



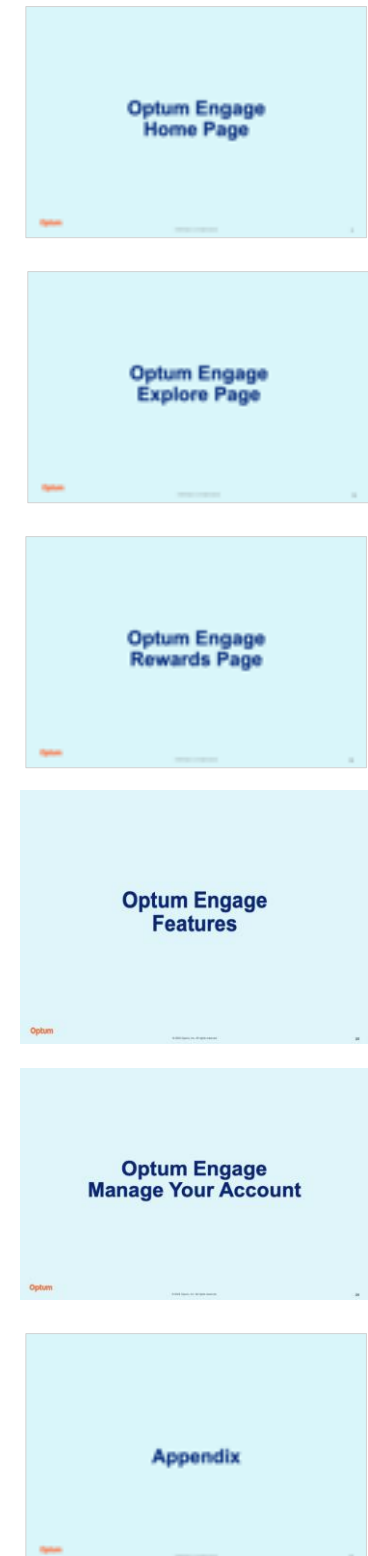
Optum Engage Overview 2026

City of Tampa

January 2026

Presentation Summary

- Home Page Overview
- Explore Page Overview
- Rewards Page Overview
- Features Overview
- Manage Your Account Overview
- Appendix
 - Specific Affiliation Screens
- Troubleshooting and Workarounds

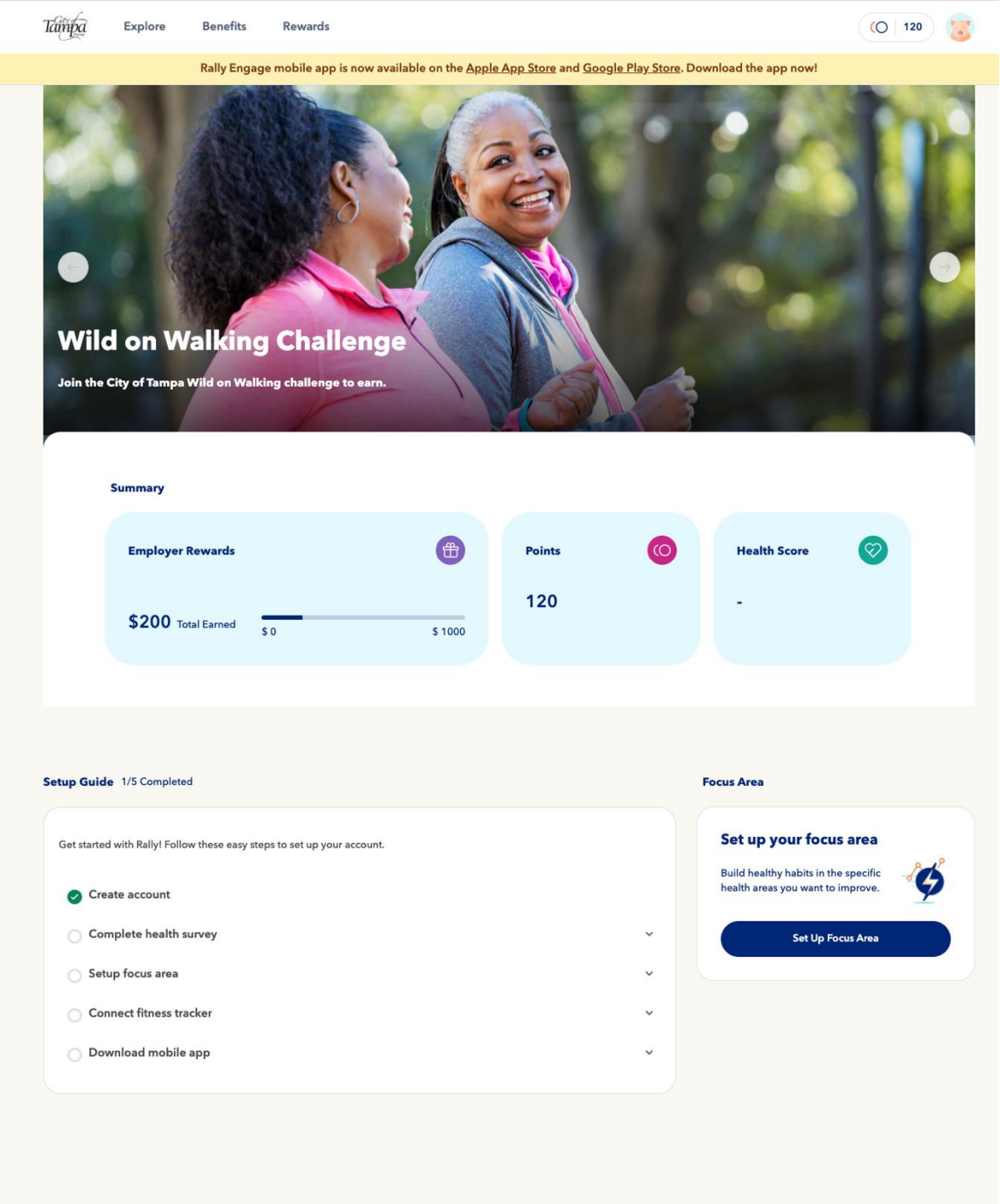


Optum Engage Home Page

Home Page

Members see the following features on the **Home Page** when entering the website or app:

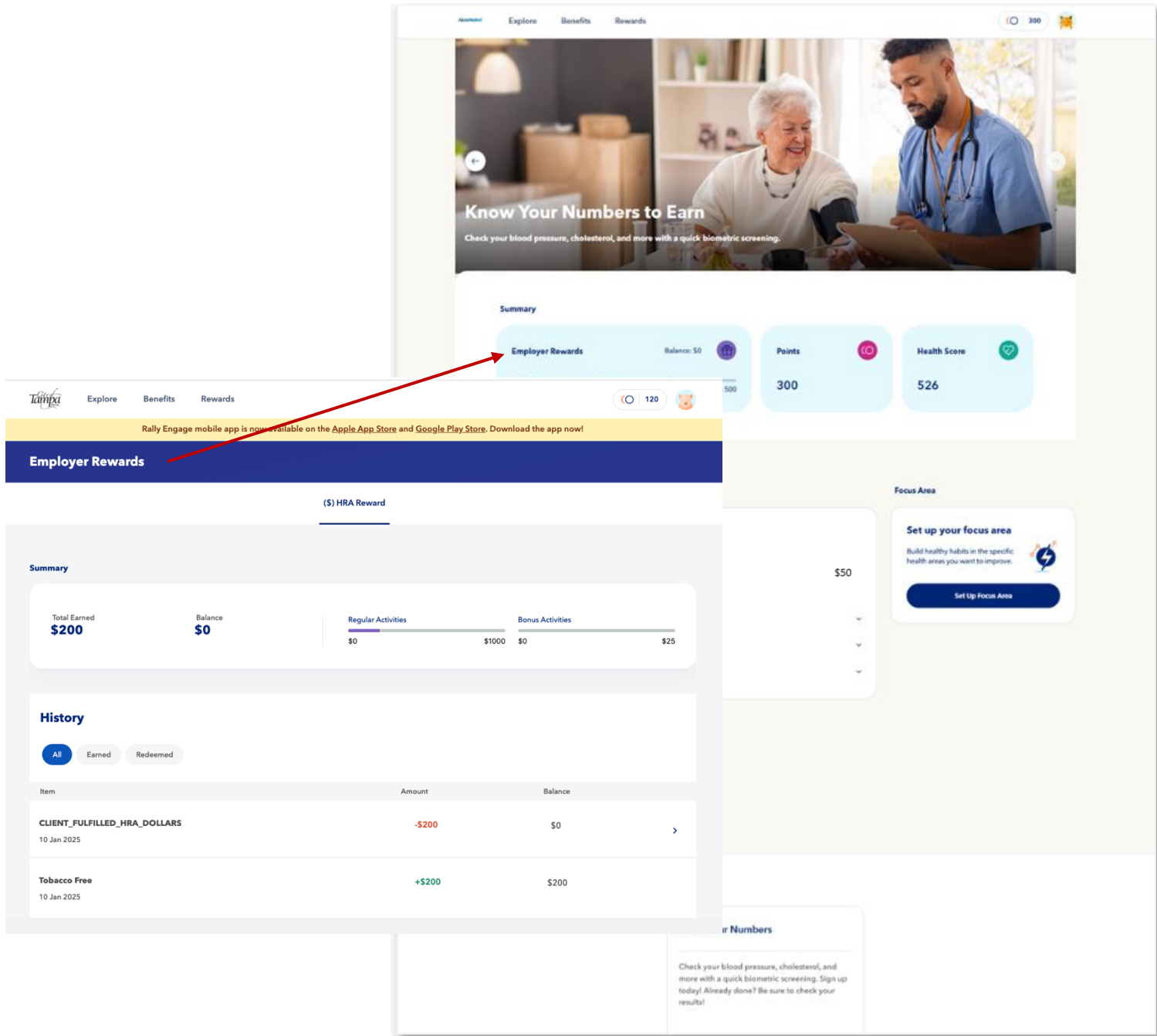
- Spotlight Banner
- Summary of:
 - **Employer Rewards:** incentives or benefits provided by an employer as part of a broader rewards, recognition and health strategy.
 - **Points:** Participants earn points based on their engagement or performance, which can later be redeemed for various rewards.
 - **Health Score:** A composite indicator used to measure and assess an individual's overall health and well-being.
- Setup Guide
- Focus Area
- Top Picks



