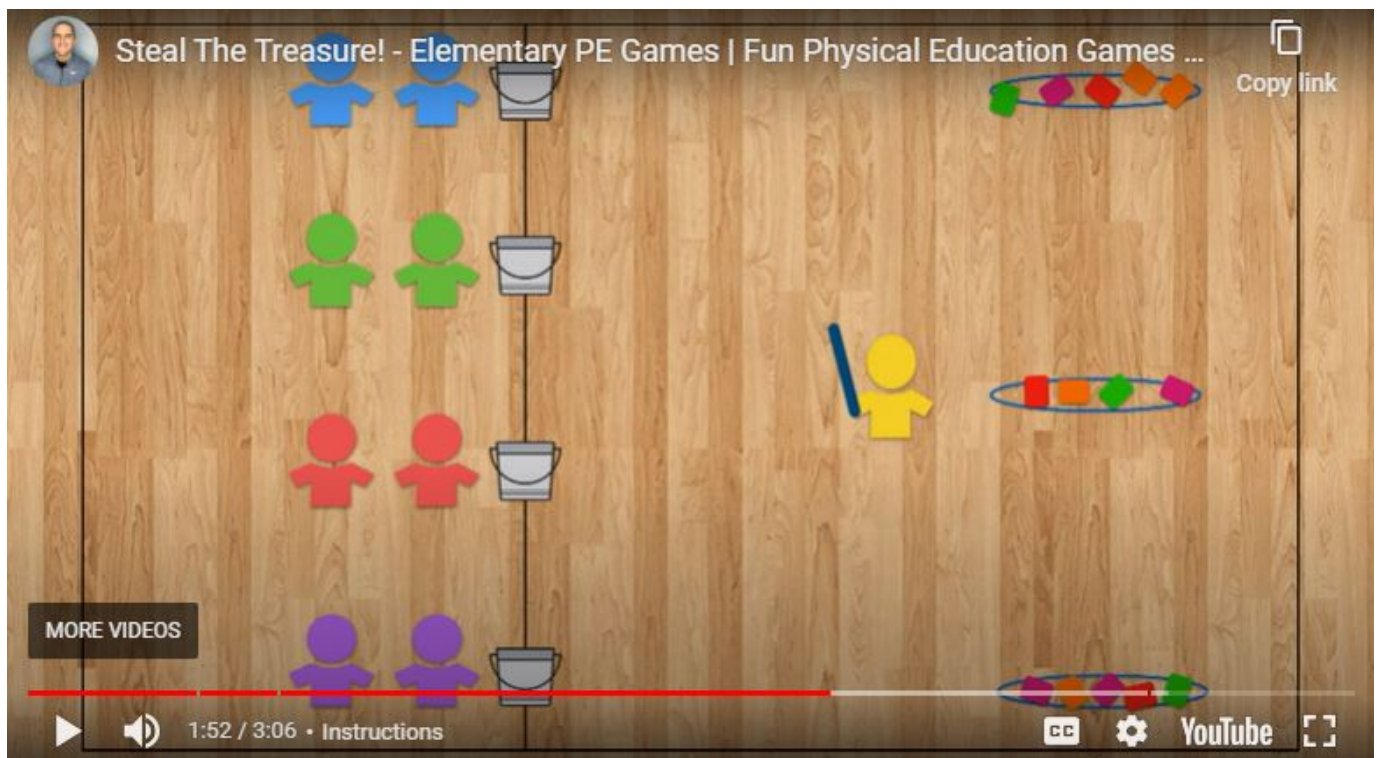
Equipment Needed:

- Bad Pirate (Staff or Participant)
- Treasure (Something similar)

Game Instructions:

Get an adult or willing child to stand at the front of the room and be the bad pirate. Place a treasure chest behind them. Kids stand at the back of the room and have to inch forwards to steal the pirate's treasure without them noticing. The pirate can turn round at any point. If they see anyone moving, that person has to go back to the beginning.

<https://www.youtube.com/watch?v=rYnPferJDxc>



Game: Cannon Ball Attack

Equipment Needed:

- You can build a ship from cardboard or make a fort
- Water balloons

Game Instructions:

This is best played in a garden in the summer. Create two large pirate ships from cardboard or forte and place them a couple of meters apart. Split your guests into teams with each team standing behind one of the ships. Now give them a big basket of water balloons each and let them attack! The rules are the pirates can't go beyond their ship, but be prepared for this to descend into a massive, fun water fight!



Special Activity: Caramel Rice Krispie Treat Starfish and Turtles

Supplies:

- 19 cups or 18 ounce box Rice Krispies Cereal
- 2 sticks butter
- 8 ounces 2 cups light brown sugar
- 1 ¾ cups light corn syrup
- 1 can sweetened condensed milk
- Optional- decorations: candy eyes modeling chocolate or candies edible "glue" use piping gel, corn syrup, chocolate, or frosting

Short Description:

Rice Krispie Cereal coated in a decadently rich caramel can be shaped into starfish and turtles using plastic sand mold beach toys. Pour crisp rice cereal in very large heatproof bowl. Cut butter into small pieces. Place butter, brown sugar, and corn syrup in a medium saucepan. Heat on medium, stirring as needed, until butter melts and mixture begins to bubble around the edges. Place lid on pan for one minute. Remove lid and allow to boil for 2 more minutes, without stirring. Remove from heat and add sweetened condensed milk, stir to combine. Return to medium heat and allow to boil for three minutes. Pour over cereal and stir until well combined. Let cool for 10 minutes. Line plastic molds with plastic wrap. Fill molds with cereal. Press to compress cereal so that it holds it's shape. Unmold treats and allow to cool completely. Decorate, if desired by attaching candies using edible "glue."



Hungry Happenings

2024 Summer Camp Activities – Travel Through Time

Week: June 10 - 14

Theme: Stone Age

Coach: Barbara Thomas



Craft: Stone Age Necklace

Supplies Needed:

Make the Dough:

- A cup of flour
- Half a cup of salt
- Half a cup of water

Necklace:

- Garden String

Craft Instructions:

1. Mix the flour & salt in a bowl.
2. Then add the water and mix until it forms a dough.
3. Then add a little more flour if it's sticky.
4. Form the dough into bone shapes.
5. Then use a thick straw to make a hole through each one.
6. Pop the bone shapes on a plate and microwave turning them over each minute.
The smaller bones took about 3 and a half minutes, the larger ones about 4 and a half. Putting a towel under them helped them dry out.
7. Thread the bones onto garden string or natural colored wool so they are roughly symmetrical with the smaller bones at the sides and the bigger bones in the middle.
8. Cut the string to the right length to go easily over your child's head and knot securely.



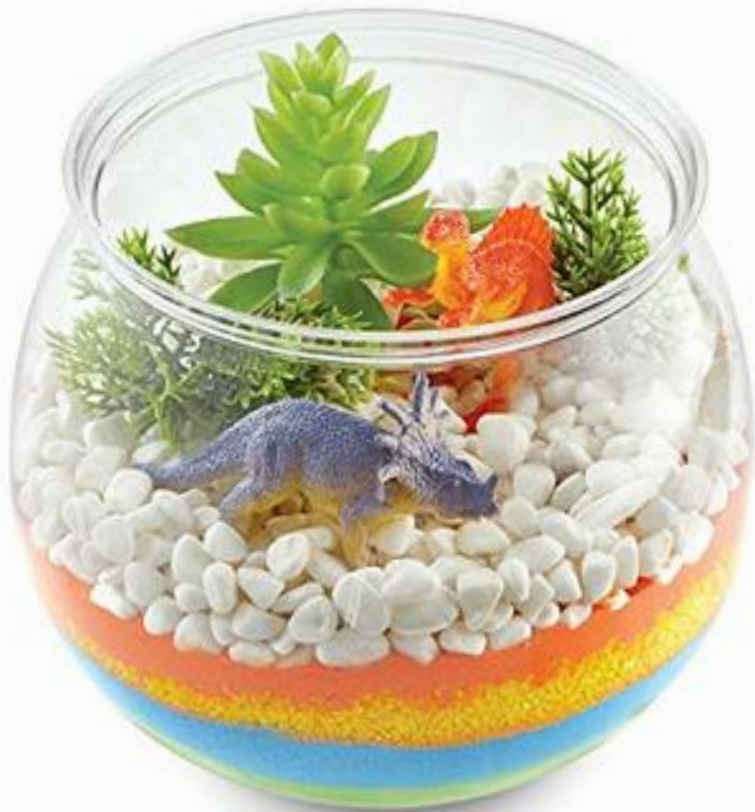
Craft: Dinosaur Land

Supplies Needed:

- 2 clear plastic bowls
- Plain sand or colorful sand
- Small dinosaurs
- Small trees and rocks
- Tape

Craft Instructions:

1. Get two bowls.
2. Fill the bottom bowl up halfway.
3. Place a few dinosaurs in the sand along with the trees and rocks in the position you desire.
4. Use the second plastic bowl to cover the bottom bowl and tape both of them on the sides. Now you have created a Dinosaur Land.



Craft: Dinosaur Suncatcher

Supplies Needed:

- Wax paper
- Sharpie
- Scrap pieces of tissue paper
- Glue
- Paper cup
- Paint brush
- Hole punch

Craft Instructions:

1. Using a sharpie, trace dinosaur clipart onto wax paper.

2. Cut tissue paper into small squares. Use different shades of green tissue paper.

Make one circle of blue tissue paper for the eye.

3. Mix two parts glue with one part water in a paper cup. Paint glue mixture onto wax paper dinosaur. It easier with a foam paint brush.

***Using contact paper will make this craft easier and less messy. Just draw your dinosaur onto the contact paper. Place your squares of tissue paper on the sticky side of the contact paper.



Game: Bedrock Bowling

Equipment Needed:

- 10 bowling pins that are made out of water bottles with food colors or sand. You can also use regular plastic bowling pins.
- 1 bowling ball

Game Instructions:

This game is fun for all ages. Two or more players can play the game and is more fun when played together. Players have to attempt knocking all the pins down. Each players has two attempts and the player that knocks the most pins down is the winner.



Game: Bocce

Equipment Needed:

- 4 large cones
- Total of 8 large balls (2 red, 2 blue, 2 green and 2 yellow)
- 1 smaller white ball

Game Instructions:

The game is played with two teams, with each team having one, two, or four players. For four player teams, each player throws one ball. For two player teams, each player throws two balls. For one player teams, each player throws four balls. When there are multiple players on a team, a playing rotation is determined at the start of a game and is maintained throughout the entire game.

A game begins with the toss of a coin. The team that wins the coin toss can choose to either have first toss of the pallina or the color of the balls they will use. To start a game, the pallina is rolled or tossed by a member of the team having won the coin toss. A player can toss the pallina any distance as long as it passes the center line of the court and stays within the boundaries of the court. If the player fails to toss the ball properly into play, a member of the opposing team will toss the ball into play. If the opposing team fails to properly toss the pallina into play, the toss reverts to a member of the original team.

The player tossing the pallina must deliver the first ball. If the ball lands outside of the boundaries of the court, that team must roll again until the first ball is put into play. Otherwise, that player steps aside and the opposing team will then deliver their balls until one of its Bocce balls is closer to the pallina or has thrown all its balls. The "nearest ball" rule governs the sequence of thrown balls. The side whose ball is closest to the pallina is called the "in" ball and the opposing side the "out" ball. Whenever a team gets "in", it steps aside and allows the "out" team to deliver.

The other team throws until it gets its ball closer (not ties) to the pallina. This continues until both teams have thrown all their Bocce balls. After both teams have exhausted all their balls, a frame is over and points are awarded. The game resumes by teams throwing from the opposite end of the court. The team that was awarded points in the previous frame begins the next frame by tossing the pallina into play.

All balls must be thrown underhanded. A team has the option of rolling, tossing, bouncing, etc. its ball down the court provided it does not go outside the boundaries of the court or the player does not violate the foul line. The foul line is used to deliver all balls down the court with the intent of getting a ball closer to the pallina, knocking the opponent's ball away from the pallina, or hitting the pallina so that it ends up closer to your team's ball.

A player should not step on or over the foul line before releasing any ball. If a player steps over the foul line, the player will receive one warning. For a player that commits a second foul line infraction, the team fouled against will be awarded points as they were immediately proceeding the foul and the frame will end. The team committing the foul will be awarded no points for the frame. Or, the fouled against team may have the option of declining the penalty and completing the frame.

Any ball that goes outside the boundaries of the court is considered a dead ball and is removed immediately from play until the end of a frame. If the pallina is knocked outside the boundaries of the court during play, the frame ends with no points awarded and a new frame is started.

At the end of each frame, points will be awarded. Only one team scores in a frame. One point is awarded for each ball that is closer to the pallina than the closest ball of the opposing team. In the event that the closest ball of each team is the same distance from the pallina, no points will be awarded and the pallina returns to the team that delivered it. Only balls which are distinguishably closer to the pallina than any of the opponent's balls are awarded points.



