

# DAILY

## Events at David M. Barksdale Center

1801 N Lincoln Avenue | Tampa, FL 33607

(813) 348-1180

Membership Rec Card \$15 a year

Open Monday-Friday, 8 a.m.-6 p.m.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

9

Shuffleboard  
9-9:45

Gentle Moves

9-Ball (Rikter) Sewing/  
(Charlie) 10-10:45 Quilting  
10-TBD 10-12

Shuffleboard  
9-9:45

#### Legend

Fitness/Sports

Games/Activities

Arts & Crafts

Gentle Moves

9-Ball (Rikter) Art/  
(Charlie) 10-10:45 Painting  
10-TBD 10-12

8-Ball (Charlie) Line Dancing  
10 until ... (Gail)  
10-10:45

10

Line Dancing  
(Gail)  
10-10:45

HIIT  
(Meredith)  
10-10:45

Strength Trn  
(Clarence)  
11-11:45

Bridge  
11-1

Dance Moves  
(Rikter)  
11-11:45

11

Bingo (Clarence) Conditioning  
(Meredith)  
11-11:45 11-11:45

Strength Training  
(Clarence)  
11-11:45

Beginner Line Dancing  
(Gail)  
11-11:45

12

Circuit Training  
(Charlie)  
12-12:45

Chair Yoga  
(Rikter)  
12-12:45

Strength Training  
(Clarence)  
12-12:45

Chair Yoga  
(Rikter)  
12-12:45

1

Dominoes (1-1:45) Pickleball  
Lessons 1-3

Urban Line Dancing  
(Latricia)  
1-1:45

Circuit Training  
(Charlie)  
1-1:45

Movie  
(Dining Room)  
1-3

2

Pickleball Open Play  
2-5:30

Pickleball Open Play  
2-5:30

Pickleball Open Play  
2-5:30

Pickleball  
Open Play  
2-5:30

3

Pickleball Open Play  
3-5:30

4

5

NYAME'S COMPUTER/CELL PHONE CLASS (\$5 per class) Monday, 10 a.m. and 11 a.m., Tuesday, 11:30 a.m. Ask at the desk.