Home Page | Employer Rewards Affiliation 2

From the home page, members can click on **Employer Rewards** which includes

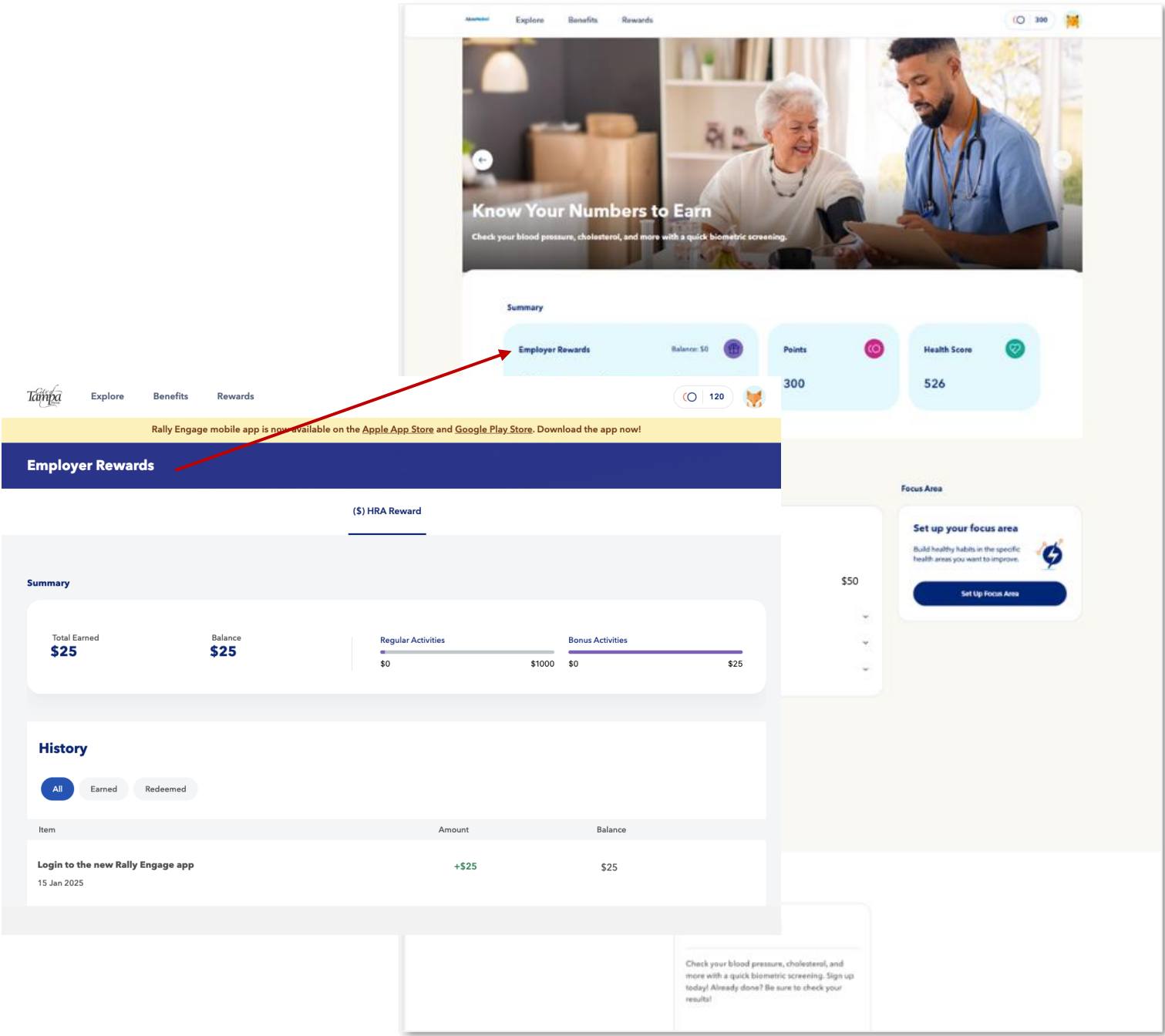
- Summary Section:
 - Total Earned: The cumulative rewards earned
 - Balance: The current reward balance after fulfillment.
 - A progress bar indicating regular activities completed towards a goal.
- History Section:
 - A detailed transaction log organized by Item, Amount, and Balance.
 - Includes separate tabs to filter between all, earned, and redeemed transactions.
 - A running balance is displayed after each transaction.



Home Page | Employer Rewards Affiliation 3

From the home page, members can click on **Employer Rewards** which includes

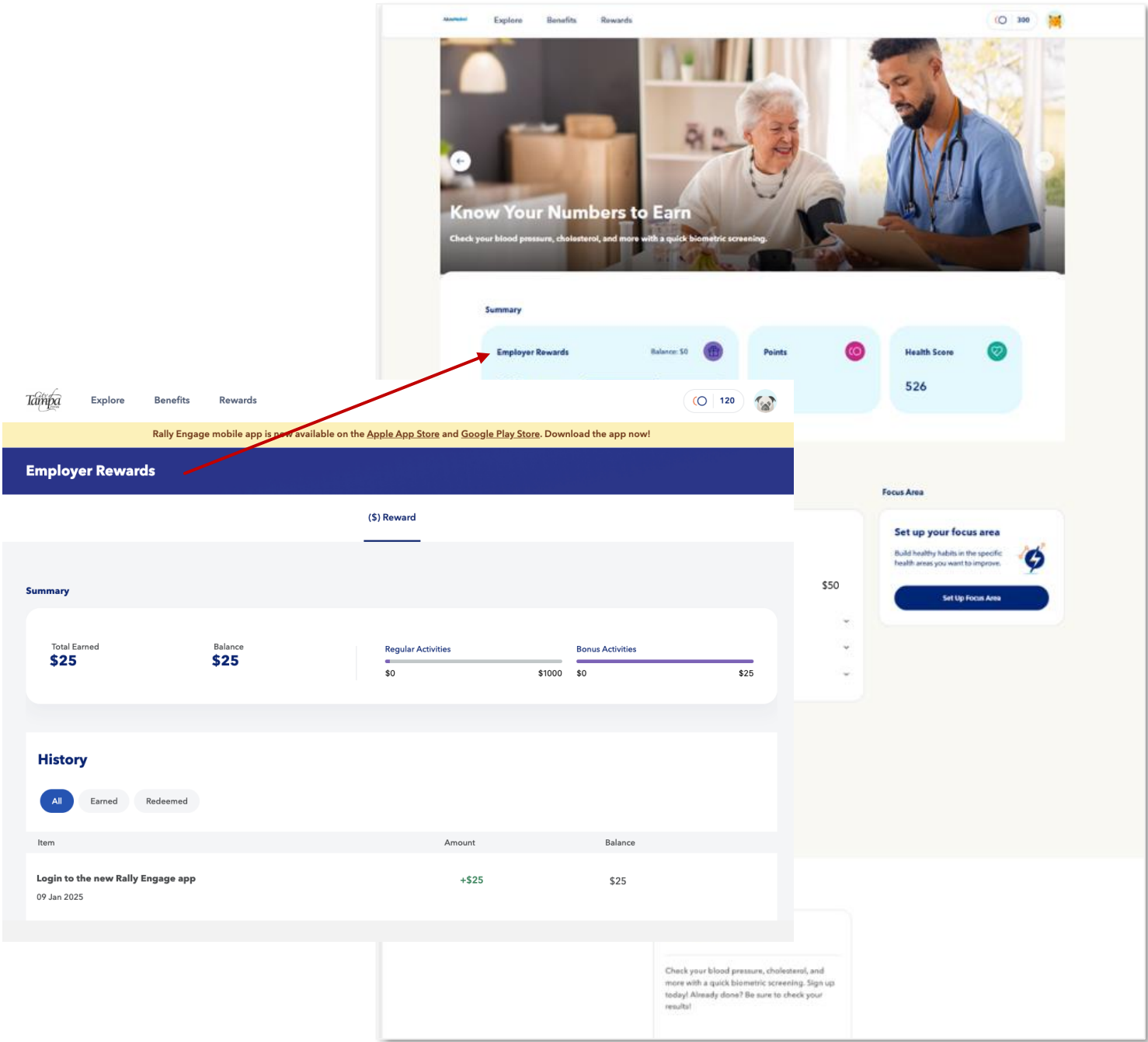
- Summary Section:
 - Total Earned: The cumulative rewards earned
 - Balance: The current reward balance after fulfillment.
 - A progress bar indicating regular activities completed towards a goal.
- History Section:
 - A detailed transaction log organized by Item, Amount, and Balance.
 - Includes separate tabs to filter between all, earned, and redeemed transactions.
 - A running balance is displayed after each transaction.



Home Page | Employer Rewards Affiliation 4

From the home page, members can click on **Employer Rewards** which includes

- Summary Section:
 - Total Earned: The cumulative rewards earned
 - Balance: The current reward balance after fulfillment.
 - A progress bar indicating regular activities completed towards a goal.
- History Section:
 - A detailed transaction log organized by Item, Amount, and Balance.
 - Includes separate tabs to filter between all, earned, and redeemed transactions.
 - A running balance is displayed after each transaction.



Home Page | My Points

From the home page, members can click on **Points** which includes

- Summary Section:
 - Total Earned: Displays the cumulative points earned (e.g., 300).
 - Balance: Shows the current available balance of points (e.g., 300).
- History Section:
 - A detailed transaction log organized by Item, Amount, and Balance.
 - Includes separate tabs to filter between all, earned, and redeemed transactions.
 - Displays actions that contributed to earning points.
 - Includes a running balance for each transaction, starting from the earliest activity and updating with each entry.