Game: Pin the Tail on the Dinosaur

Equipment Needed:

- Large image of a Dinosaur
- Dinosaur tail
- Blindfold

Game Instructions:

The game is for all age and is a lot of fun. This game can be played with teams or individual. The player has to pin the tail on the dinosaur. Each players has 3 tries and whoever pins the tail first, wins the game. When playing with teams, they will need to flip a coin to see who goes first. This game will be timed (10 or 20 minutes) depending on how many participants are playing the game. Remember the players have to be blindfolded.



Special Activity: Stone Age Turkey Leg

Supplies:

- Large pretzel rods
- 1 bag mini marshmallows
- 3 Tbsp. butter, plus more for hands
- 8 cups Regular Rice Krispies or Coco Rice Krispies cereal
- 1 bag white candy melts
- Wax paper

Short Description:

Lay out wax paper on your work surface. Decide how many turkey legs you want to make. You can either use the whole pretzel rod for jumbo turkey legs or break them in half to create more manageable portions of non-meat. You'll want to open the bag of marshmallows and grab two marshmallows for each pretzel rod.

Melt the white candy melts in a narrow, deep container according to the package directions. Using the candy melts, adhere two marshmallows to the end of each pretzel rod. Lay on the waxed paper and let dry.

Dip the end with the marshmallows into the candy melts about halfway down the rod.

Turn the pretzel rod right side up and tap on the table to help the candy melts even out and drip down along the rod. Lay on the waxed paper and let dry. Don't worry about covering the whole rod. The other half of it will be covered with Rice Krispies.

In a large microwave safe bowl, combine butter and marshmallows. Microwave for 1 minute. Stir. Add Rice Krispies cereal, mix gently with a spoon coated in butter or cooking spray and let cool slightly.

Coat your hands using butter or cooking spray. You may also use rubber gloves.

Using your hands, form the meat on each coated pretzel rod. You'll have to work quickly, pressing firmly as you're shaping. Place them on the wax paper and let set about 20 minutes.



2024 Summer Camp Activities – Travel Through Time

Week: June 17 - 21 (No Camp Wednesday)

Theme: Wild West

Coach: Lynisha Muldrow



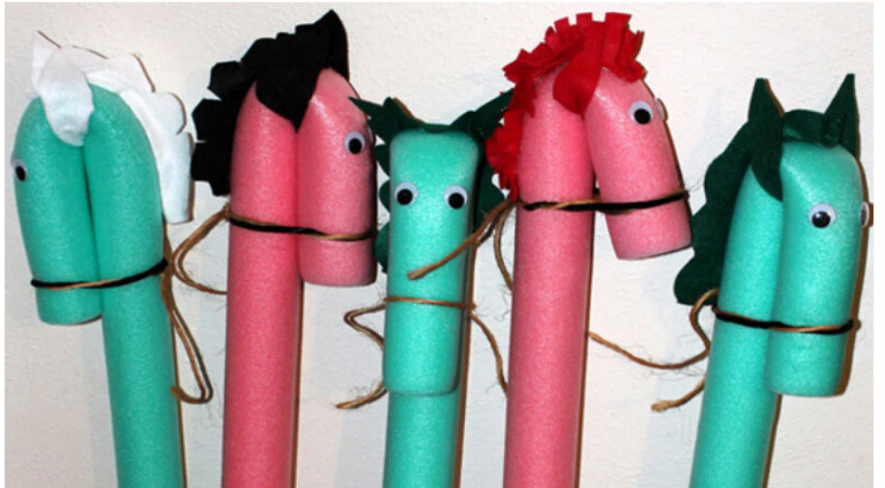
Craft: Pool Noodle Horse Stick

Supplies Needed:

- Swimming noodle
- Twine or rope
- Felt (9x12 sheet)
- Large googly eyes
- Low temperature glue gun and glue
- Scissors
- Pipe cleaner (optional)

Craft Instructions:

1. Bend the noodle and tie the twine tightly around it. If you would like, weave a pipe cleaner around the twine to add some color. Leave a little bit of the twine hanging, so that it looks like reins.
2. Cut a strip of felt along the length of the fabric, about an inch wide. Cut the ends of it into points for the ears. Cut the next strip (still along the length) about 4 inches wide. Fold the wide stripe and cut waves around the edges to create the mane.
3. Slide the long piece for the ears between the part of the noodle that is folded and pull them up firmly in place. Glue the ears up.
4. Hot glue the mane and wiggly eyes in place.



Craft: Western Vest

Supplies Needed:

- Grocery sized paper bag
- Stapler
- Scissors
- Glue Stick
- Printable Pattern

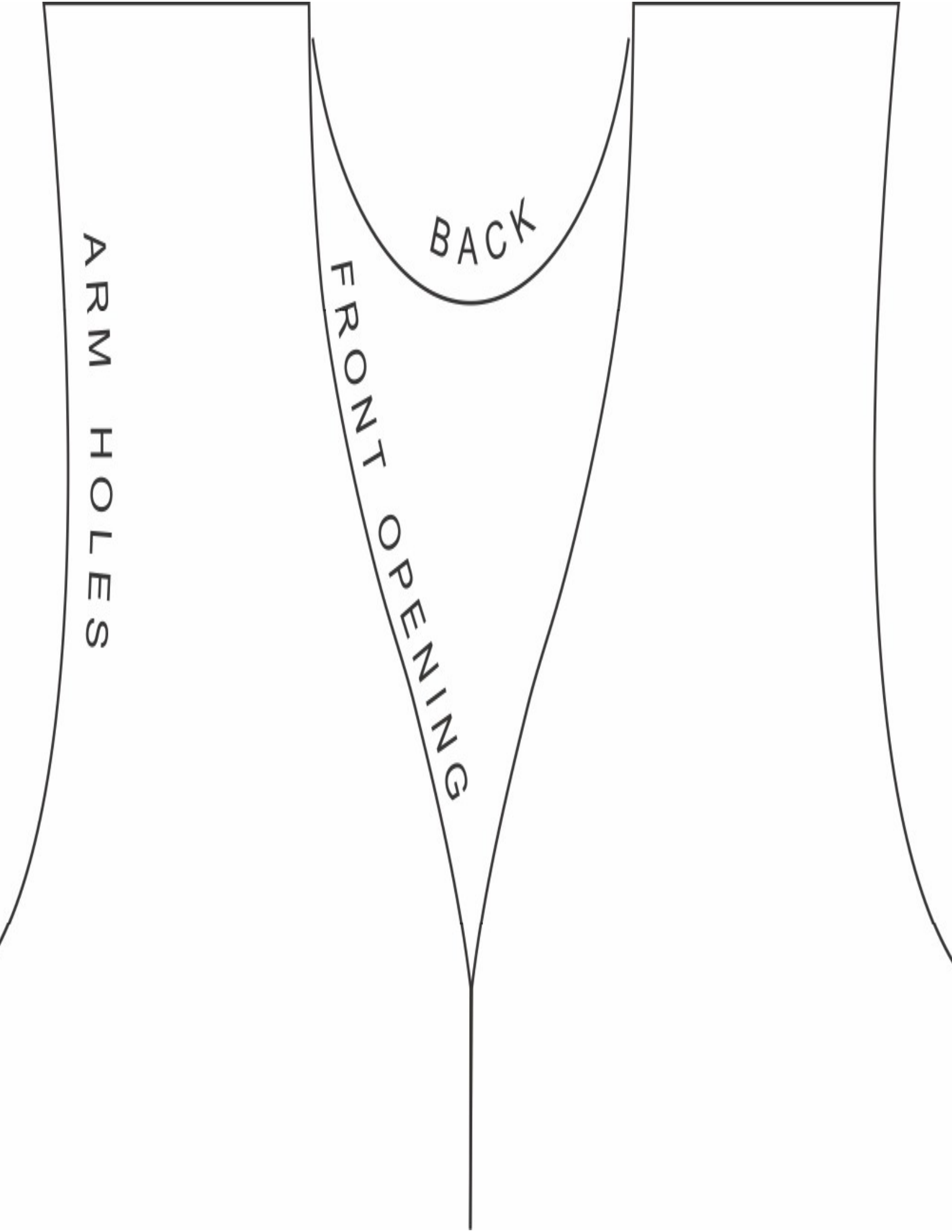
Craft Instructions:

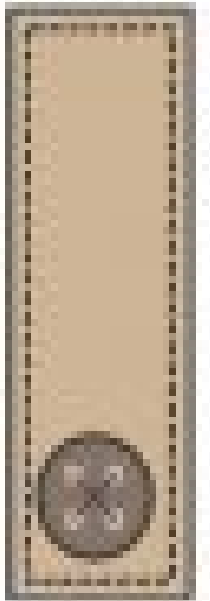
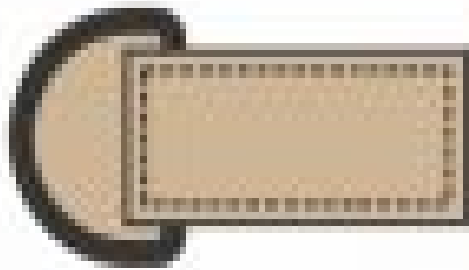
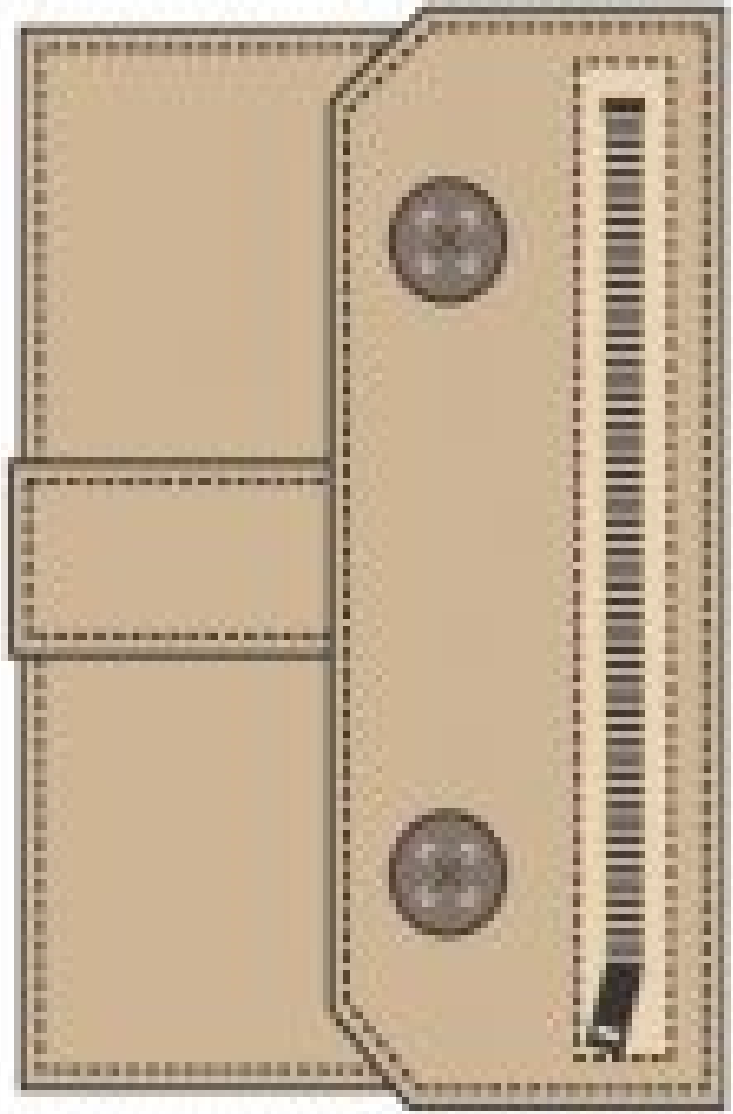
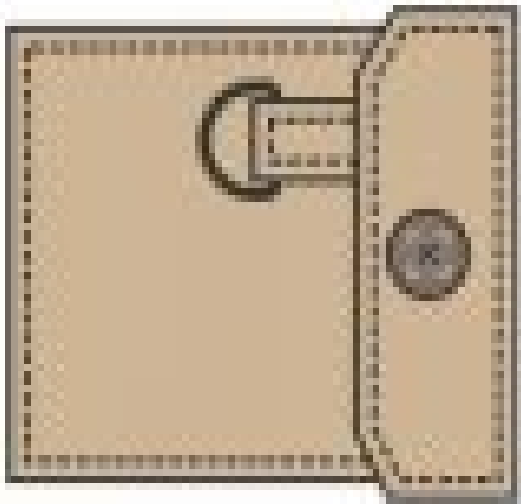
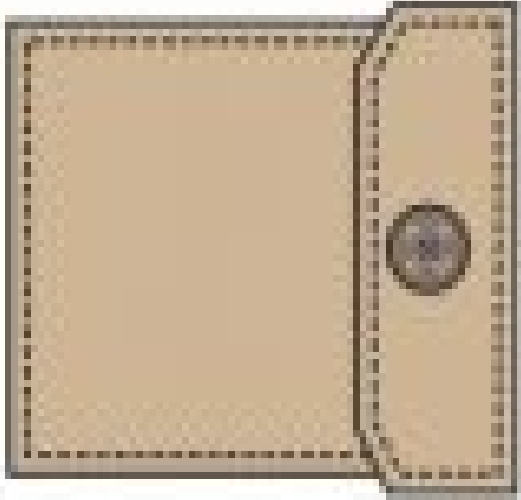
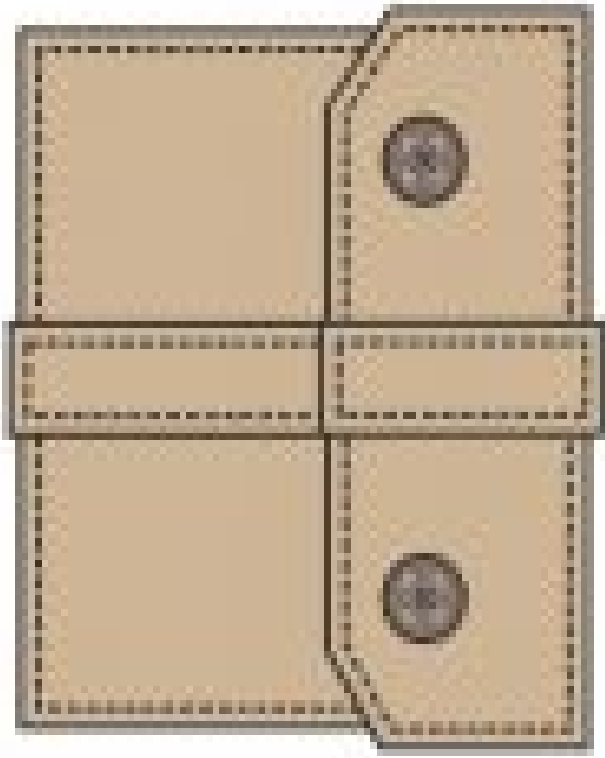
- 1.Lay the paper bag on your work surface with the flap to the back. Line up the pattern with the top of the bag. Staple on the outside of the cutting lines to keep in place.
- 2.Cutting through all the layers, cut off the arm holes and back opening.
- 3.Lay the pattern back in place and cut the front opening only through the front of the bag.
- 4.Cut out the printable piece.
- 5.Design your vest and glue pieces in place.

