

HIGH-IMPACT AEROBICS

RHYTHM FITNESS

SPRING FITNESS EXPO

**IT'S
FREE!**



**MARCH
28**

WITH COACH ARTHUR

8 AM REGISTRATION / 8:30 WALK / 9:15 AEROBICS

**FOREST HILLS REC CENTER,
724 W 109TH AVE., TAMPA, 33612**

TAKE THE CHALLENGE — LET'S GO!