My Points

Summary

Total Earned
300

Balance
300

History

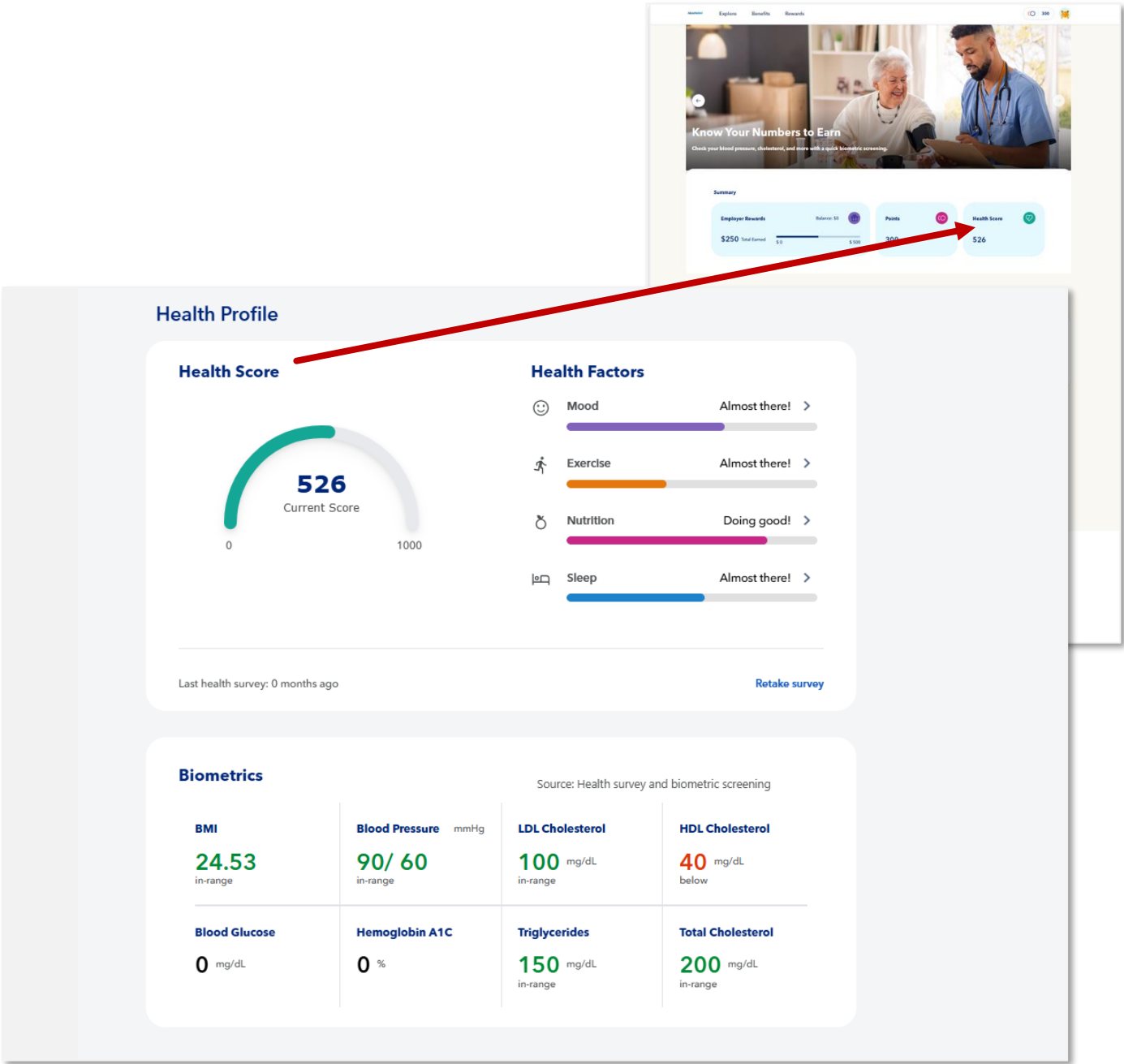
All Earned Redeemed

Item	Amount	Balance
Health Survey Date : 12 Dec 2024	125	300
Health Survey Date : 12 Dec 2024	25	175
Health Survey Date : 12 Dec 2024	25	150
Health Survey Date : 12 Dec 2024	25	125
User Action Registration Date : 12 Dec 2024	100	100

Home Page | Health Profile

From the home page, members can click on Health Score, bringing them to their **Health Profile** which includes

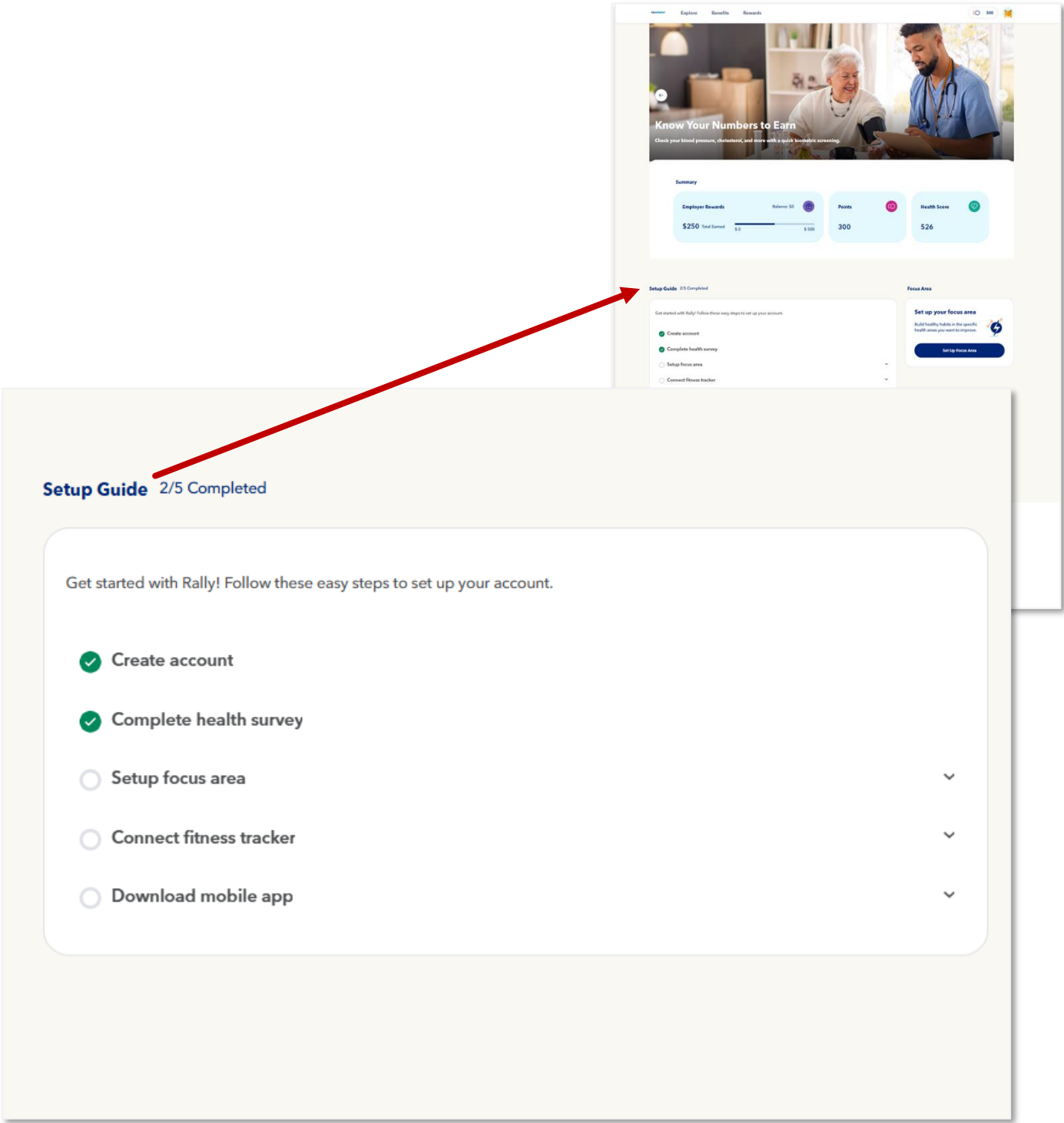
- Health Score: Displays a current score with progress tracking.
- Health Factors: Visual breakdown of key contributors (mood, exercise, nutrition, sleep) with progress indicators and actionable insights.
- Biometrics: Key health metrics such as BMI, blood pressure, cholesterol levels, and blood glucose, sourced from surveys or screenings.
- Includes a prompt to retake the health survey for updated insights.



Home Page | Setup Guide

From the home page, members can scroll down to view and complete their **Setup Guide** which

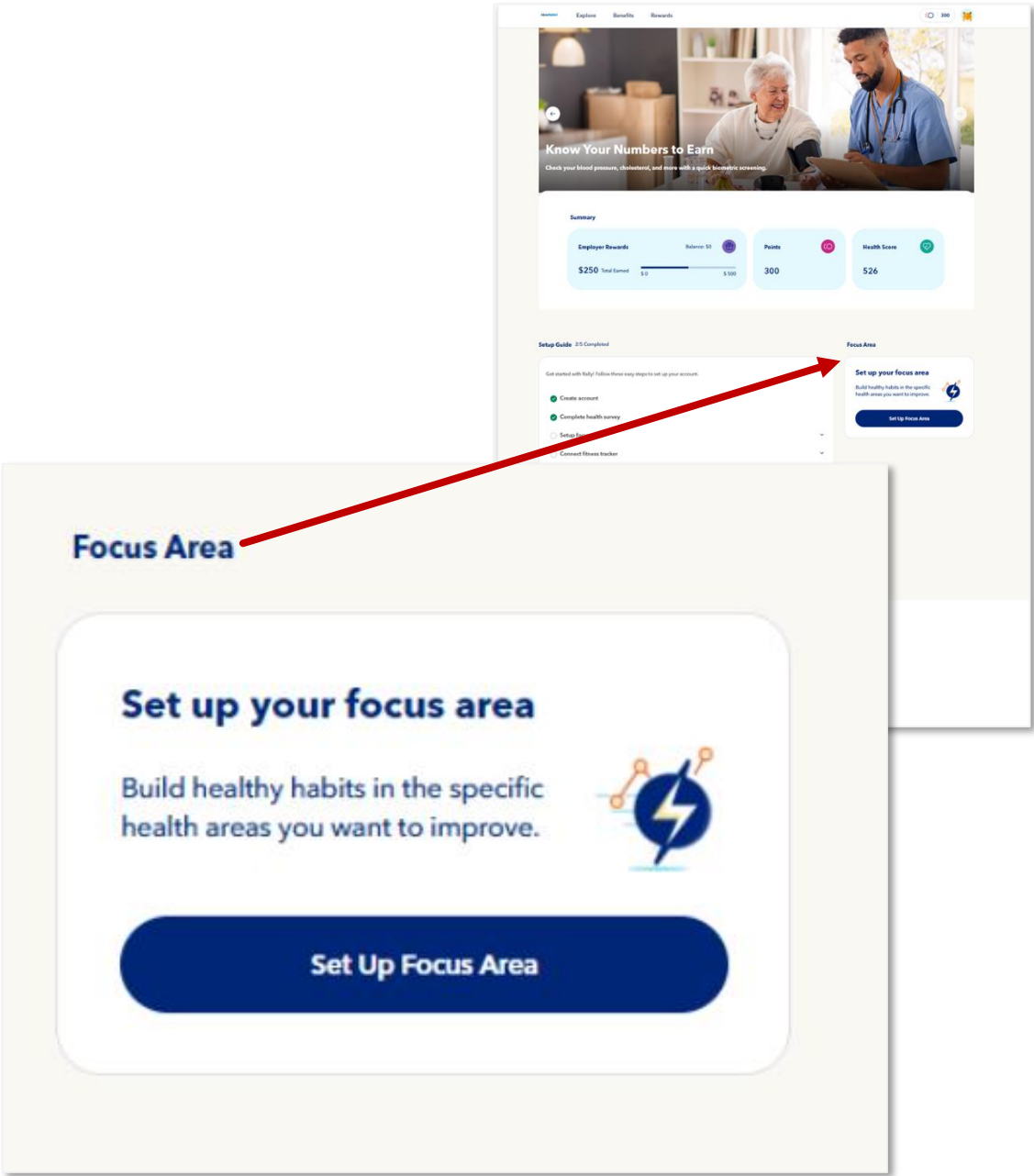
- Displays progress for completing account setup.
- Visually highlights completed steps with green checkmarks and pending steps with open circles, providing a clear and intuitive way for members to understand their progress.
- Serves as a motivational tool, encouraging users to complete all steps for full account functionality.



Home Page | Focus Area

The **Focus Area** feature allows members to personalize their health goals by identifying specific areas they want to improve. Once set, it

- Matches members with tailored missions and resources to support their goals.
- Encourages the development of healthy habits in chosen focus area.
- Provides a more personalized and engaging health journey.