ARM HOLES

FRONT OPENING

BACK







Craft: Popsicle Stick Wagon

Supplies Needed:

- 2 wooden skewers
- Paper or plastic straw
- 35 jumbo craft sticks
- Hot glue gun/sticks
- White cardstock
- Straight edge blade
- Cardboard
- Mason jar lid

Craft Instructions:

1. Create a base for your wagon by hot gluing 4 wooden craft sticks into a square like this. Continue adding sticks across the top to create a solid platform.
2. Next, we are going to build the “box”. To do this you want to cut some craft sticks slightly longer than the width of 3 sticks. Attach to either end of 3 sticks, repeat this so that you have 3 sides. Glue each in place around the sides and back of the wagon. You will need to trim just a bit of your ends on the back to make it fit. Run glue along the bottom edge of each piece, press firmly into place, and hold until the glue sets.
3. For the front of the wagon, you will cut your short sticks the same length but only build the side 2 craft sticks high. Again, trim the ends of your sticks so they fit inside the two long sides. Glue into place.
4. Run a bead of hot glue up each corner to secure everything well. If you wish to add a buckboard to the front, trim two pieces of craft sticks to be as long as the width of two craft sticks. Trim off the ends of craft sticks so they fit inside the front.
5. To help support the seat, glue a couple of stacked scrap pieces of wood underneath, and then glue the seat into place.

6. Once all glue has hardened, flip the wagon over. Cut your straw in half and glue it at either end of the wagon to allow the axles to turn. Put them close to each end, I did wind up pulling mine off and re-gluing further apart to be sure the wheels had plenty of space to turn.

7. Trim skewers so they just stick out about 1/8" on each side and run them through the straw. Trace 4 large circles onto cardboard and cut them out. I used a wide-mouth mason jar lid, but you can use whatever you have on hand like a large cup or a bowl.

8. Draw the outline of the wheel and spokes with a brown marker. Poke a hole through the center large enough for the skewers to fit through. Place each wagon wheel onto a skewer and secure it on both sides with hot glue, be sure not to glue it to the wagon so that they move freely.

9. Flip the wagon back over and glue 4 craft sticks upright inside each of the 4 corners of the wagon box. You can either use white cardstock or fabric to stretch up and over the wagon frame to make your covered wagon top.



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



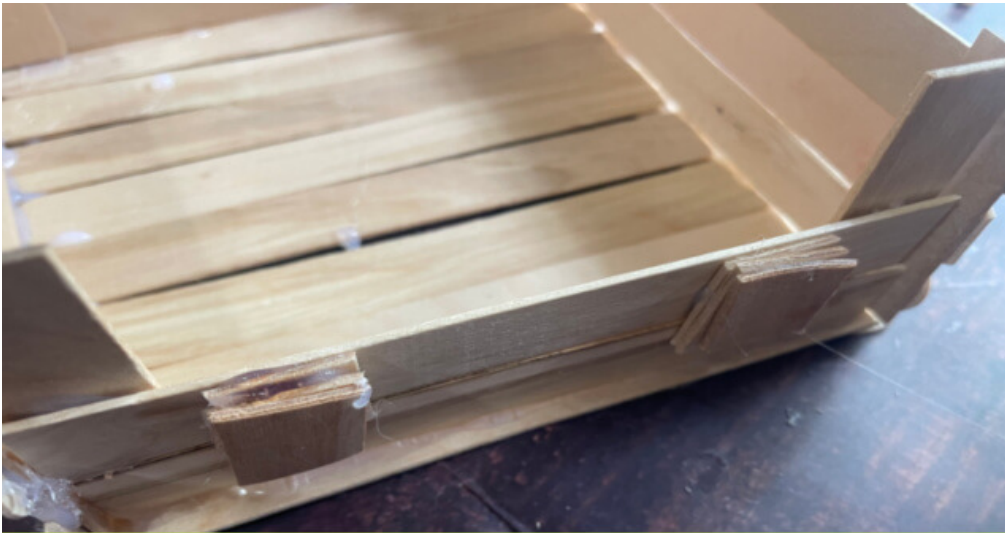
TINA'S DYNAMIC HOMESCHOOL PLUS



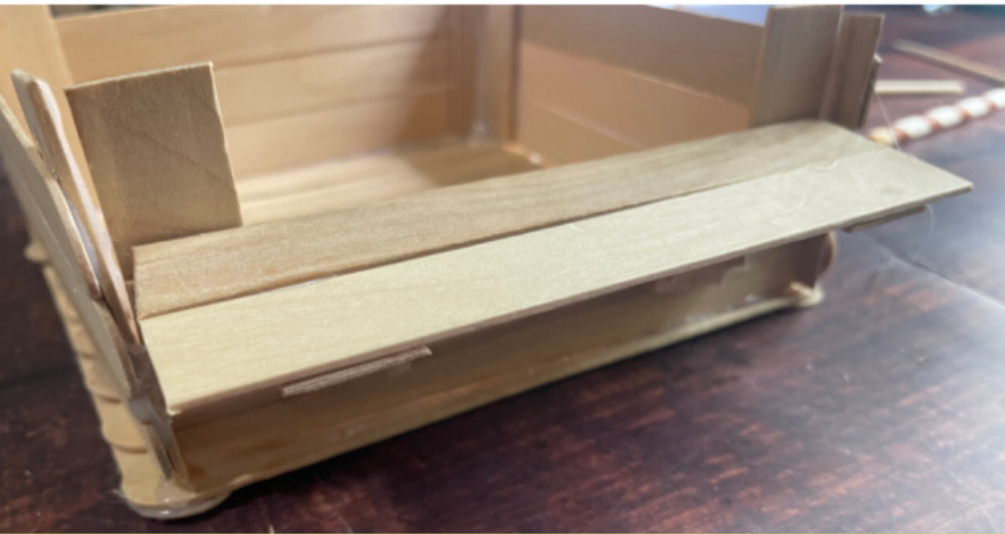
TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



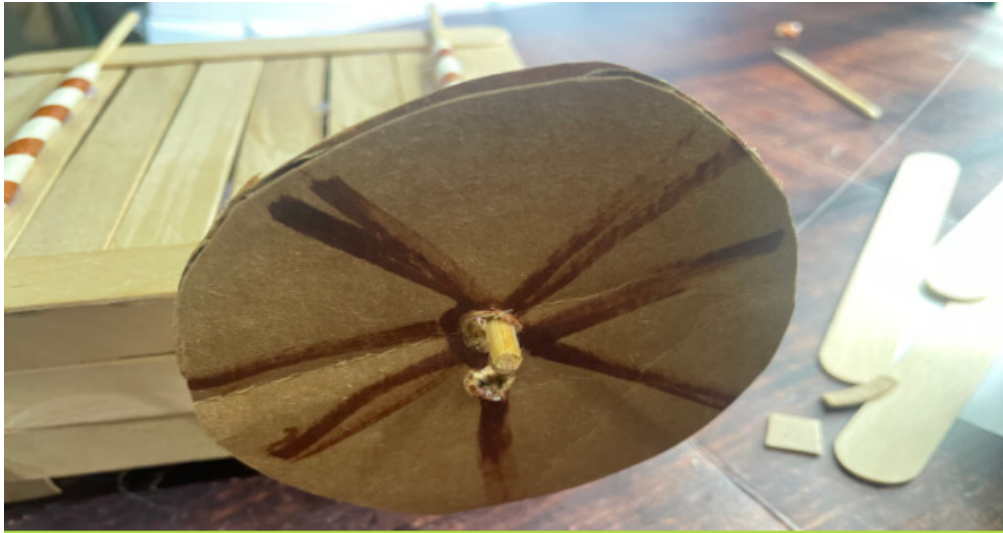
TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS



TINA'S DYNAMIC HOMESCHOOL PLUS

Game: Cow Ring Toss

Equipment Needed:

- Fill an empty 2-liter soda bottle with sand. Measure the height and circumference of your 2-liter bottle. Add 1/2 inch to the height and 1 inch to the circumference. These will be the dimensions of the piece of white felt that you will use to cover your bottle. For example, a 2-liter Pepsi bottle is approximately 12.5 inches tall and 13.5 inches around. So, if you are using 2-liter Pepsi bottles, your piece of felt would be 13 inches long and 14.5 inches wide.
- Cut a piece of white felt to the dimensions determined in the above step. Cut out the cow face parts in the appropriate colors of felt from the pattern found here. Cut out free form "cow spots" in varying sizes from black felt. You will need at least 2 per cow.
- Pin the cow face parts and cow spots to the white felt rectangle that you cut out in step 3.
- Glue around the cow face parts and cow spots 1/4 inch from the edge of each piece using thread of a coordinating color. Fold your fabric vertically (hot dog style) with the right/good side facing in. Pin the edges together. Glue the two edges together using a 1/2 inch, turn your cow right side out.
- To make each lasso:
 - For each lasso you will need one inner ring from a wooden embroidery hoop, hemp cord, and hot glue.
 - Hot glue the end of the hemp cord to the wooden embroidery ring.
 - Tightly wrap the wooden embroidery ring with the hemp cord until the ring is completely covered.
 - Once you are done wrapping, cut the hemp cord and glue the end to the hoop. Your lasso is finished! Repeat the steps to make another one.

Game Instructions:

Player 1 tosses rings. Begin by tossing all 5 of your colored rings toward the target attempting to land ringers around the cows. Player 2 tosses rings. The next player then takes their turn and tosses their rings towards the target. Players take score. After tossing all 5 rings, all players total their points scored for the round. Scoring is individual, and points do not cancel out. Play to 8 rounds. After 8 rounds, all players tally their total game score. The player with the highest score wins the game.



Game: Round 'em Up!

Equipment Needed:

- Animal crackers
- Bowl
- Whipped cream

Game Instructions:

Put several animal crackers in a bowl. (Find cows or horses or any animal cracker will do.) Cover the crackers with whipped cream (from a can). They have to “round up” the animals by eating them without their hands and digging into the bowl face first!



Game: Hula Hoop Lasso Challenge

Equipment Needed:

- Hula hoops
- Round balls of all sizes
- String

Game Instructions:

Tie some string to the end of a hula hoop and leave enough extra string so they can throw the hula hoop like a lasso.

Gather a bunch of balls (basketballs, footballs or anything that can roll) and spread them out over a large surface.

Finally, use the hula hoop lassos to try and catch the balls and bring them in. The person who catches the most balls wins!



Special Activity: Horse Feed

Supplies:

- Chex cereal
- Candy corn
- Coco Puffs
- M&M
- Corn Pops
- O-shaped cereal
- Honeycomb cereal
- Cups

Short Description:

Allow the children to create their own wild wild west snack mix with the options available.



