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Jane Castor, Mayor

WHEREAS, providing the very best quality care to those with chronic or terminal illness, functionally impaired, individuals with disabilities, or those who require a caregiver to assist with health maintenance and everyday basic needs is essential for their optimum well-being; and

WHEREAS, National Family Caregivers Month was proclaimed by former President William (Bill) J. Clinton in 1997, and its purpose is to recognize the more than 50 million people in the United States who serve as unpaid family and "chosen family" caregivers; and

WHEREAS, each day, in homes across our nation, individuals' needs are met with compassion and support from family members and loved ones whereby allowing them to remain as independent as possible in their communities, often in their own homes; and

WHEREAS, caregivers play an essential role in ensuring the health and well-being of our most vulnerable and for those in need of managing medications, doctor appointments, and balancing their work and home situations, and they provide a vital lifeline of connection and hope to loved ones during challenging and uncertain times; and

WHEREAS, the 2022 National Family Caregiver Awareness Month theme is *Caregiving Happens*, and it reflects the reality that family caregiving is not always convenient or expected and may occur through the sudden onset of a loved one's illness, injury, or disability; caregivers devote immeasurable time, energy, resources, and efforts, frequently with little reprieve for themselves, and their health is often impacted including physically, psychologically, emotionally, and financially; and

WHEREAS, locally, Caregiver Wellness Collective, Inc. endeavors to bring awareness of the issues that are confronted by caregivers, and they seek to inspire others to act in support of dedicated unpaid caregivers in our community, state, and nation.

NOW, THEREFORE, I, Jane Castor, by virtue of the authority vested in me as Mayor of the city of Tampa, Florida, do hereby proclaim the month of November 2022, as

"NATIONAL FAMILY CAREGIVER AWARENESS MONTH"

in the city of Tampa, Florida, and encourage citizens to increase their understanding and awareness of caregivers and their dedication to those whose health and well-being depend heavily upon them.

Dated in Tampa, Florida, this 29th day of October 2022.

Mayor)