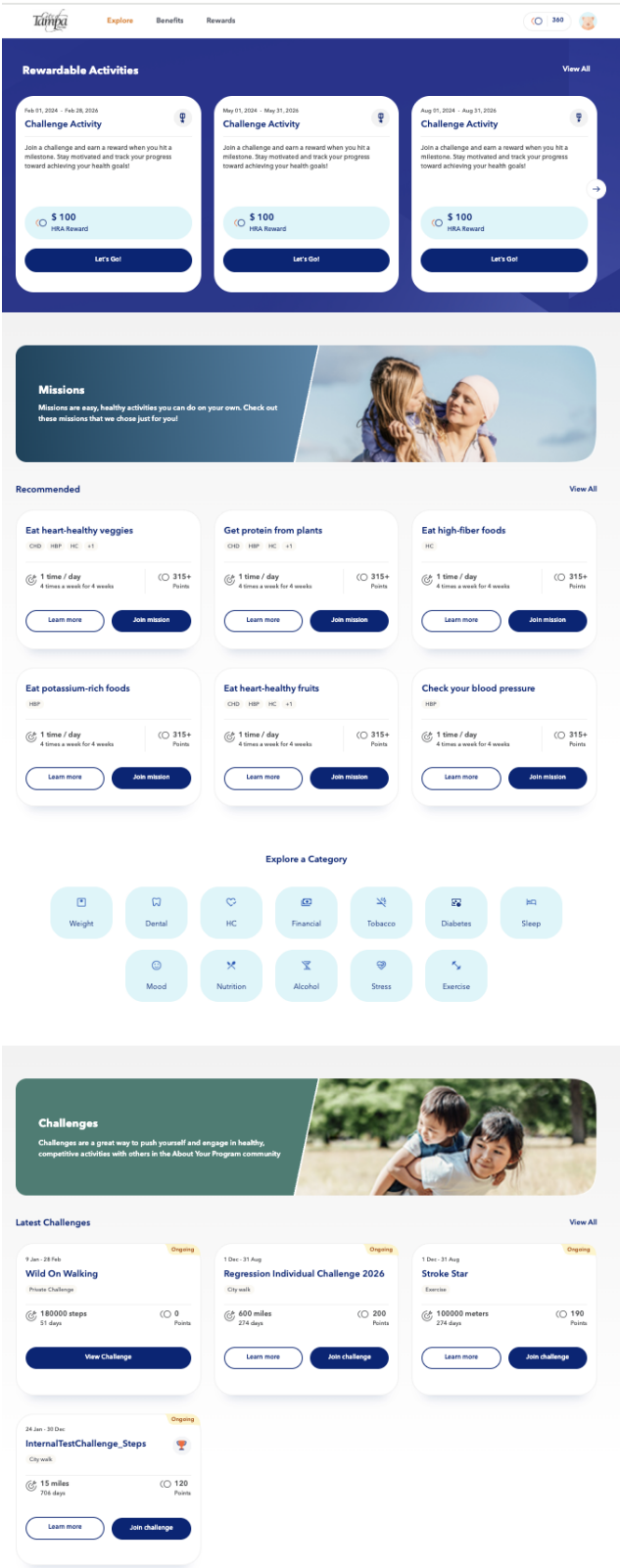


Optum Engage Explore Page

Explore Page

Members see the following features when accessing the **Explore Page**:

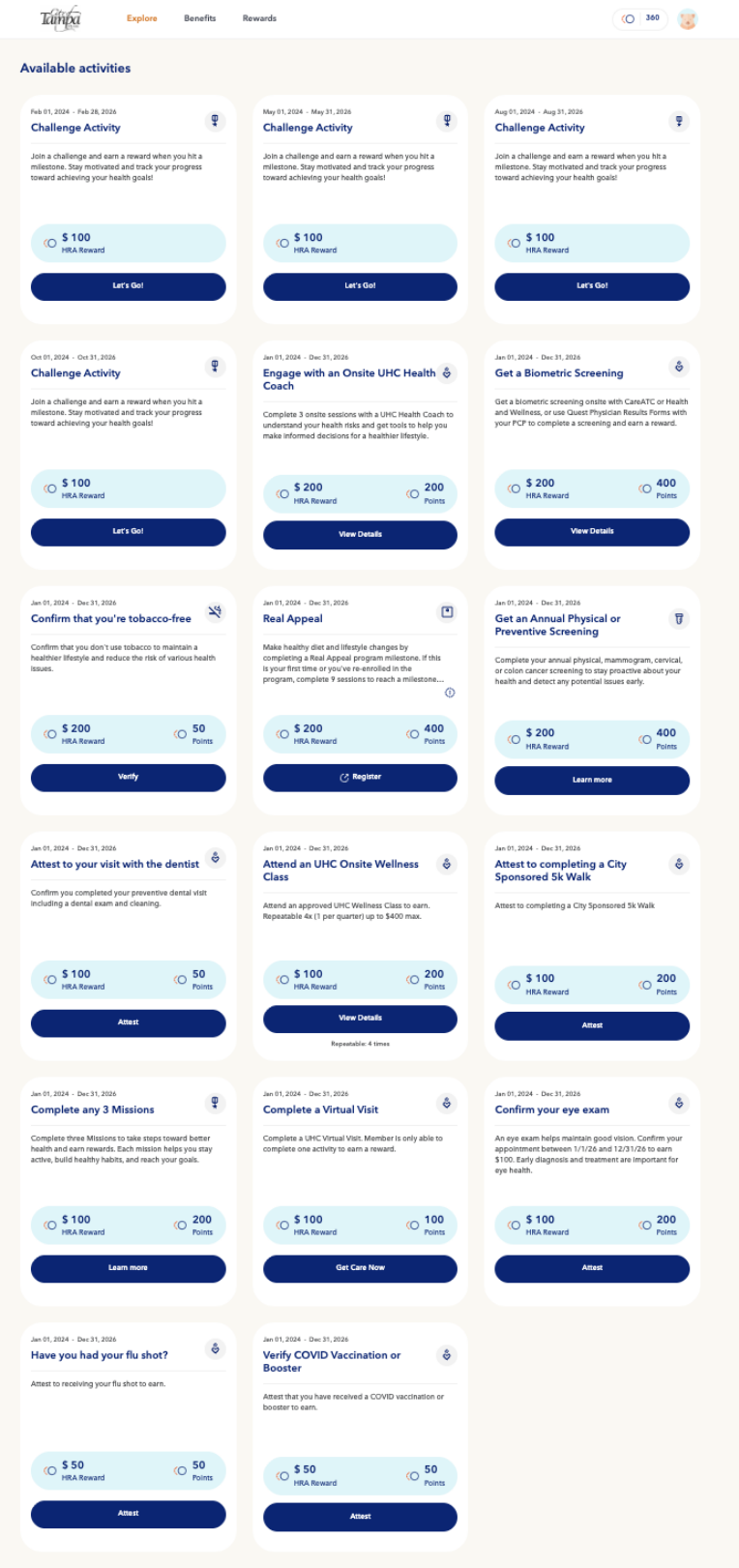
- **Rewardable Activities:** Showcases incentivized activities chosen by the employer to engage members and drive participation in health and wellness programs.
- **Missions Section:** Provides a variety of personal activity options to help users improve their health and build better habits.
- **Challenges Section:** Includes competitive challenges designed to motivate members through healthy competitions with other users.



Explore Page | Rewardable Activities

Members can click "View All" to explore the full list of **Rewardable Activities** available to them.

- Each activity includes:
 - The reward amount.
 - Applicable Points that can be earned. *Available for only select activities.*
 - A short description of the activity and its benefits.
- Time Frame: Activities are available for a defined period set by the employer within the CRD.
- Call-to-Action Buttons: Each activity features call-to-action buttons like "Learn more" or "Finish Survey" for engagement.
- Navigation Options: Users can switch between various tabs or sections, including Completed Activities and Expired Activities.



Explore Page | Rewardable Activities – Quest activity

Optum

ExploreBenefitsRewards

120

Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Available Activities

01 Jan 25 - 31 Dec 25

Engage with an Onsite UHC Health Coach for three sessions

Complete 3 sessions with a UHC Health Coach onsite at your location to help you understand your health risks and give you information and tools to ...

\$ 200

HRA Reward

View Details

01 Jan 25 - 31 Dec 25

Real Appeal

Make healthy diet and lifestyle changes by completing a Real Appeal program milestone. If this is your first time or you've re-enrolled in the ...

\$ 200

HRA Reward

400

Points

Register

01 Jan 25 - 31 Dec 25

Get a Biometric Screening

Get an onsite biometric screening with CareATC or Health and Wellness or use the Physician Results Forms from Quest to take to your primary care ...

\$ 200

HRA Reward

400

Points

Get Started

01 Jan 25 - 31 Dec 25

Get an Annual Physical or Preventive Screening

Complete your annual physical, mammogram, cervical, or colon cancer screening to stay proactive about your health and detect any potential issues early.

\$ 200

HRA Reward

400

Points

Learn more

01 Jan 25 - 31 Dec 25

Complete a Virtual Visit

When you need care - anytime day or night - Virtual Visits offer great options. From treating colds and fevers to caring for migraines and allergies, you ca...

\$ 100

HRA Reward

100

Points

Get Care Now

01 Jan 25 - 31 Dec 25

Complete any 3 Missions

Complete three Rally Missions to take steps toward better health and earn rewards. Each mission helps you stay active, build healthy habits, and reach your goals.

\$ 100

HRA Reward

200

Points

Learn more

01 Jan 25 - 31 Dec 25

Attend an UHC Onsite Wellness Class

Repeatable: 4 times
Attend an approved UHC Wellness Class to earn. Repeatable 4x (1 per quarter) up to \$400 max.

\$ 100

HRA Reward

View Details

01 Jan 25 - 31 Dec 25

Confirm your eye exam

An eye exam is an important part of health care. Early diagnosis and treatment of eye and vision problems are important for maintaining good vision...

\$ 100

HRA Reward

Attest

01 Jan 25 - 31 Dec 25

Attest to your visit with the dentist

Let us know if you went to the dentist.

\$ 100

HRA Reward

Attest

01 Jan 25 - 31 Dec 25

Complete 1 of the following

Complete 1 of the following activities to earn your reward. Each step brings you closer to achieving your health and wellness goals.

\$ 50

HRA Reward

Learn more

01 Jan 25 - 31 Dec 25

Complete 1 of the following

Complete 1 of the following activities to earn your reward. Each step brings you closer to achieving your health and wellness goals.

\$ 50

HRA Reward

Learn more

01 Nov 24 - 31 Dec 25

Complete your Health Survey

You'll be asked a series of questions: for example, what is your height and weight, how much do you exercise and sleep, and whether you have asthma ...

\$ 100

HRA Reward

200

Points

Finish Survey

QuestDiagnostics

Skip to main content

Hallo, [Personen](#) [Logout](#)

[Contact](#) [Log Off](#)

Terms and Conditions

1. Terms of Service: Quest Diagnostics Workforce Health Solutions ("WHS") supports health benefit management programs with policies in place to maintain the confidentiality of your information consistent with Quest Diagnostics Notice of Privacy Practices, which may be found at [QuestDiagnostics.com/our-company/privacy](#). Our Privacy of Protected Health Information (PHI) policy requires that we must obtain, maintain, use, and disclose patient protected health information in a manner that protects patient privacy and complies with all state and federal laws. Though this is a voluntary program, should you choose not to accept these Terms of Service, you will not be able to participate.