2024 Summer Camp Activities – Travel Through Time

Week: June 24 - 28

Theme: Space in Place

Coach: Marcus Jacobs



Craft: Solar System Model

Supplies Needed:

- 12 color pigments
- 1 paint palette
- 18 mixed sized white foam balls
- 2 paint brushes
- 1 frosted rod
- 1 small wooden hammer
- Unfinished wooden solar system orbit model

Craft Instructions:

1. Remove parts from board.
2. Sand the edges.
3. Secure the base of the platform.
4. Aligned all hole to fit the install.
5. Insert the wood rode in the middle of the platform.
6. Combine all the corresponding planet names to their planetary orbit.
7. Place the orbit of the planets in order.
8. Paint the color of the planets on the foam balls.
9. Insert the planets into the base.
10. Then complete the solar system around the sun.



3 VIDEOS



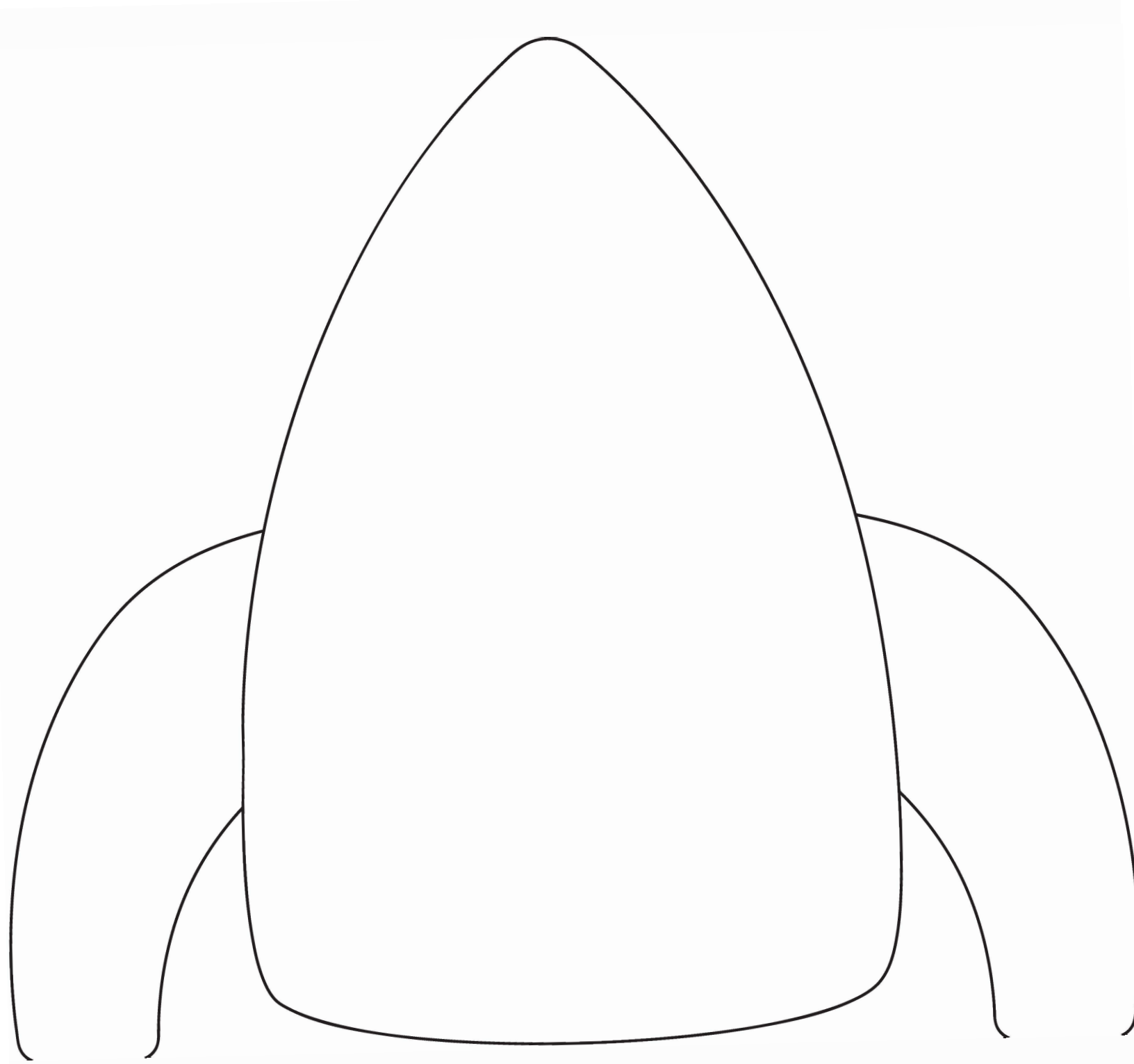
Craft: Space Rocket Ship

Supplies Needed:

- Paper plate
- Craft stick
- Black paint and paint brush
- Glitter paint or glitter glue
- Space rocket ship template
- Crayons or colored pencils
- 2" circle cutter
- Piece of paper
- Piece of aluminum foil
- Glue stick
- Red and/or orange yarn
- Scissors
- Hot glue (for grown-ups only)
- Precise knife (for grown-ups only)

Craft Instructions:

- 1.Paint the popsicle stick and the bottom of the plate with both black and glitter paint.
- 2.Cut the space rocket ship template. Decorate as you see fit.
- 3.Cut out a 2" paper circle and cover one side with a piece of aluminum foil then glue it to the spaceship.
- 4.Take a couple strands of red yarn and cut them to a decent length.
- 5.Then hot glue both yarn bundles to the back of the ship thrusters and repeat the process with the painted popsicle stick by placing it in the back middle of the ship.
- 6.Use the precise knife to make an opening through the base of the painted plate. Proceed to insert the popsicle stick through and fly through deep space.





Craft: Edible Space Rover

Supplies Needed:

- 2 tablespoons of cake icing
- 1 sheet of wax paper (cut to 18" x 18")
- 2 sheets of paper towel
- 2 plastic straws
- 1 plastic knife
- 1 plastic spoon
- 6-8 toothpicks
- Box of gloves
- Candy for the class to share (divided between student groups of 2)

***Note: The following types of candy/cookies are excellent for this activity: Oreo's™, graham crackers, Kit Kat™ candy bars, string licorice, gumdrops, peppermint candies, Life Savers™, marshmallows, jelly beans, Fruit Roll Up™ snacks (Blue and Yellow)

Craft Instructions:

1. Students act as Mars exploratory rover engineers. With the given parts listed and a reference sheet to look at, the teams of 2 will be tasked to use these items to design their own unique edible rover.
2. The students building their rover will also display their edible rover at the concluding of the craft event showing off their creativity and imagination to ideas not yet discovered.
3. Depending on how quickly they finish, this is at most a 1-hour craft project. In the end, if they choose to, they can eat their craft.



Edible Rovers

Game: Space Tag - Aliens vs Astronauts

Equipment Needed:

- Hula hoops
- Pool Noodles

Game Instructions:

There are 3 levels to this game: Beginner, Intermediate and Advance. The purpose of this game is to teach the kids about being aware of the space around you as well as building personal space. In the Beginner level, everyone will receive a hula hoop and walk around a perimeter. If their hula hoops touch each others, they both are to sit in their hula hoop until a coach comes and tags them to get up to play again. The Intermediate level is the same as the first level, but with a minor change. Now if you touch somebody else's hula hoop, you have to do a exercise in your hula hoop until the round is over. The Advance level is the same as the intermediate, but now there will be a pair of aliens and astronauts that will both have pool noodles. The aliens are tasked with tagging the hula hoop runners, who will have to exercise for that round if tagged. The only way to be brought back to the game is to be tagged by an astronaut.



Game: Space Jam

Equipment Needed:

- Cones or anything that can divide the perimeter in half
- Mats or cones to make a safe space.

Game Instructions:

There will be two teams, each having the goal of getting everyone from their team into the others safe space without getting tagged by the opposing team when crossing over. Once tag by the opposing team player, the person is to sit and wait till a teammate tags them up. Once that is done, they are allowed to freely walk back to their own side together with no risk of getting tagged until they try to cross again. The first team to get all players in their safe space wins.



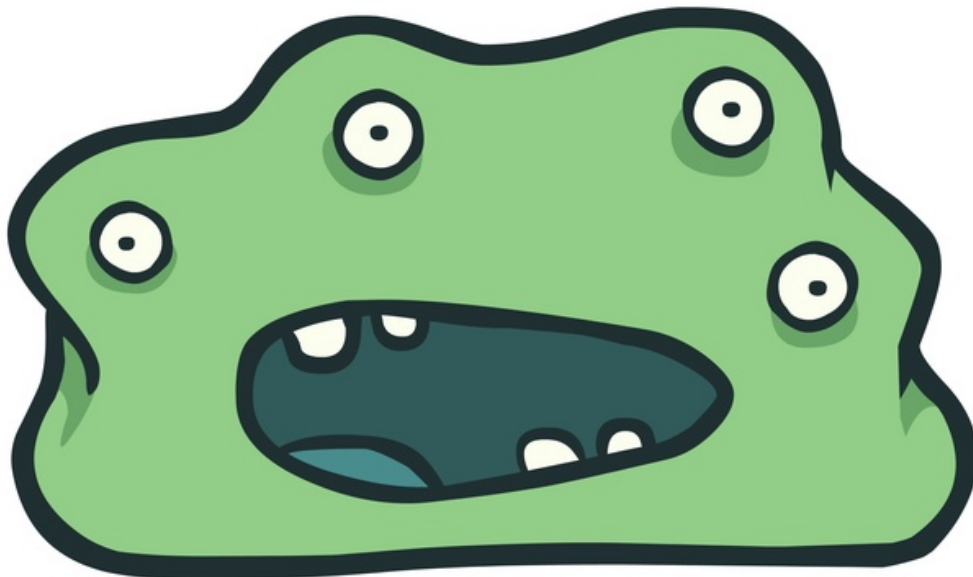
Game: Space Blob

Equipment Needed:

- 4 cones to help create a boxed in perimeter

Game Instructions:

The goal of the blob is to grow and take up enough space in the enclosed perimeter to trap the runners and grow larger. The blob will start out with 4 players who are chain linked together, chasing and consuming any free players running within their reach or those who ended up trapped. Once trapped, they are to add to the blob, making the chain larger, with the ability to cover more ground and capture more people. This process will repeat until there are only two survivors.



Special Activity: Invasion

Supplies:

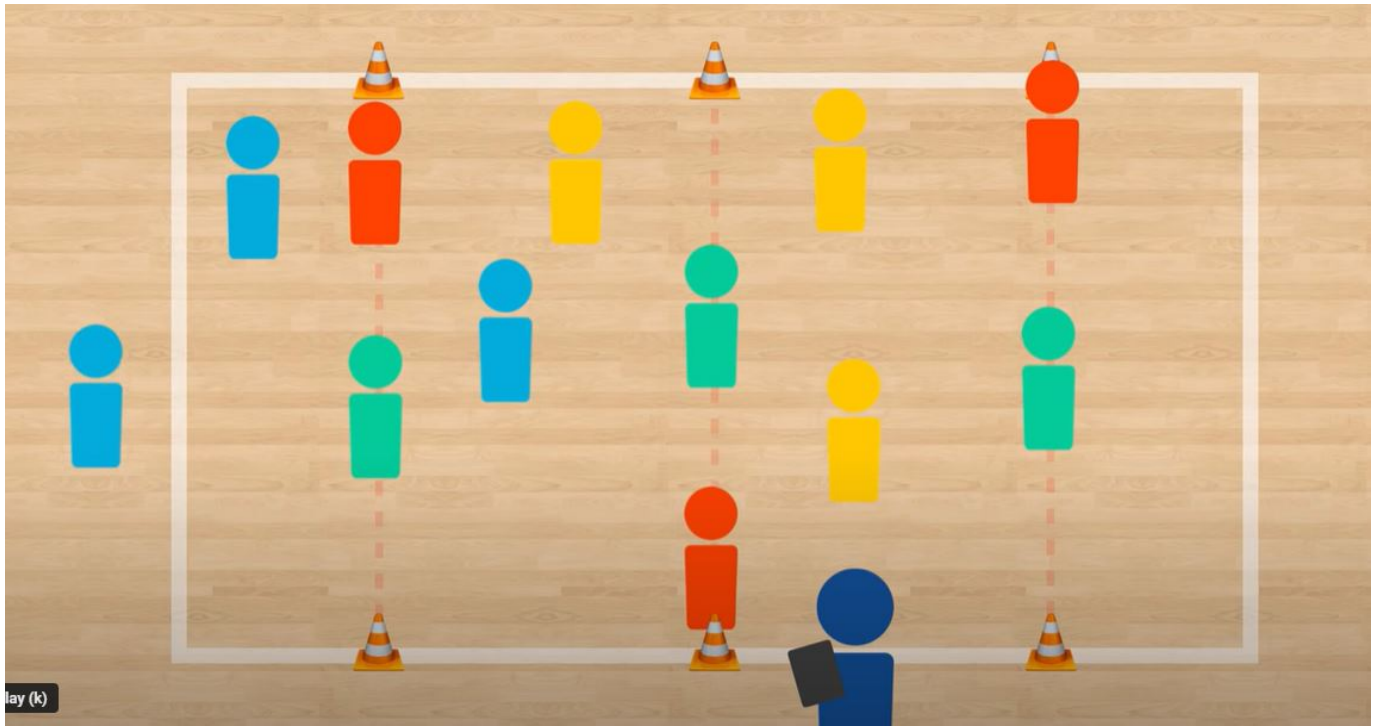
- Ice snow cone machine
- Music box
- Cups
- Snow cone syrups
- 30 beanbags
- 2 baskets of cones to mark boundaries and slide lines
- Different color pennies

Short Description:

In Invasion Slide Tag, offensive players are attempting to collect all of the beanbags that are in the endzone. To reach the endzone, offensive players must move across the playing areas without being tagged by defensive players. Make sure defenders are aware of proper tagging (shoulders, arms & back).

