

AMERICAN RED CROSS LIFEGUARD COURSE



Must be at least 15 years old and pass a prerequisite test of the following challenges

- * Swim 150 yards using the front crawl, breaststroke, or a combination of both.
- * Maintain position at the surface of the water for 2 minutes by treading water using only the legs.
- * Swim 50 yards using the front crawl, breaststroke, or a combination of both.
- * Complete a 20-yard swim in which candidates must retrieve a 10-pound object from the bottom of the deep end of the pool, return it to the starting point, and exit the pool within 1 minute and 40 seconds.

Day	Date	Time	Location	Phone
Sat/Sun	Jan. 25, 26, Feb. 1, 2	10 am-4 pm	Danny Del Rio Pool, 10105 N Boulevard	(813) 931-2107
Sat/Sun	Feb. 15, 16, 22, 23	10 am-5 pm	Cyrus Greene Pool, 2101 E MLK Blvd.	(813) 424-5350
Sat	Feb. 15, 22, March 1, 8	9 am-3 pm	Loretta Ingraham Pool, 1611 N Hubert Ave.	(813) 348-2080
Sat/Sun	March 1, 2, 8, 9	8 am-1 pm	Bobby Hicks Pool, 4120 W Mango Ave.	(813) 832-1217
Sat/Sun	March 1, 2, 8, 9	10 am-4pm	Danny Del Rio Pool, 10105 N Boulevard	(813) 931-2107
Sat/Sun	March 8, 9, 15, 16	10 am-5 pm	Cyrus Greene Pool, 2101 E MLK Blvd.	(813) 424-5350
Sun	March 9, 16, 23, 30	9 am-5 pm	Interbay Pool, 4321 W Estrella St.	(813) 282-2910
Sat/Sun	March 15, 16, 22, 23	8 am-1 pm	Bobby Hicks Pool, 4120 W Mango Ave.	(813) 832-1217
Tue-Sat	March 18, 19, 20, 21, 22	9 am-3 pm	Loretta Ingraham Pool, 1611 N Hubert Ave.	(813) 931-2107
Sat/Sun	April 5, 6, 12, 13	10 am-5 pm	Cyrus Greene Pool, 2101 E MLK Blvd.	(813) 424-5350
Sat/Sun	April 5, 6, 12, 13	10 am-4 pm	Danny Del Rio Pool, 10105 N Boulevard	(813) 931-2107
Sat/Sun	April 5, 6, 12, 13	9 am-5 pm	Interbay Pool, 4321 W Estrella St.	(813) 282-2910
Sat/Sun	April 26, 27, May 3, 4	8 am-1 pm	Bobby Hicks Pool, 4120 W Mango Ave.	(813) 832-1217
Sat/Sun	April 26, 27, May 3, 4	9 am-5 pm	Loretta Ingraham Pool, 1611 N Hubert Ave.	(813) 931-2107

ALL CLASSES ARE BLENDED LEARNING, WHICH REQUIRES SOME ASSIGNMENTS COMPLETED AT HOME ON YOUR COMPUTER PRIOR TO AND DURING THE COURSE

**Class fee is \$100, reduced to \$45 for
City of Tampa Lifeguard Candidates only**

For more information, call (813) 753-5059

**DISTRIBUTION OF THIS INFORMATION DOES NOT IMPLY ENDORSEMENT OF THIS
ACTIVITY BY HILLSBOROUGH COUNTY PUBLIC SCHOOLS**



**Parks & Recreation
CITY OF TAMPA**



APPLY TODAY TAMPA.GOV/LIFEGUARD