2. You are participating in a voluntary population health program, and by your participation you freely and voluntarily assume any risks associated with the screening process. You must be 18 years of age or older. As needed for the program(s) available to you, you consent to the collection of a blood sample from a fingerstick or from the arm (venipuncture); capillary blood collection from the arm using the Tasso device; measurement of blood pressure, height, weight, waist and/or hip measurements; the collection of a cheek swab or blood sample for the purpose of colinine testing to detect tobacco use; the collection of a nasal swab for the purposes of performing a test for the detection of COVID-19 and/or to a blood draw to determine whether you have developed antibodies to COVID-19; and/or the collection of a fecal sample for Colorectal Cancer screening. You understand that collection of a blood sample involves certain potential risks that may include but are not limited to prolonged bleeding, fainting or feeling lightheaded, bruising and multiple sticks. If the program includes the reporting of results at the point of collection, this data should be considered preliminary, as the results are screening assessments only. The instrument used on-site may yield results that vary from what would be reported if the same testing was

Accept & Continue

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[Your Privacy Choices](#) [Contact](#)

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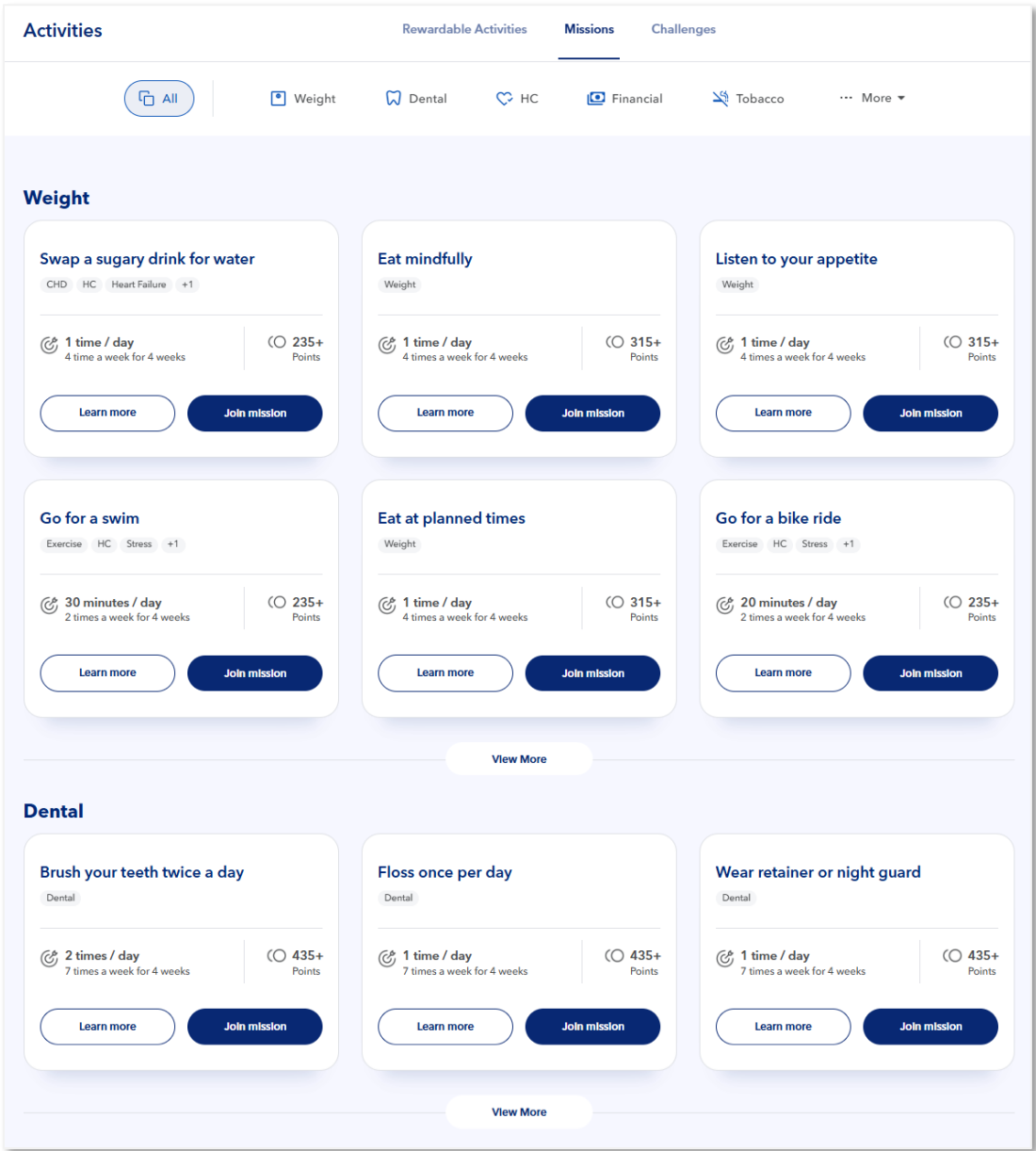
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Explore Page | Missions

Members can click "View All" to explore the full list of **Missions** available to them.

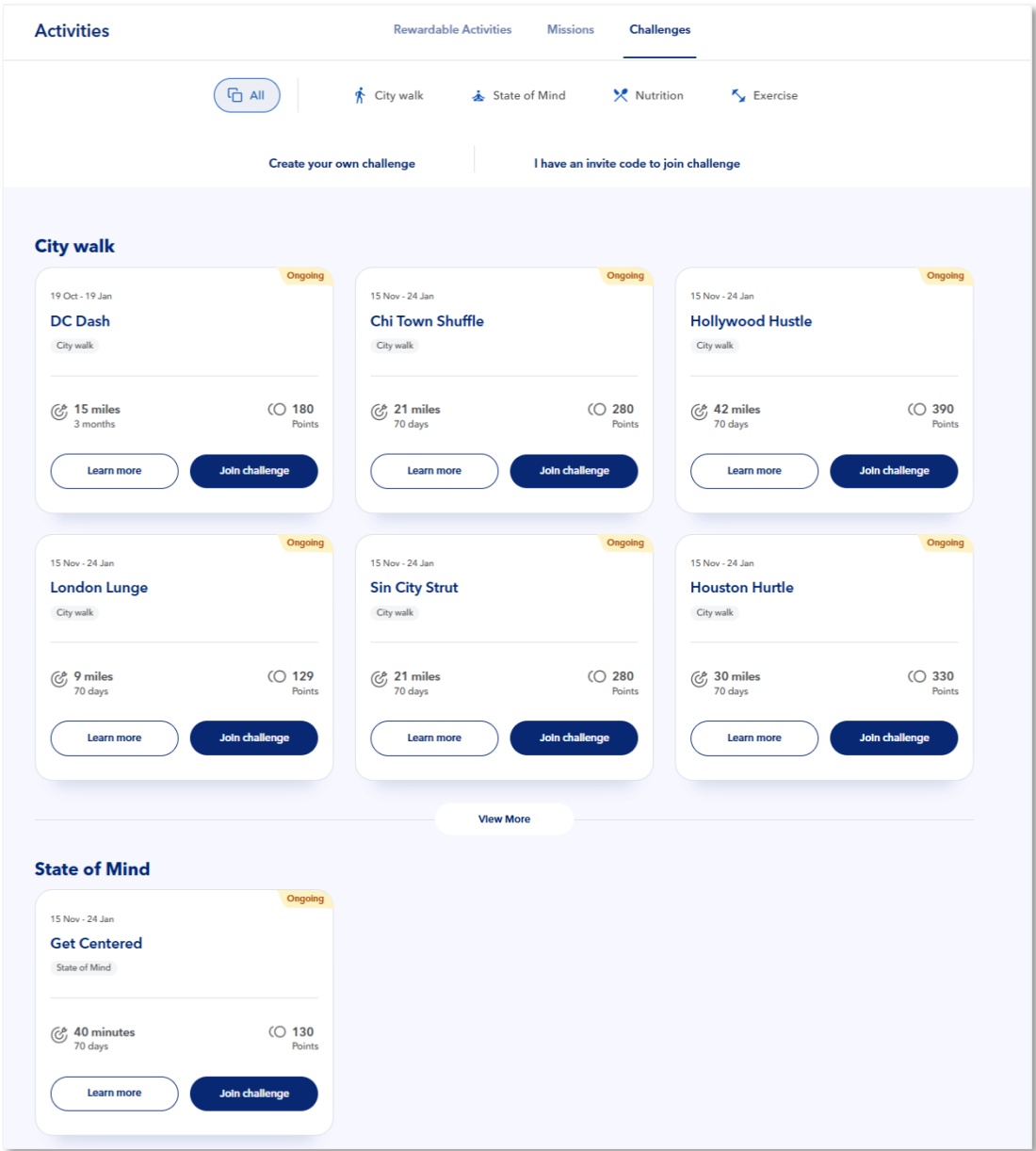
- Categories: Missions are organized into categories like Weight, Dental, and more.
- Details for Each Mission:
 - Frequency: Specifies the required activity frequency (e.g., 1 time/day).
 - Points: Indicates the number of points users can earn.
 - Call-to-Actions: Buttons like "Learn more" and "Join mission" allow users to easily engage.
- Navigation: Users can filter missions by categories and view more options within each section.



Explore Page | Challenges

Members can click "View All" to explore the full list of **Challenges** available to them.

- Categories: Challenges are grouped into themes such as City Walk and State of Mind, with options to explore others like Nutrition and Exercise.
- Details for Each Challenge:
 - Duration: Specifies time frame (e.g., 3 months, 70 days).
 - Goals: Defined in terms of miles walked or minutes of activity.
 - Rewards: Points earned upon completion.
 - Call-to-Actions: Buttons like "Learn more" and "Join challenge" enable participation.
- Customization Options: Users can create their own challenge or join existing challenges with an invite code.
- Navigation: Includes filtering options for challenge categories and a "View More" button for additional activities.