Defensive players are positioned on lines that span the width of the playing area. Defensive player movement is limited to sliding along the line on which they are positioned. If tagged by a defensive player, the offensive player must exit the playing area and return to the start.

The round lasts until all of the beanbags have been collected or once a pre-determined amount of time has elapsed. In between rounds, offensive and defensive players exchange roles. All teams get snow cones once all of the rounds are played!



2024 Summer Camp Activities – Travel Through Time

Week: July 1 - 5

*No Camp on Thursday, July 4th

Theme: Patriotic Week



2024 Summer Camp Activities – Travel Through Time

Week: July 8 - 12

Theme: Futuristic (AI Week)

Coach: Donald Bush



Craft: Motorized Coloring Bot

Supplies Needed:

- Toy motor
- 9-volt battery
- 4 colored markers
- Electric alligator clips
- Hot glue sticks and hot glue gun or tape
- Electric drill and screw
- Plastic cup

Craft Instructions:

1. First, get together your supplies. You can get an inexpensive hobby motor and battery pack from Amazon. Put the batteries in the battery pack.
2. Tape your markers to the plastic cup. (Thinner markers are recommended).
3. Hook the battery pack's wires to the hobby motor. It does not matter in which order you hook up the wires; just make sure there is only one wire on each small metal hole of the hobby motor.
4. Tape the battery pack to the top of the plastic cup.
5. Add a glob of hot glue or tape to the knob of the motor. Turn on the motor to see whether the tape will stay on securely.
6. Uncap your markers and place your ArtBot on a large piece of paper. Then turn the motor on by flicking the "on" switch on the battery pack.



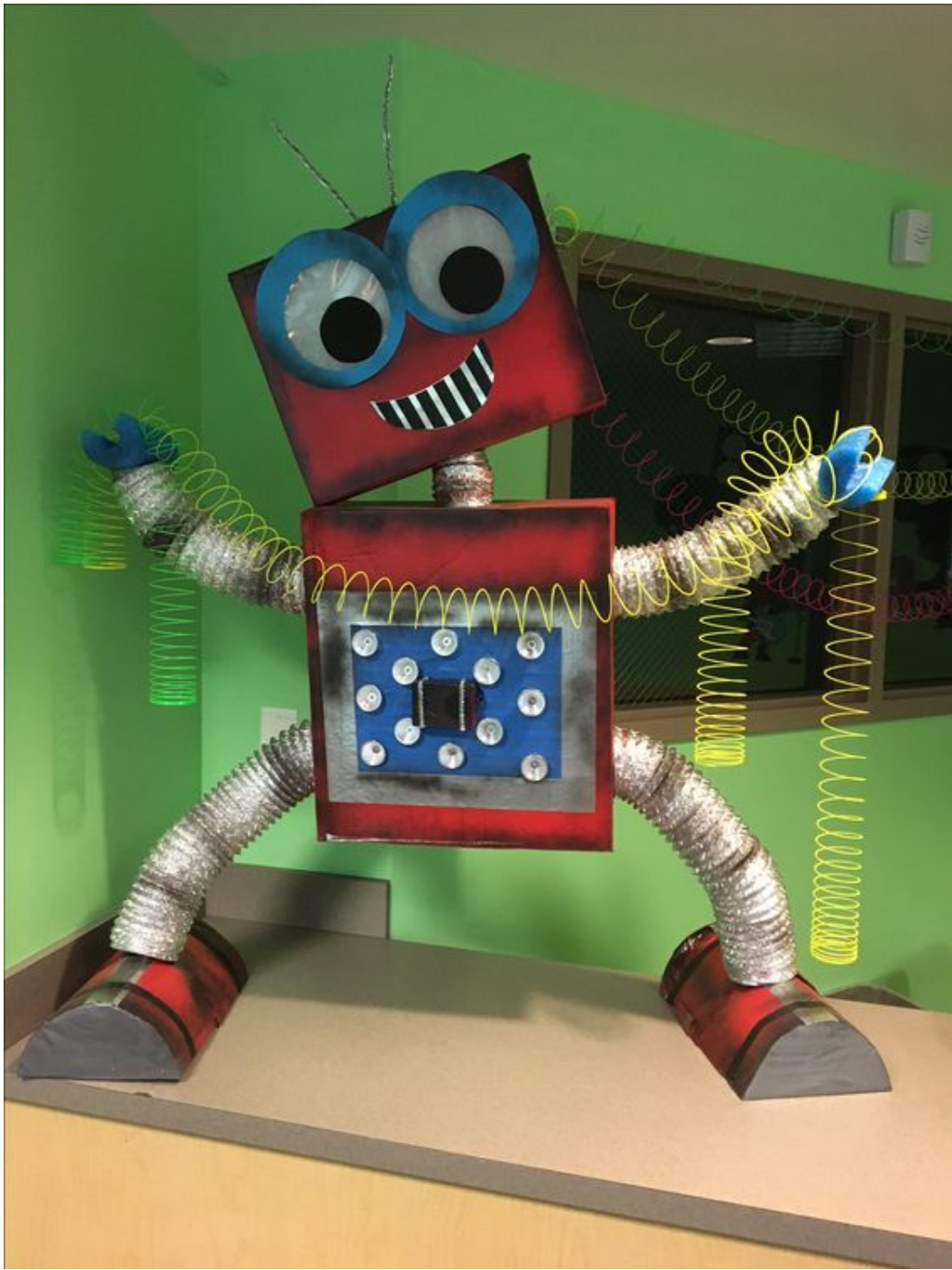
Craft: DIY Recycled Robot

Supplies Needed:

- Discarded boxes
- Paper tubes
- Buttons
- Straws
- Reynolds Wrap or metallic duct tape
- Scissors
- Masking tape/Clear tape
- Glue

Craft Instructions:

- 1.Find a box that will serve as the robot's body. Also, find a smaller box for the head.
- 2.Collect some paper tubes (toilet paper or paper towel tubes) for arms and legs.
- 3.Gather items for eyes, mouth, antenna, and decoration.
- 4.Use masking tape to seal all ends of the boxes and then attach head to body with masking tape. Cover with either Reynolds Wrap and tape or glue in place. The other option is use metallic duct tape and wrap the body and head with it.
- 5.Next wrap the arms and legs with the metallic tape or wrap and then attach legs and arms with either masking tape or clear tape to the body. The last pieces of tape will have to be covered with metallic look also.
- 6.Apply eyes and mouth with glue, and let dry.



Craft: DIY Bluetooth Speaker Kit

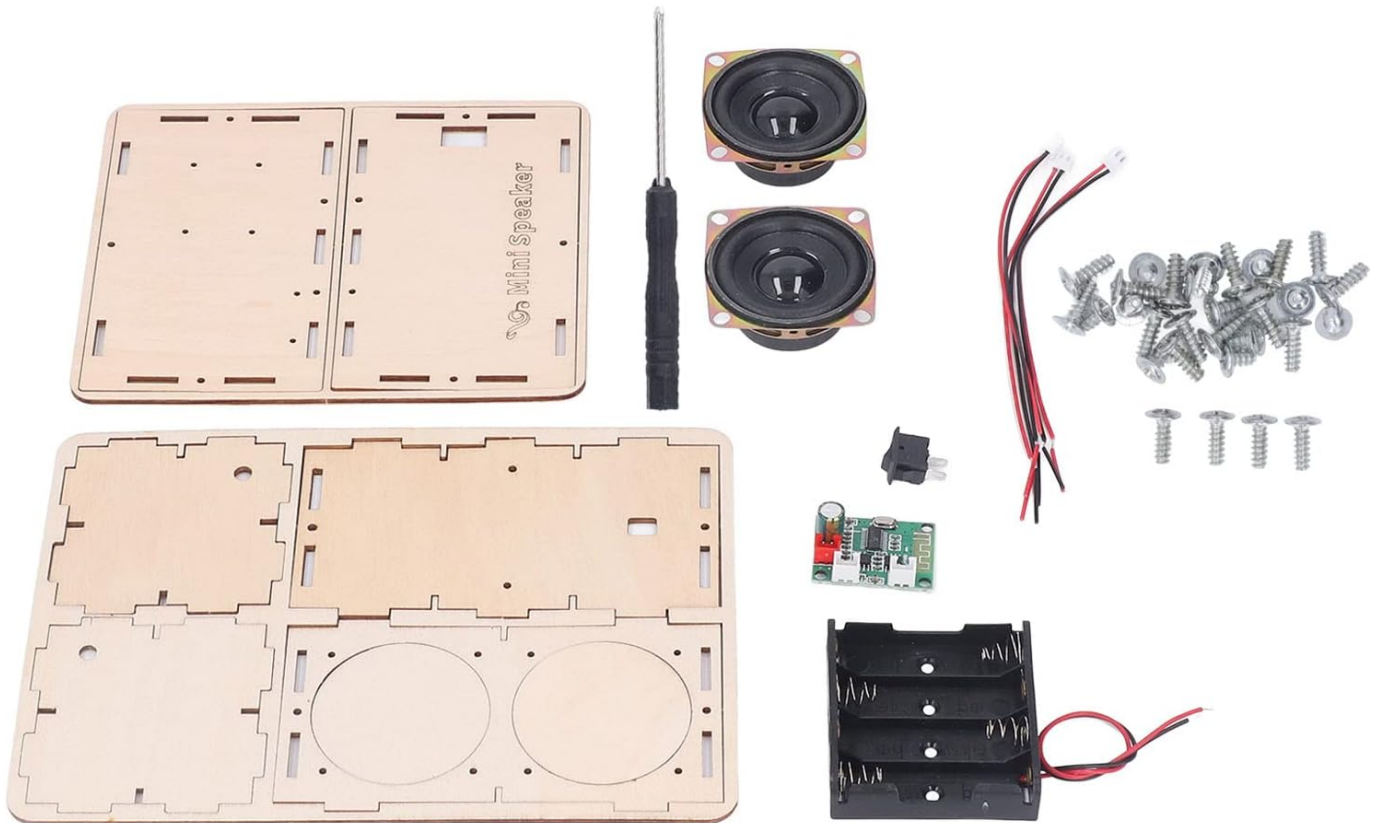
Supplies Needed:

- Order STEM Kit from Amazon

Craft Instructions:

1. Follow instruction that are in the kit.
2. Please note that improper wiring can damage circuit.

***The is a project/craft for older participants.



Game: Race Through the Galaxy

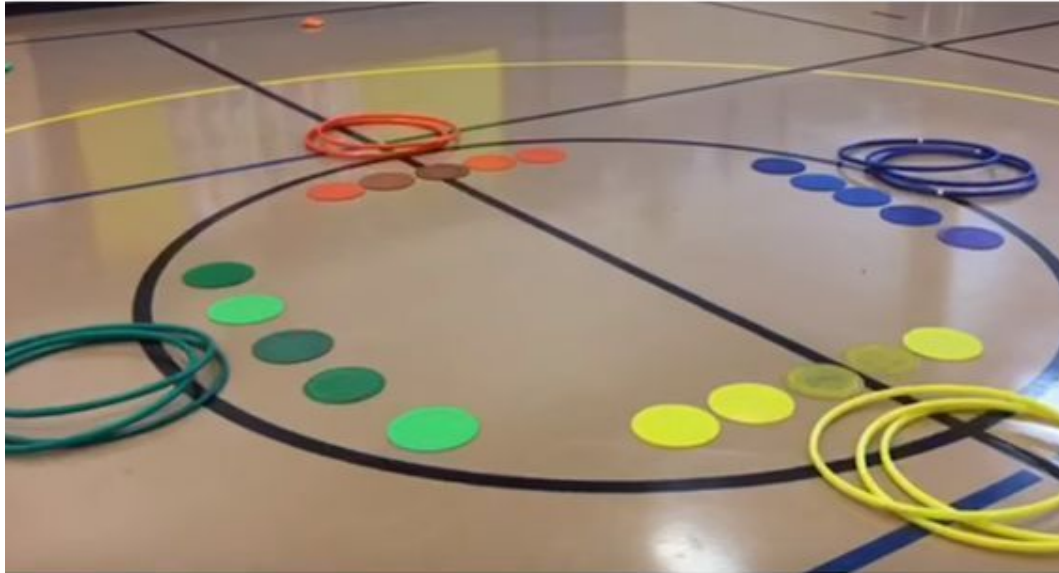
Equipment Needed:

- Bean bags
- Hula hoops
- Poly spots

Game Instructions:

This cooperation activity has teams start either together in the center or in their own areas. The idea is that their planet is almost out of resources, and to survive they need to gather the remaining resources (bean bags) to fuel their colony ship to get to a newly charted planet before others take it. Their planet is mostly toxic lava, so they need to use hovercrafts (hoops) to move around the surface collecting the fuel resources. Once a hoop is placed, it cannot be shifted or moved, aside from picking it back up as long as no one is inside it. This means that students need to gather into 2 hoops (how many depends on your group sizes, but I used 3 hoops for 4-6 students), and always place the 3rd hoop in front of them like laying train tracks. If anyone touches the floor outside of the base or hoops, a penalty is given, which is tossing a collected fuel source in their hands, or back at base, out into the game area (if they have none, then maybe have them walk back to base and start over). Once they get a resource, they either keep it with them, or venture back to their home base and place it on 1 of 5 poly-spots (fuel tanks). The team that gets all 5 filled first wins the race to the new planet.

