

Proclamation



Jane Castor, Mayor

WHEREAS, food is the substance by which life is sustained and the type, quality, and amount of food that individuals consume each day plays a vital role in our citizens' overall health and physical fitness, and eating well means consuming a variety of healthy food in the right amounts so one's body will get the nutrients needed to maintain good health and work properly; and

WHEREAS, a **Registered Dietitian Nutritionist** is an expert in the field of food and nutrition who can translate the science of nutrition onto practical solutions for healthy living, assist in helping individuals establish and maintaining optimum lifestyles and eating habits to maximize their overall health, and they are advocates for advancing the nutritional status of Americans and people around the world; and

WHEREAS, a Registered Dietitian Nutritionist is well educated with degrees in nutrition, dietetics, public health or a related field from well-respected accredited colleges and universities, and they complete internships and pass examinations to practice in their profession, and they work throughout their communities in hospitals, schools, public health clinics, nursing homes, fitness centers, food management and industry, universities, research centers, and private practice; and

WHEREAS, founded in 1971, the Academy of Nutrition and Dietetics represents over 112,000 credentialed nutrition and dietetics practitioners and is the world's largest organization of food and nutrition professionals, and locally, the Florida Suncoast Academy of Nutrition and Dietetics is a merged group of the Tampa, Pinellas, Manasota, and Southwest Associations, and its members are a group of professionals and students dedicated to its mission that includes promoting healthy eating and living in Florida gulf-coast communities; and

WHEREAS, the Academy of Nutrition and Dietetics established **National Nutrition Month** held each March to reinforce healthy and nutritious eating habits, and annually on the second Wednesday of March, **National Registered Dietitian Nutritionist Day** is celebrated, bringing attention to the dedicated professionals who positively impact our nation's health and to foster public awareness regarding the importance of good nutrition and physical activity, and the City of Tampa is committed to promoting the health and well-being of our citizens and is pleased to join in this initiative.

NOW, THEREFORE, I, Jane Castor, by virtue of the authority vested in me as Mayor of the city of Tampa, Florida do hereby proclaim Wednesday, March 8, 2023 as

"NATIONAL REGISTERED DIETITIAN NUTRITIONIST DAY"

in the city of Tampa, Florida and urge all residents to become more aware of how important good nutrition is to our optimum health and thank the dedicated Registered Dietitian Nutritionist professionals for their efforts and contributions to the well-being of our city and nation.

Dated in Tampa, Florida this 23rd day of February, 2023.



Jane Castor

Mayor