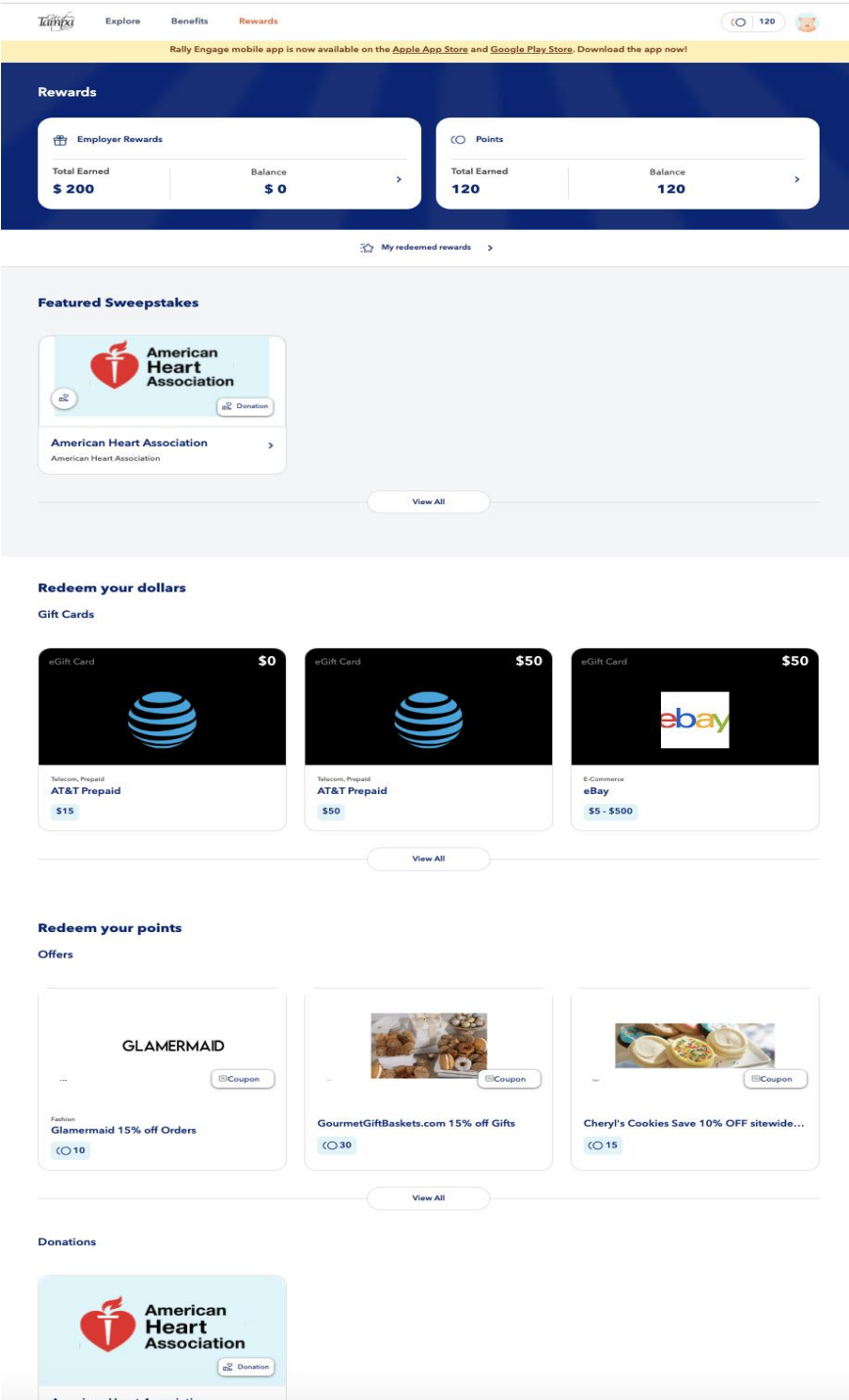


Optum Engage Rewards Page

Rewards Page

Members see the following features when accessing the **Rewards Page**:


- Rewards Summary:
 - Displays two reward types: Employer Rewards and Points, each showing total earned and current balance.
 - Includes a link to view redeemed rewards for tracking past activity.
- Redeem Your Points Section:
 - Showcases exclusive marketplace offers available for redemption using points.
 - Includes "View All" to explore more offers.
- Donations Section:
 - Allows members to donate points to organizations like the American Heart Association.





**Note: The displayed gift cards, offers, and donations are provided for illustrative purposes only and may not represent the actual rewards that will be available on Optum Engage as of January 1st.*


Optum Engage Features

Home Page – Campaign

ExploreBenefitsRewards

120

Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!




Wild on Walking Challenge

Join the City of Tampa Wild on Walking challenge to earn.

Summary

Employer Rewards




\$200

Total Earned


\$ 0\$ 1000

Points



120

Health Score



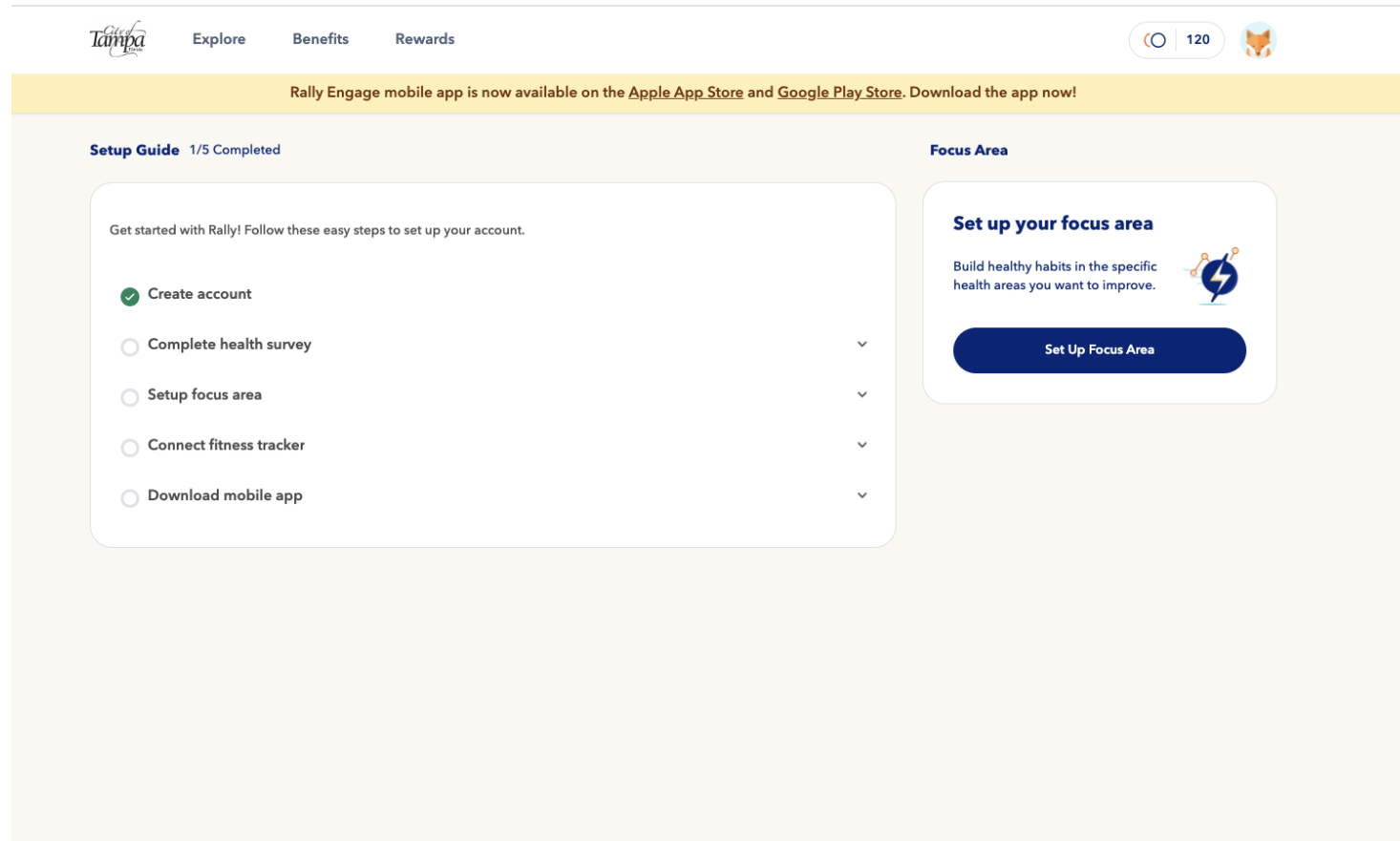
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Home Page – Top Picks



Top Picks

Need Counseling Services?

Your Optum Employee Assistance Program can help. Call 866-248-4096 for advice, referrals, and counseling or click Learn More for more information.

[Learn more](#)


ATTENTION NEW HIRES

New hires will have 90 days to complete all activities to earn their reward. The 90-day period will not be reflected within the Rally platform.

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Benefits Page – Your Benefit Cards, Cont'd



Heart Failure Support

Get access to a nurse who can help you watch your health, manage medication and help you understand your benefits.


[Learn more](#)



Neonatal Resource Services

Utilization and Case Management program to reduce costs for infants admitted to a NICU or special care nursery. Supports families' safe and timely discharge to home through proactive management of the length of stay in alignment with clinical guidelines.


888-936-7246



Kidney Management for CKD

Get the support you need to manage your kidney health with personalized care plans, educational resources and expert support.

[Learn more](#)



1:1 Advocacy

Got questions about doctors, treatments, tests, and medical bills? Call Advocate4Me today for answers.

888-512-4093

YOUR Service Account Manager

Savio Castro, cotonsiterep@uhc.com, 813-274-8279. Savio can help with: Understanding your health benefits and coverage.

[Call Savio](#) [Learn more](#)

YOUR Nurse Liaison

Debbie can help with managing chronic health conditions and leveraging your benefits for health related resources.


[Call Debbie](#) [Learn more](#)

YOUR Health Coach

Stef Olstad, BSW, cotcoach@uhc.com, 813-535-0482. Stef can help with: Coach you to reach personal and healthy lifestyle goals.

[Call Stef](#) [Learn more](#)


Benefits Page – Your Benefit Resources




Explore

Benefits

Rewards




120



Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Your Benefits


Elevate your wellbeing.



Congenital Heart Disease Resource Services

Get support from experienced nurses to get information about medical care, your plan coverages, and finding treatment centers.


Learn more



Bariatric Resource Services

Bariatric Resource Services offers weight loss surgery with experienced caring nurse support from pre-surgery to post-surgery, we're here for you.

Learn more



Diabetes Management

Work 1:1 with a nurse to learn more about diabetes and create a personalized plan to help you manage it and stay healthy

Learn more

Resources

City of Tampa Benefits

Introduction to Rally Engage

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Optum Engage Manage Your Account



Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Manage Your Account

Health Profile >

Health Survey >

Account Details

About the Program

Physical activity exemption

Settings

Activity Tracker

Support

Help Center

Legal

Terms of Use

Privacy Policy

Reward Rules

Logout

Version 0.0

Email Address

fnrjqpqnfsuo.lnlcahiscp457@mail.com

Your email is not visible to anyone! We will send all rewards and other communications here.

Username

FNRUJQPQNFSUO.LNLCAHI

Keep it private! Pick a username (2-20 characters) that doesn't reveal your real name.

Avatar



Update

Manage Your Account – About the Program

Optum

Tampa Bay

Explore

Benefits

Rewards

120

Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Manage Your Account

Health Profile

Health Survey

Account Details

About the Program

Physical activity exemption

Settings

Activity Tracker

Support

Help Center

Legal

Terms of Use

Privacy Policy

Reward Rules

Logout

Version 0.0

Max earning limit

\$1000

Plan start date

01 Nov 2024

Plan end date

31 Dec 2025

Earning start date

01 Nov 2024

Earning end date

31 Dec 2025

About Your Program

Here are all the awesome rewards offered by your company for completing the following healthy actions. Your overview will update automatically as you make progress. Some activities will take time to process, so don't worry if an action isn't updated right away. Rally will send you an email if your employer's rewards plan changes at any time. Got all that? Check out the FAQ if you have more questions.