Race to the Galaxy PE Activity



Game: Puzzler

Equipment Needed:

- Boxes
- Trivia questions

Game Instructions:

Participants are placed on teams of four. Each team must retrieve four large boxes (players on team must answer trivia question to retrieve box). Once all four boxes are retrieved, they must be stacked so that one color does not show more than once on each column. The first team to complete the puzzle wins!



Game: Mission Impossible Obstacle Maze

Equipment Needed:

- Tape
- Crepe paper
- Painters tape

Game Instructions:

Using either crepe paper or flag tape (held in place with painter's tape) create an intricate maze in a hallway for your kids to navigate their bodies through. Put the tape up high and down low, forcing them to step over and crawl under at various points. The only problem is once you make it, your kids will constantly be begging you to make another!



Special Activity: Futuristic Glow Party

Supplies:

- Black lights
- Glow sticks etc.

Short Description:

Put on some fun music and party in the dark!



2024 Summer Camp Activities – Travel Through Time

Week: July 15 - 19

Theme: Medieval Times

Coach: Julian Fernandez



Craft: Fire Breathing Dragon

Supplies Needed:

- Pair of Scissors
- Glue Stick
- Glue Gun or Glue Dots
- 1 paper roll
- 1 piece of construction paper
- 2 pom-poms (1 inch)
- 2 pom-poms (3/8 inch)
- 2 googly eyes
- 3 scraps of tissue paper (red, yellow and orange)

Craft Instructions:

1. Cut the construction paper to the right amount for the toilet paper roll. You will then cover the roll completely with the paper and glue it.
2. Glue the googly eyes using the glue gun to the 1 inch pom-poms for its eyes. You will then glue them together on the back end of the toilet roll.
3. Glue the small pom-poms for its nose at the other end.
4. You will cut the tissue paper for the flames into long, pointy stripes about 9 to 10 inches long.
5. Glue the flames using the glue stick on the inside of the toilet roll and have them spread. Only glue them with the stick and only glue to the tip, not all the way to the bottom of the roll. Gravity will pull down any tissue when you blow the paper roll.
6. Finally your paper roll dragon is complete. Take a deep breath, put your mouth on the end of the paper roll, and blow to see those flames go!



Craft: Tissue Paper Flame Torch

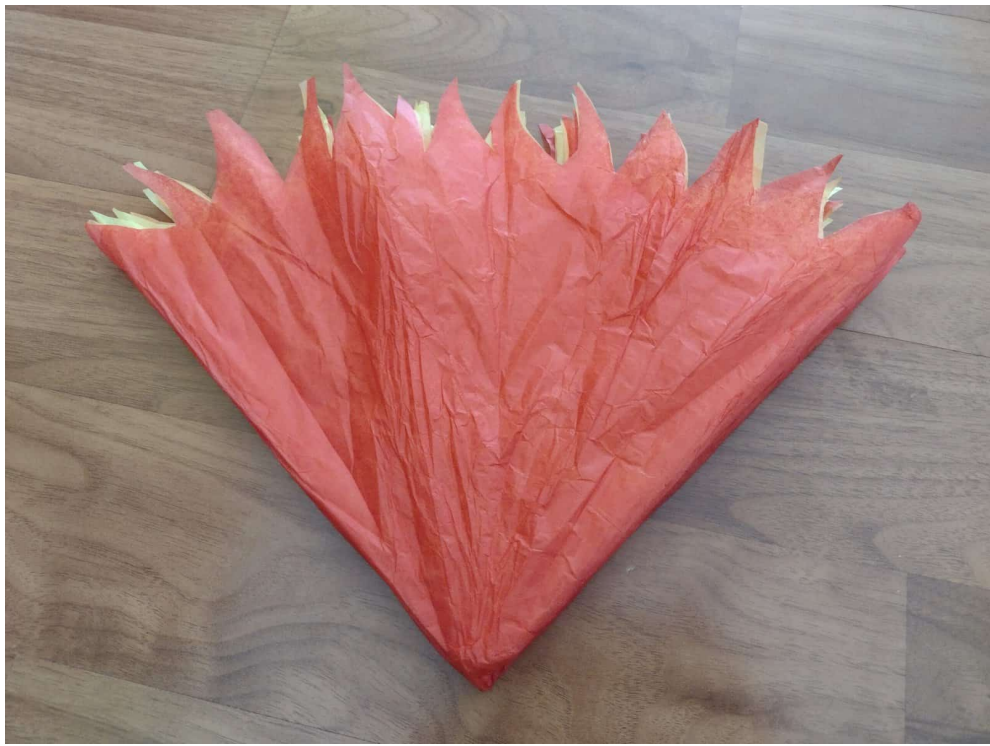
Supplies Needed:

- Black poster paper
- Tissue paper of (red, yellow and orange)
- Scissors
- Glue stick

Craft Instructions:

- 1.To start, cut out the bases to the torches. Use this torch base pattern to cut them out of black poster board. I could have made them full cones, but by cutting off the one side, the cut out portion was not noticeable once they were rolled up.
- 2.Once all the bases are cut out, roll them up and tape them into cones.
- 3.Then make the fire portion: Take a piece of red, orange, and yellow tissue paper and stack them in a pile. Then fold them in half three times until they make a triangle.
- 4.Next round the top of the triangle. This made all the pieces of tissue paper into a big circle. While they are still folded, cut a bunch of wavy fire-like triangles out of the top.
- 5.Unfold the tissue paper and rotate the three circles slightly so they no longer line up. Then find the center and run it through your hand. This made the tissue paper fire into a cone shape, then place it in the torch bases. Hang up each tissue paper torch using sticky tack.





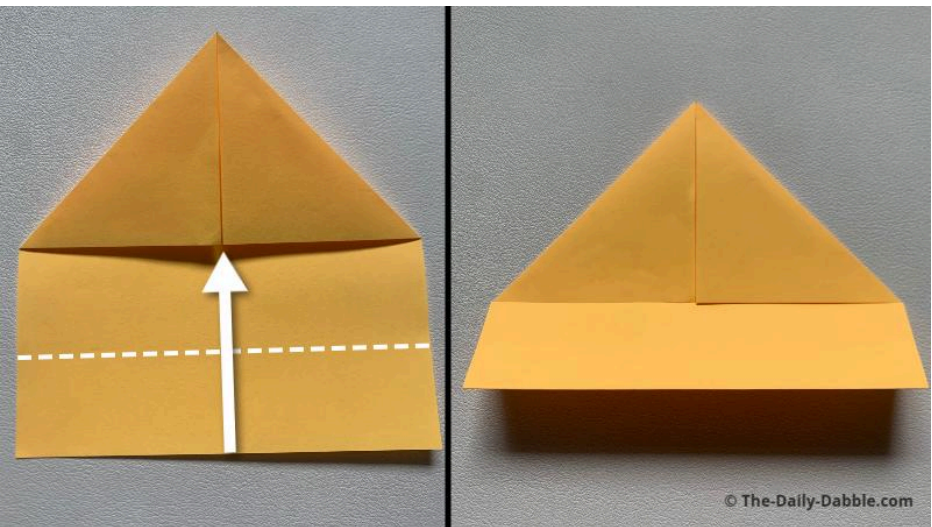
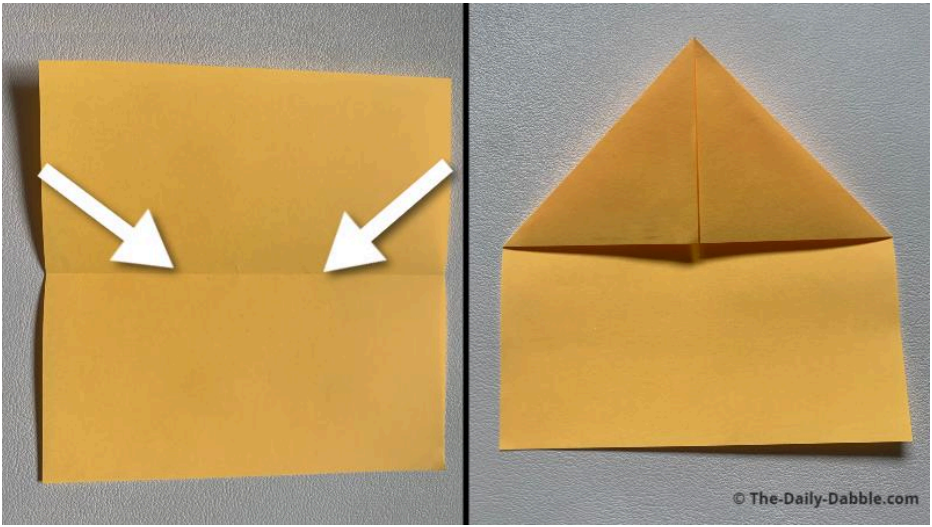
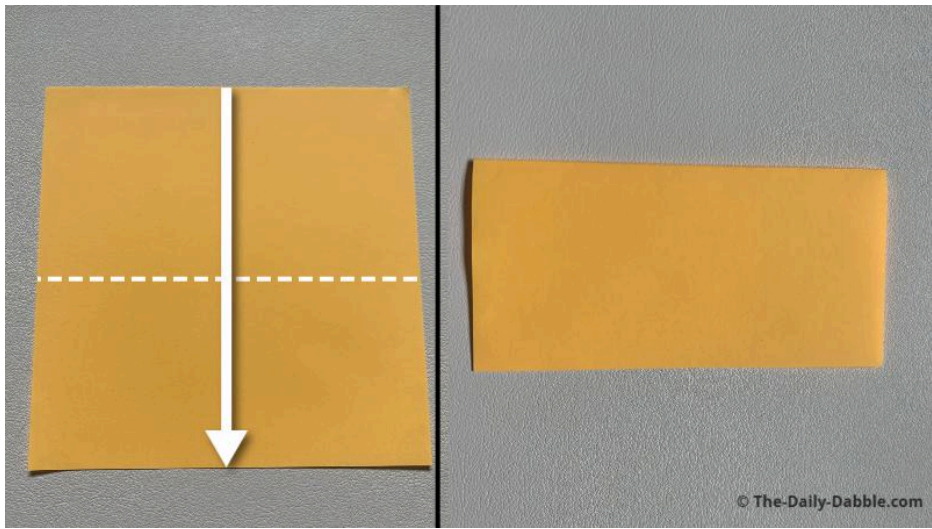
Craft: Origami Crown

