

# CYRUS GREENE — AUGUST 10-JANUARY 3

2101 E Martin Luther King Jr. Blvd.

(813) 242-5350

[tampa.gov/pools](http://tampa.gov/pools)

**Pool Highlights: ADA Zero Entry, Interactive Water Feature, Open Year-Round**

Activities	SUN	MON	TUE	WED	THU	FRI	SAT
Open Swim (Non-swimmers & Guardians)	—	Noon-3:30 pm	Noon-4 pm	Noon-4 pm	Noon-4 pm	2:30-4 pm	Noon-4 pm
Lap Swim	—	9-11 am 3-7 pm	9-11 am 3-7 pm	9-11 am 3-7 pm	9-11 am 3-7 pm	9-11 am 3-6 pm	9-11 am
Parent/Child Aquatics (6 months-3 years)	—	9-9:30 am	—	9-9:30 am	—	—	—
Parent/Child Aquatics (6 months-3 years)	—	—	9-9:30 am	—	9-9:30 am	—	—
Parent/Child Aquatics (6 months-3 years)	—	—	—	—	—	—	9-9:30 am
Pre-School Aquatics (3-5 years)	—	9:30-10 am	—	9:30-10 am	—	—	—
Pre-School Aquatics (3-5 years)	—	—	9:30-10 am	—	9:30-10 am	—	—
Pre-School Aquatics (3-5 years)	—	—	—	—	—	—	9:30-10 am
Learn To Swim (6-15 years)	—	—	—	—	—	—	10-10:30 am
Adult Lessons (16 & up)	—	—	—	—	—	—	10:30-11 am
Aqua Fitness	—	11 am-noon	11 am-noon	11 am-noon	11 am-noon	—	11 am-noon
Team Tampa Developmental	—	5:30-6:30 pm	—	5:30-6:30 pm	—	—	9-10 am
Team Tampa	—	6-7 pm	6-7 pm	6-7 pm	6-7 pm	—	10-11 am
High School Swim Team 8/10-11/8	—	3-4:30 pm	4-5:30 pm	4-5:30 pm	4-5:30 pm	4-5:30 pm	—



## SWIM LESSON SESSION DATES (8 total lessons)

Classes 2 days a week:

Session I: Weeks of August 11–September 5

Session II: Weeks of September 8– October 3

Session III: Weeks of October 6–31

Session IV: Weeks of November 3– December 5\*

\* Bye Week November 24-28

Classes 1 day a week:

Session I: August 16– October 4

Session II: October 11– December 6\*

\* Bye Week November 29

### PARENT/CHILD AQUATICS, AGES 6 MONTHS-3 YEARS

**\$24 per session (8 lessons)**

This program familiarizes young children with the water and prepares them to learn to swim. Parents are given safety information, taught techniques to help orient children to the water, and direction regarding how to supervise water activities. This is a great bonding experience with wonderful lifelong memories.

### PRESCHOOL AQUATICS, AGES 3-5 YEARS

**\$24 per session (8 lessons)**

This program promotes the developmentally appropriate learning of fundamental water safety and aquatic skills. Skills include aquatic and water safety with water entry/exit, breath control and submerging, buoyancy, changing direction and position, treading, swim on front and back, and water safety.

### LEARN TO SWIM, AGES 6-15

**\$24 per session (8 lessons)**

In levels 1-3, participants improve water comfort level and begin to learn swimming basics. As levels increase, body position becomes more horizontal and they start to make forward progress in the water with ease. In levels 4-6, participants build on basic skills, learn various propulsive movements, refine strokes and increase endurance.

*An instructor will assign the participant's level; Must pass Red Cross Level 3 Water Competency Exit Assessment*

### ADULT SWIM LESSONS, AGES 16 & UP

**\$24 per session (8 lessons)**

Whether you are just learning to swim or simply want to improve your strokes, our instructors will work with you so you can gain more skill and confidence in the water.

### PRIVATE LESSONS

**\$12.50 per 30-minute lesson**

Based on staff and scheduling availability.

### LAP SWIM, AGES 18 & UP OR BY SPECIAL PERMISSION

**Current Lap Swim Pass**

Lap lanes are reserved for lap swim or aqua jogging. Shared lanes and circle swim may be required depending on participant volume.

Individuals under 18 should speak with the pool staff about permission to use the lanes.

### OPEN SWIM

**Current Rec Card or pay daily drop-in fee**

Enjoy pool and all amenities. Proper attire required. Swimmers under 18 will be tested and given wrist band to signify shallow or deep-swim ability. Floatation devices must be Coast Guard approved. Life vests available upon request. Children under 8 must be accompanied by an adult in the water and out. Note feature pool & main pool schedules.

### AQUA FITNESS

**Current Rec Card or pay daily drop-in fee**

Medium-intensity, low-impact workout in chest-deep water. Class will increase cardiovascular endurance and emphasize muscular strength and flexibility. Water equipment will be used for added resistance. Water dumbbells and water noodles provided.

### TEAM TAMPA

**Class Fee: Current Rec Card and Active Membership for Activity**

Swimmer must be able to swim 25 yards unassisted. Take your swimming experience one step further. If your child loves to swim and wants to learn more about competitive swimming techniques, Team Tampa presents an excellent opportunity to grow. Swimmers participate in regularly-scheduled practices and apply their new knowledge of swimming towards competitive swim meets year-round. Team Tampa is aimed at developing skills in freestyle, back stroke, breast stroke, and butterfly in a child-friendly atmosphere. Inquire about the availability of this activity with an Aquatic lead.

### Fall 2025 Special Hours

Monday, September 1, Open Swim, Noon-5 pm

Thursday, September 4, HS Meet, 6pm-close

Thursday, September 11, HS Meet, 6pm-close

Wednesday, September 24, HS Meet, 6pm-close

Tuesday, October 7, HS Meet, 6pm-close

Tuesday, November 11, Closed

Thursday & Friday, November 27 & 28, Closed

Wednesday & Thursday, December 24 & 25, Closed

Thursday, January 1, Closed

### City of Tampa Parks and Recreation Aquatic Fees

#### Resident Rec Card

\$15 per person

\$50 per family

*Family includes any 2 adults and all children under age 18 residing at the same address*

#### Non-resident Rec Card

\$30 per person

\$100 per family

#### Senior Non-residents and Disabled Non-resident Youth

**may purchase Rec Cards at Resident rates.**

#### Lap Swim Pass

\$10 per month

\$25 for 4 months

\$65 a year

#### Daily Drop-in Swim Fee

\$2 Youth and Senior

\$4 Adult



Parks & Recreation  
CITY OF TAMPA