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Appendix

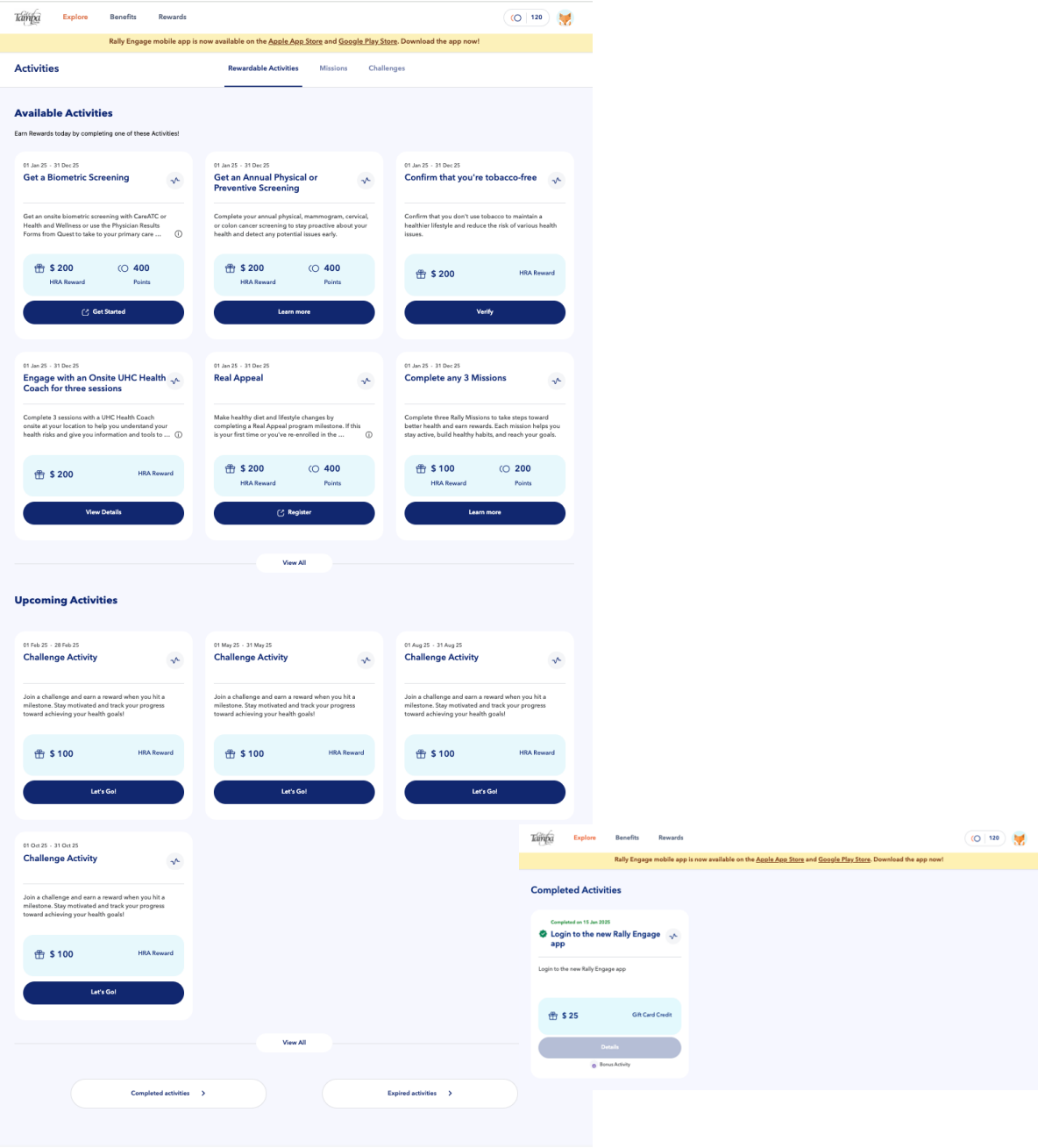
HRA, Client Fulfilled

Optum

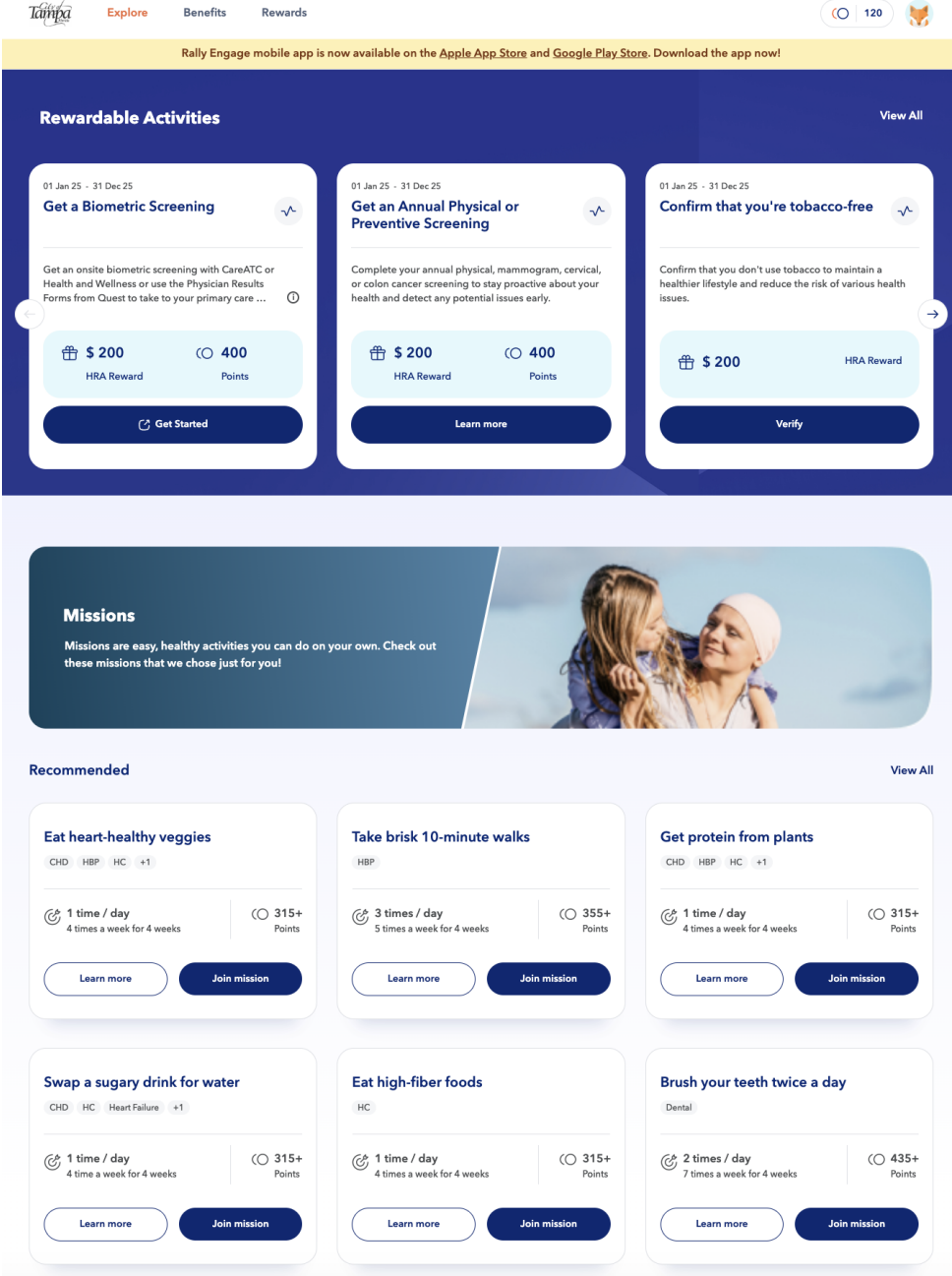
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Affiliation 3 - UHC SP HRA

HRA, Client Fulfilled



Rewardable Activities Page
(Explore Page)



Rewards Page

Affiliation 4 - UHC EE Simple Wellness

Reward, Client Fulfilled

Explore

Benefits

Rewards

120

Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Activities

Rewardable Activities

Missions

Challenges

Available Activities

Earn Rewards today by completing one of these Activities!

01 Jan 25 - 31 Dec 25

Get a Biometric Screening

Get an onsite biometric screening with CareATC or Health and Wellness or use the Physician Results Forms from Quest to take to your primary care ...

\$ 200

400

RewardPoints

Get Started

01 Jan 25 - 31 Dec 25

Get an Annual Physical or Preventive Screening

Complete your annual physical, mammogram, cervical, or colon cancer screening to stay proactive about your health and detect any potential issues early.

\$ 200

400

RewardPoints

Learn more

01 Jan 25 - 31 Dec 25

Engage with an Onsite UHC Health Coach for three sessions

Complete 3 sessions with a UHC Health Coach onsite at your location to help you understand your health risks and give you information and tools to ...

\$ 200

Reward

View Details

01 Jan 25 - 31 Dec 25

Real Appeal

Make healthy diet and lifestyle changes by completing a Real Appeal program milestone. If this is your first time or you've re-enrolled in the ...

\$ 200

400

RewardPoints

Register

01 Jan 25 - 31 Dec 25

Confirm that you're tobacco-free

Confirm that you don't use tobacco to maintain a healthier lifestyle and reduce the risk of various health issues.

\$ 200

Reward

Verify

01 Jan 25 - 31 Dec 25

Complete a Virtual Visit

When you need care - anytime day or night - Virtual Visits can be a great option. From treating colds and fevers to caring for migraines and allergies, you ca...

\$ 100

100

RewardPoints

Get Care Now

View All

Upcoming Activities

01 Feb 25 - 28 Feb 25

Challenge Activity

Join a challenge and earn a reward when you hit a milestone. Stay motivated and track your progress toward achieving your health goal!

\$ 100

Reward

Let's Go!

01 May 25 - 31 May 25

Challenge Activity

Join a challenge and earn a reward when you hit a milestone. Stay motivated and track your progress toward achieving your health goal!

\$ 100

Reward

Let's Go!

01 Aug 25 - 31 Aug 25

Challenge Activity

Join a challenge and earn a reward when you hit a milestone. Stay motivated and track your progress toward achieving your health goal!

\$ 100

Reward

Let's Go!

01 Oct 25 - 31 Oct 25

Challenge Activity

Join a challenge and earn a reward when you hit a milestone. Stay motivated and track your progress toward achieving your health goal!

\$ 100

Reward

Let's Go!

View All

Completed activities

Expired activities

Explore

Benefits

Rewards

120

Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Completed Activities

Completed on 09 Jan 2025

Login to the new Rally Engage app

Login to the new Rally Engage app

\$ 25

QR Card Credit

Details

Bonus Activity

Explore

Benefits

Rewards

120

Rally Engage mobile app is now available on the [Apple App Store](#) and [Google Play Store](#). Download the app now!

Rewardable Activities

View All

01 Jan 25 - 31 Dec 25

Get a Biometric Screening

Get an onsite biometric screening with CareATC or Health and Wellness or use the Physician Results Forms from Quest to take to your primary care ...

\$ 200

400

RewardPoints

Get Started

01 Jan 25 - 31 Dec 25

Get an Annual Physical or Preventive Screening

Complete your annual physical, mammogram, cervical, or colon cancer screening to stay proactive about your health and detect any potential issues early.

\$ 200

400

RewardPoints

Learn more

01 Jan 25 - 31 Dec 25

Engage with an Onsite UHC Health Coach for three sessions

Complete 3 sessions with a UHC Health Coach onsite at your location to help you understand your health risks and give you information and tools to ...

\$ 200

Reward

View Details

Missions

Missions are easy, healthy activities you can do on your own. Check out these missions that we chose just for you!