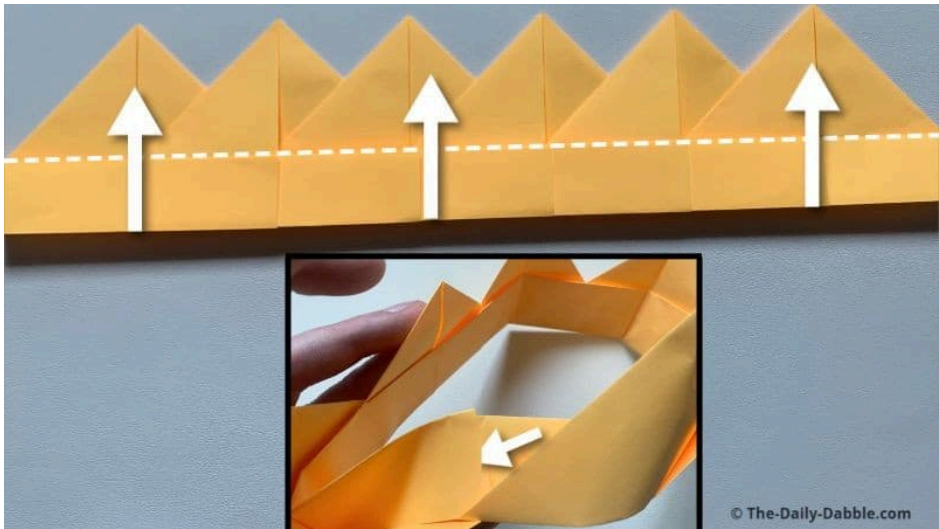
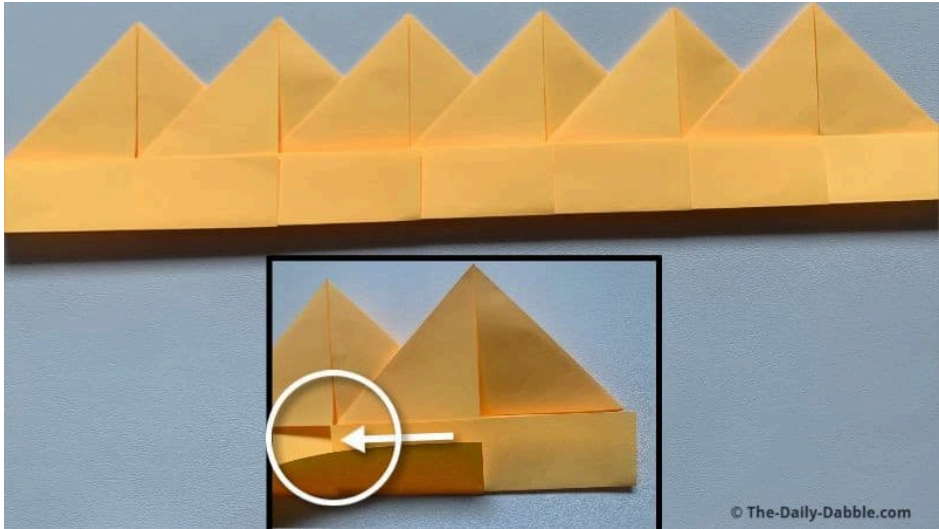
Supplies Needed:

- 4 pieces of yellow construction paper
- Glue stick

Craft Instructions:

- 1.Fold Paper directly in half.
- 2.Fold two points to the horizontal center crease.
- 3.Fold the bottom up to the center.
- 4.Repeat steps 1-3 to fold at least four more sections.
- 5.Slide the sections together in a line.
- 6.Fold all the bottoms up and then link the crown.
- 7.Fold the whole lower edge up while keeping the sections from shifting too much.
- 8.Bend the open corners together and insert them until the point are even.







Game: Jousting (Kid's Version)

Equipment Needed:

- 2 Hopper balls
- 2 pool noodles
- 2 cones

Game Instructions:

Split the group into two teams. Have one team lined up facing one direction and the other team lined up facing the opposite direction. The first child of each team will have a pool noodle (lance) and a hopper ball (horse). They will ride their horse directly to the other side. Once both players meet, they are able to swing and battle for the chance to knock each other off their horses. Once they get to the other side, they will ride back to their starting cone and pass along their lance and horse to the next player. The first team to have all their knights reach their border wins.



Game: Knights vs Prisoners (Capture the Flag)

Equipment Needed:

- Cones
- Flags
- Gold cup (holy grail)

Game Instructions:

The group is divided into two teams, one team is knights the other is prisoners. In the middle of an open field, divide the team with a line of cones as a border line. All kids will wear flags. The point is to grab the holy grail from the opponent's side and bring it back to their side. If you are on the opponent territory and your flag is taken by them, you will go to jail. The only way to get out of a jail is for someone from your team to run to the other side and tag the prisoner and then they both walk back to their territory. Whoever gets the holy grail to their side first without getting their flag pulled, wins.



Game: Tug of War

Equipment Needed:

- 40 to 60 ft. rope
- Red flag connected

Game Instructions:

There will be two teams, one team will be on one end of the rope holding it with both hands and the other team will be on the other end. There will be a red flag connected to the rope. It should be adjusted to line up in the middle of both teams. Once the game starts, both teams will pull the rope as best as they can. The goal is to have the flag come as close to the first player of either team. Whoever grabs it first, wins it for their team. The other team loses and "ITS OFF WITH THEIR HEADS!"



Special Activity: Outdoor Renaissance Fair

Supplies:

- Popcorn
- Cotton candy
- Cups
- Kool aid drinks
- Edible glitter called pearl dust
- Dragon egg hunts (easter eggs)
- Fairy tale trivia
- Prizes
- Backdrop of medieval times (12ft by 10ft)
- 2 giant inflatable sumo balls

Short Description:

Enjoy a medieval festival of food, adventure, wizards and trivia!



Middle Ages Trivia (200 pts)

1) What was the most common job for people living in the Middle Ages? (20 pts)

A. Craftsman

B. Tanner

C. Knight

D. Farmer

E. Mason

2) Who did most of the peasants work for during the Middle Ages? (30 pts)

A. The local lord

B. The king

C. A farming company

D. The government

E. A union

3) What word below best describes life in the cities? (20 pts)

A. Clean

B. Easy

C. Crowded

D. Healthy

E. Quiet

4) True or False: Most people during the Middle Ages lived in nice comfortable castles with many rooms. (10 pts)

True or False

5) What were sumptuary laws? (30 pts)

A. Laws regarding food preparation and cleanliness

B. Laws protecting the rights of the peasant

C. Laws that helped poor people earn fair wages

D. Laws that made sure kings did not steal from their subjects

E. Laws that said what class of people could wear what types of clothing

Middle Ages Trivia (200 pts)

6) True or False: People during the Middle Ages ate meat for nearly every meal. (10 pts)

True or False

7) What did most people drink during the Middle Ages? (20 pts)

A. Ale or wine

B. Milk

C. Fruit juice

D. Water

E. Tea

8) What would happen to a peasant who killed a deer on the land of a noble? (30 pts)

A. Nothing

B. He would be congratulated

C. He could keep the deer

D. He would be punished or even killed

E. He would have to give the deer to the noble

9) True or False: Most children, rich or poor, attended school at the monasteries and learned to read and write. (10 pts)

True or False

10) What was the main food that peasants ate on a daily basis? (20 pts)

A. Meat

B. Milk and puddings

C. Bread and stew

D. Fruits and cheeses

E. All of the above

Middle Ages Trivia (200 pts)

Answer Key (200 pts)

1. **D**
2. **A**
3. **C**
4. **False**
5. **E**
6. **False**
7. **A**
8. **D**
9. **False**
10. **C**

2024 Summer Camp Activities – Travel Through Time

Week: July 22 - 26

Theme: Ancient Rome/ Egypt

Coach: Kenneth Muldrow



Craft: Cleopatra's/Pharaoh's Necklace

Supplies Needed:

- Paper plates
- Scissors
- Gold paint
- Paint brush
- Markers
- Optional: glitter glue, markers, glue stones or stickers

Craft Instructions:

1. Split the edge of the plate and cut out the center
2. Enlarge a little and round the corners that don't hurt.
3. Paint the plate upside down with gold paint. Paint on the side where the food is not placed so that the side is embossed. Let dry.
4. Decorate as you wish. You can glue colored foam, glitter foam, markers, glitter glue, self-adhesive stones, etc. You can also simply decorate with string and thus have a necklace to match the pharaoh bracelet made with a roll of cardboard. To decorate you can use:

- Felt-tip pens to draw round, square or triangular stones. Take the opportunity to offer an algorithmic activity to the children! For a well-colored result, choose "all-surface" felt-tip pens such as Posca or Giotto.

- Glitter stickers.

- Self-adhesive gemstones.

- Self-adhesive foam: We used glitter self-adhesive foam pavers that were left over from a box of self-adhesive mosaics, but you can find sheets of self-adhesive glitter foam to cut out (be careful, it's not that easy for a child to cut).

*To decorate the pharaoh necklace, you don't have to paint gold. Even in white it's very pretty!





LES ABES DU SAMEDI



LES ABES DU SAMEDI

Craft: Grecian Urn

Supplies Needed:

- One large balloon
- An empty oatmeal cylinder
- Duct tape
- Newspaper cut vertically into one-inch strips
- Paper mache paste***
- Heavy cardboard (We used a diaper box.)
- Scissors
- Ruler
- Paint
- Paintbrushes
- Extra newspaper for covering your work surface
- 1 cup all-purpose flour
- 8 cups water
- 6 tbsp. sugar

***Combine flour and four cups of cold water. In a large pot, bring the remaining four cups of water to a boil. Add the flour/water combination and return to a boil. Remove from heat and add the sugar. Cool completely. This will make enough paste to complete one urn with a bit left over. (As I did not have a pot large enough to double or triple this recipe, I divided one recipe's worth into three containers and had to repeat the paste recipe in phase two. There was enough left over paste to save in a covered container for phase three).

Craft Instructions:

1. Before my children began this project, I prepped our workspace by blowing up all the balloons, cutting 8 strips of duct tape per person, cutting the oatmeal containers into three large "rings", and ladling paste into small containers so that everyone had their own paste bucket. Place a blown-up balloon on top of the bottom section of the oatmeal carton. (You could also use the top section with the lid still attached.) Tape it securely in place with duct tape. (Make sure the balloon remains completely upright and does not tilt as you tape it in place. Otherwise, you will end up with a lopsided urn. Such was the case with one of ours.)
2. Now, place the top section (or a middle section) of the oatmeal container on the top of the balloon and tape in place. This is the initial skeleton of the urn. Dip a strip of newspaper into the paste and squeeze off the excess paste between your fingers (You want the strips to be wet but not soaking or dripping.) Beginning at the very top of the urn, press the strip onto the sides of the skeleton. Repeat this until the entire urn has been covered with 2-3 layers of paper mâché. Be sure to stagger the strips so that you get an even surface. Don't forget to cover the inside ridge by pressing strips up and over the top so that they nearly touch the top of the balloon. Although it is not necessary, I'd also recommend pressing strips on the bottom of the urn. It will make for a durable frame.
3. Before finishing this phase, I'd suggest you wet your hands with paste and use them to smooth out any wrinkles. Use firm and fast strokes so that you don't tear the wet layers. The tighter and smoother the paper mâché, the stronger and prettier the urn.
4. Set the urns in a well-ventilated area or outside to dry for at least 24 hours. If you have extra paste, put it in a sealed container to save for the next phase of the process. (If the paste gets a bit clumpy after a few days, slowly add water until it gets to the desired consistency.) Repeat the above steps once again adding 2-3

more layers of paper mâché. Try to keep all the strips vertical. They are easier to attach that way and look much nicer than horizontal ones. Using an exacto knife, cut two one-inch strips of heavy cardboard. (This should be done by an adult or an older teen.) Our strips were about 8 inches in length, but yours will need to be adjusted to fit the size urn skeleton you have created. Bend each strip so that the top and bottom inch remains flat, while the middle rounds over...creating a handle. Secure the handle to the top "lip" portion of the urn with a horizontal strip of duct tape. Then arch the cardboard to your desired handle size and secure the bottom to the urn with another horizontal strip of duct tape. Make adjustments as needed. Once the handle is in the desired position, put another strip of duct tape over the original pieces for extra stability.

- If you are creating an urn with TWO handles, repeat this entire process. Be sure to line up the handles so that they attach at a similar height on each side. (Otherwise, your urn will look lopsided.) Using small strips of paper mâché, secure the top and bottom of the handles to the rest of the paper mâché. (I'd suggest doing a few horizontal pieces and then a few vertical ones.) Now, wrap strips of paper mâché around the handle. Overlap them as needed. Again, fill your hand with paste and smooth out the finished handles. Dry completely.

5. Using a needle or a pin, pop the balloon and remove the pieces. Your urn should be hollow and quite sturdy. Using acrylic paint in terra cotta shades, paint the urn. (Although we did NOT paint the entire inside, we did paint the inside top ridge.) Depending upon the paint, you may need to paint several coats. Let dry completely. Using black paint, add Grecian-themed designs to the urn. Remember, less is best. Although REAL urns were quite elaborate, depicting many scenes of everyday life, we found it easier to keep to simple designs.