Recommended

View All

Eat heart-healthy veggies

CHD HBP HC +1

1 time / day
4 times a week for 4 weeks

315+ Points

Learn more

Join mission

Take brisk 10-minute walks

HBP

3 times / day
5 times a week for 4 weeks

355+ Points

Learn more

Join mission

Get protein from plants

CHD HBP HC +1

1 time / day
4 times a week for 4 weeks

315+ Points

Learn more

Join mission

Swap a sugary drink for water

CHD HC Heart Failure +1

1 time / day
4 times a week for 4 weeks

315+ Points

Learn more

Join mission

Eat high-fiber foods

HC

1 time / day
4 times a week for 4 weeks

315+ Points

Learn more

Join mission

Brush your teeth twice a day

Dental

2 times / day
7 times a week for 4 weeks

435+ Points

Learn more

Join mission

Optum

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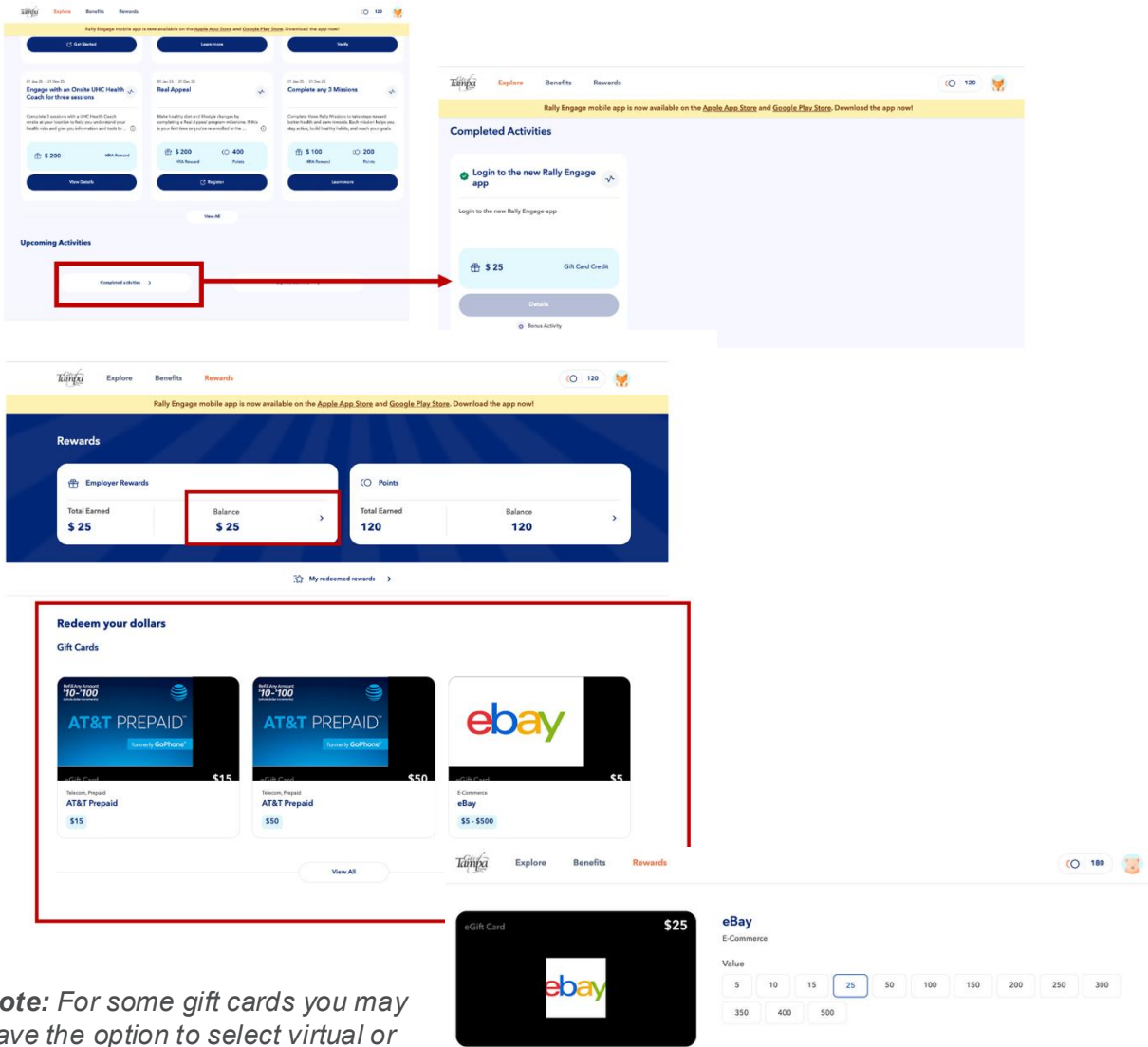
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Troubleshooting and Workarounds

Gift Card Redemption

To redeem a gift card using the \$25 gift card credit. Please make sure you have earned the \$25 gift card credit, follow the steps below to confirm you received the \$25 gift card credit.

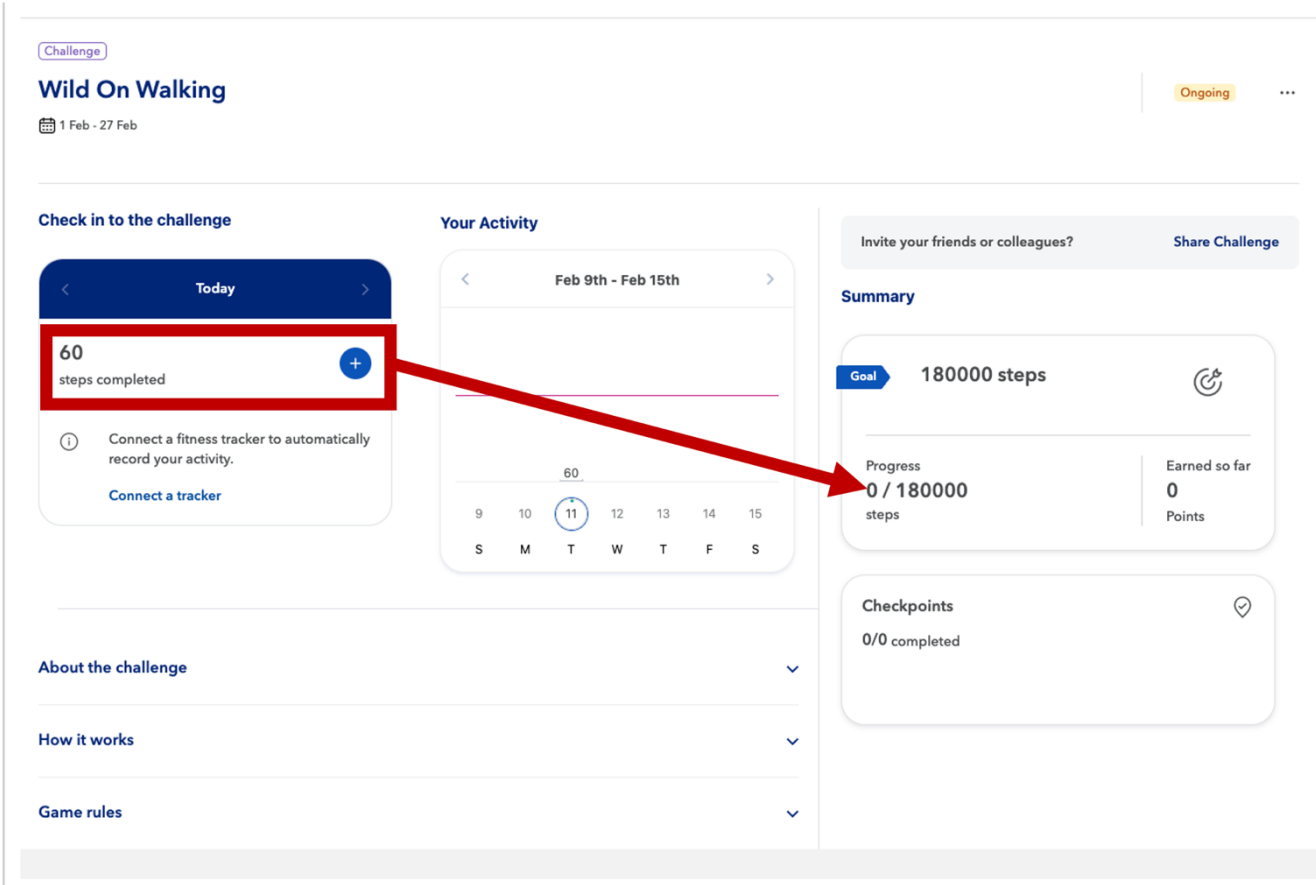
1. Click on **Rewards**, you will see the **Employer Rewards** progress section that shows **Total Earned** and **Balance**. The **Balance** section will show the \$25 gift card credit.
2. If you see \$0 under the **Balance**, you have not completed the Bonus activity and should contact Optum Engage Support. If you do see \$25 under **Balance**, you can redeem a gift card.
3. On the **Rewards** page, go to **Redeem your dollars** section to redeem a gift card. Select your **Gift Card** type i.e. Amazon, Gap, etc., select a **Value** then click **Redeem Now**.



Note: For some gift cards you may have the option to select virtual or physical gift card. You should receive the virtual gift card information immediately. Also, if you're told you will receive an email and you do not receive an email, please contact Optum Engage Support for investigation.

Wild on Walking Challenge – Device Only Tracking Method

The Wild on Walking Challenge is setup to track your steps via a tracking device only. Although, you can manually enter steps, the manual steps are not added to the **Progress** thus forcing you to connect a tracker.



Mobile Device Updates



1. Apple: Go to the **App Store** and search for **Optum Engage**. Check whether the blue button says **Open** or **Update**. In the latter case, tap on **Update**.

- i. If you had to update, it means you were not on the latest version of Optum Engage.
- ii. If you did not have to update, and just clicked Open, it means you are on the latest version of Optum Engage.

2. Android: Go to the **Google Play Store** and search for **Optum Engage**. Check whether the blue button says **Open** or **Update**. In the latter case, tap on **Update**.

- i. If you had to update, it means you were not on the latest version of Optum Engage.
- ii. If you did not have to update, and just clicked Open, it means you are on the latest version of Optum Engage.

Amazon Spam Email

There have been reports of members who select the Amazon gift card that may receive an Amazon GC email. Please see image, this is spam, and should not be opened, just delete it. The email is not from any Optum Engage or NeoCurrency platform. The email if redeemed would be from the email address noreply@yourdigitalreward.com.

[EXTERNAL] \$25 on Amazon.com



Amazon <amazon@cyber-sale.net>

To

Spam email address.
Please delete the email message.

If there are problems with how this message is displayed, click here to view it in a web browser.



amazon.com
gift card

\$50.00

FBH48-23894525HFY-18691960634

Redeem now ▶

Hi

Once applied to your Amazon account, the entire amount will be added to your gift card balance. Your gift card balance can't be transferred to other accounts, used to buy other gift cards, or, except as required by law, redeemed for cash. Your gift card balance will be applied automatically to eligible orders during the checkout process.

If you don't want use your gift card balance on your order, you can unselect it as a payment method in checkout.

If you experience any issues using your gift card, you can reference your gift card by providing the above Claim Code to customer service.

Your Amazon Team

Redeem now ▶