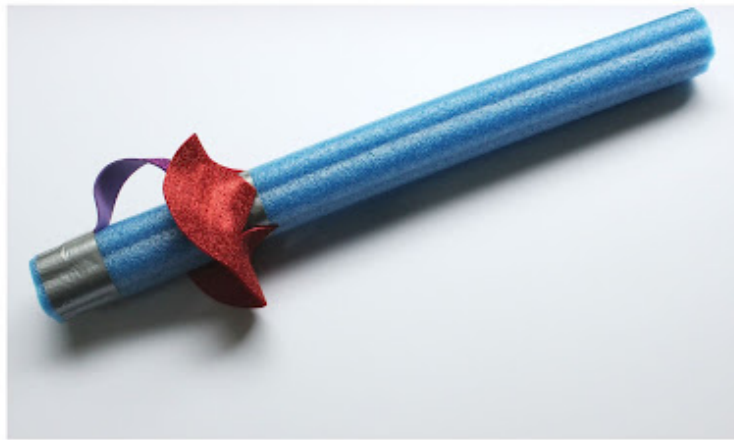
Craft: Pool Noodle Sword

Supplies Needed:

- 1/2 a pool noodle
- Duct tape
- Circle of craft foam about 1 inch wider than the pool noodle
- One foam strip (about 1 and 1/2 inches wide and 6 inches long)

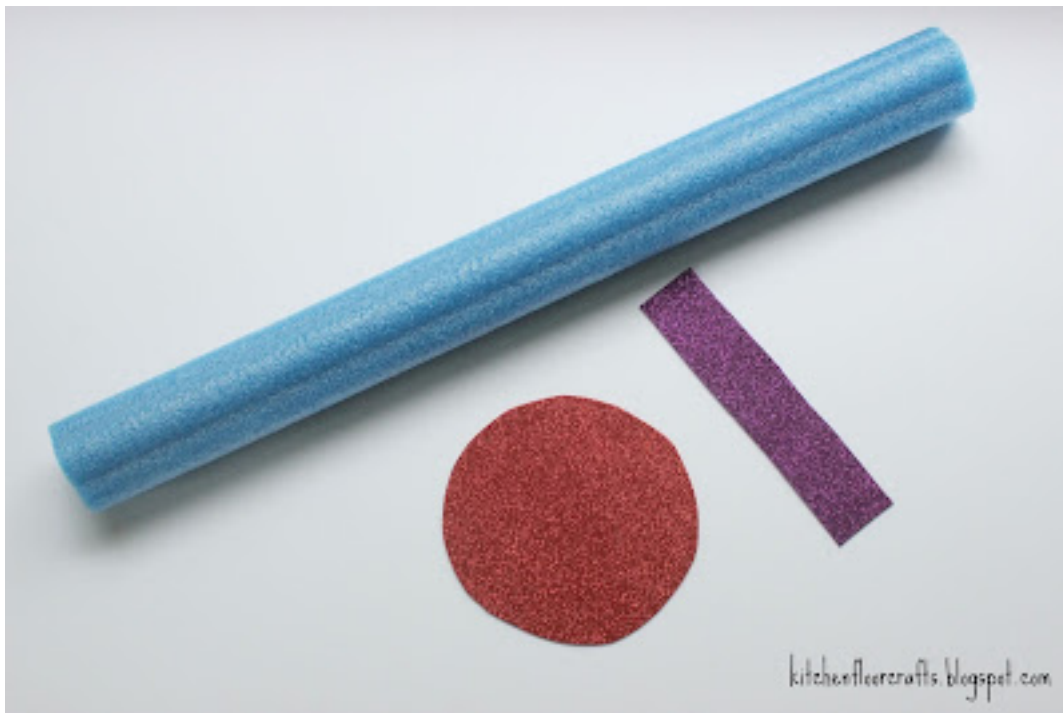
Craft Instructions:

1. Tape the strip of foam to the bottom of one end of the pool noodle with the duct tape.
2. Next tape the other end of the foam up higher on the pool noodle. Tape it so that the foam piece makes a slight bump/curve off of the noodle (to make a handle).
3. Use a knife/exacto knife and cut an "X" into the middle of the foam circle. Don't make the edges of the "X" go too close to the edges of the circle.
4. Slide the circle over the top of the pool noodle (the end opposite the handle) and slide it down so it rests on top of the handle. You can tape above it, but we didn't. That's it, the pool noodle sword is complete!



POOL NOODLE
Sword

kitchenfloorcrafts.blogspot.com



kitchenfloorcrafts.blogspot.com



kitchenfloorcrafts.blogspot.com



kitchenfloorcrafts.blogspot.com

Game: Ancient Egyptian Tic-Tac-Toe

Equipment Needed:

- 4 ice cream sticks
- Gold paint
- Black paint
- 8 wooden washers

Game Instructions:

The goal of the game is to be the first to line up 3 pieces vertically, horizontally or diagonally. Each player takes turns placing a piece in a square, aiming to line up 3 of their pawns and prevent the other player from lining up theirs. The first one to line up 3 pawns wins.



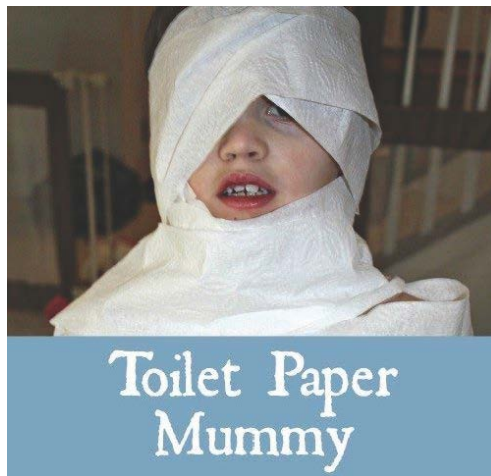
Game: Toilet Paper Mummy

Equipment Needed:

- 2 rolls of toilet paper

Game Instructions:

Have whoever is being 'mummified' hold the end of the toilet paper in their hand and then slowly and gently walk around them until they are completely wrapped in toilet paper.



Game: Cup Pyramids

Equipment Needed:

- 21 red Solo cups

Game Instructions:

Kids will have to stack 21 red Solo cups into a tower formation and maintain the stack of cups for five seconds then quickly put it back in one stack in under a minute. This is a slightly challenging, yet fun, red Solo cup game for kids especially with the trouble of making the pyramid of Solo cups stand sturdy for five seconds. This game can easily turn a boring day into a fun and unforgettable one without exerting much effort at all! It is perfect for good hand/eye coordination skill building as well.



Special Activity: Mummy Dogs

Supplies:

- Package of 8 hot dogs
- One can of refrigerated crescent rolls cloves

Short Description:

These are very easy to make. Just separate all of the crescent rolls and then roll them out a little bit with a rolling pin. Then place a hot dog in the middle of each roll and cut a slit on each side of the roll as shown in the picture below. Then start wrapping your hot dog. First, I folded down the top of the crescent roll and then just wrapped one side around and then the other. Just make sure you leave an opening at the top for his 'face.' Bake in the oven according to the crescent roll packaging. When they are done baking, place cloves for the eyes.



2024 Summer Camp Activities – Travel Through Time

Week: July 29 - August 2

Theme: Decade Throwback

Coach: Tamika Bennett



Craft: Tie Dye T-shirts

Supplies Needed:

- Tie Dye Kit
- Gloves
- Rubber bands
- White T-shirt
- Plastic to cover work area

Craft Instructions:

- 1.Find a workspace that can get messy. Prep your fabric by prewashing it.
- 2.Secure with rubber bands based on technique chosen. Examples of techniques :
Spiral and Crumple (The crumple is simple enough for kids to do).
- 3.Add dye color on each side.
- 4.Let your project set 6-8 hours or overnight.
- 5.Remove rubber bands to reveal design.
- 6.Rinse, dry and wear.



Craft: Dream Catcher

Supplies Needed:

- Paper plates
- 55 inches of yarn
- Feathers
- Pony beads
- Markers
- Single-hole punch
- Glue or tape

Craft Instructions:

- 1.Prepare & decorate paper plate.
- 2.Carefully cut out the center, or inner circle, of the paper plate.
- 3.Using a one-hole punch, punch eight evenly spaced holes around the inside edge of the paper plate. Punch two holes in the top of the outer edge of the paper plate roughly 2 inches apart - This will be where the dreamcatcher is hung. Punch three holes 2 inches apart on the bottom of the outer edge of the paper plate - These will be where the feathers hang.
- 4.Decorate the paper plate however you would like.
- 5.Tie one end to any of the inner holes, knotting it in place. Thread this yarn through the eight inner holes in whatever pattern you would like, crossing them over each other to create a web pattern.
- 6.String beads on the yarn as you do so.



Craft: DIY Lava Lamps

Supplies Needed:

- A clean transparent water bottle
- Vegetable oil or baby oil
- Water
- Alka-Seltzer tablets
- Food coloring
-

Craft Instructions:

- 1.Fill the bottle about half full of water and add a few drops of food coloring.
- 2.Fill the rest of the bottle with oil and allow the components to settle and separate.
- 3.Break an Alka-Seltzer tablet into quarters and drop one piece into the bottle.



Game: Capture the Flag

Equipment Needed:

- Two flags or other markers

Game Instructions:

This game is most fun when played with a large group. Split the group into two teams, each team having a flag or other marker at the team's base. The object of the game is to run into the other team's territory, capture their flag and make it safely back to your own territory. You can tag "enemy" players in your territory, sending them to your jail. They can be sprung from jail by a member of their own team running into your territory, tagging them and running back, with one freed person allowed per jail break. It is sometimes played that all the people in jail could hold hands and make a chain back toward their own territory, making it easier for members of their team to tag them.



Game: S.P.U.D.

Equipment Needed:

- One playground ball
- A gym or large field

Game Instructions:

This a fun game for all ages. Line participants up and give each their own number to remember. Students often forget their number so ask them to repeat it back to you to make sure they remember. Explain the rules. Teach and fairly enforce a consequence for throwing above the waist. With everyone standing close to you, throw the ball straight into the air while shouting out one of the student's numbers. The student whose number has been called quickly gets the ball and shouts "SPUD" as soon as they touch it. All other students run away until they hear "SPUD." When they hear "SPUD," the student with the ball may then take four steps, spelling "S", "P", "U", "D" with each step towards any other student. S/he may then roll or throw the ball at a student, trying to hit below the waist. The frozen student cannot move their feet, but may try to catch the ball or evade with their upper body. If the student is hit with the ball, they get a letter (i.e. "S"). If they catch it or the thrower misses, the thrower gets a letter. Whichever student received a letter gets to begin the next round by throwing the ball up and shouting a new number. If a student gets all four letters (SPUD) they are out of the game.



Game: Double Dutch

Equipment Needed:

- Two Jump Ropes, 12–14 feet long

Game Instructions:

Double Dutch is a form of jumping rope that involves two ropes and one or more jumpers. Two people rhythmically turn the ropes while the jumper(s) hops over them. Decide who will turn the ropes and who will jump in. Stand with your feet shoulder-width apart and your knees slightly bent. This will allow you to move your arms freely without throwing yourself off balance. Grip the ropes. Having a solid grip will allow you to move the ropes at speed without them slipping. Rotate the ropes. Decide which rope will start and begin to rotate. To ensure you and your partner begin rotating at the same time, one of you can say, “Ready, set, go.” Find your rhythm. This will be best accomplished by listening to the ropes. You are looking for a consistent sound. Have the jumper join. The turner will often say, “Ready, set, go.” Then the jumper enters on “go.” If the jumper is new to Double Dutch, you may want to slow down a bit for them to enter. Enter diagonally. Start beside one of the turners. It can be tempting to start from the center, but this is more difficult. The turner should say, “Ready, set, go,” and you will enter on “go.” This should happen when the rope closest to you hits the ground.



Special Activity: Backyard Barbecue/Hamburger Sliders

Supplies:

- Oven, stove or griddle
- 12 Hawaiian Rolls (1 package of Kings Hawaiian Rolls)
- 1 pound ground beef or 2 lbs. for thicker burgers
- 1 teaspoon seasoned salt
- ½ teaspoon black pepper (Or seasoning of your choice. I like Tony's Creole Seasoning)
- 6 slices of American cheese

Short Description:

Preheat your oven or griddle to 375°.

Take the white tray of buns out of the bag packaging (if using King's Hawaiian Rolls).

Using parchment paper, unroll enough paper to make it the size of the tray that the rolls come in. Cut the parchment paper to the size of the tray of rolls.

Set the tray of rolls aside and place raw ground beef on parchment paper and flatten to the size of the parchment paper.

(Tip: Ground beef can "shrink" when cooking so if desired, you can spread/flatten it out a little over the edges to help it fit the buns, even if it shrinks!)

NOTE: You're using the parchment paper as a guide to know what size to flatten the ground beef to so it can fit nicely on the rolls after cooking. If you prefer a thicker burger patty, you may want to use 2 lbs of ground beef, just know that it may have a longer bake time than instructed in the recipe card.

Season ground beef with your choice of seasoning(Amounts given in recipe card, or you can use your desired amount!)

Now place parchment paper and ground beef rectangle in rimmed baking sheet or cake pan.

Bake at 375° for 15-17 minutes or on griddle until juices run clear on the top.



2024 Summer Camp Activities – Travel Through Time

Week: August 5 - 9

After-School Preparation

We would like to thank everyone for all their hard work that helped make this an amazing summer. Crafts were made, games were played, and field trips were a success. Dedicate this time to celebrating the last week of summer vacation with the campers and preparing your sites for the start of a new school year. We appreciate all that you do and we look forward to another great summer camp in 2025.

