

Proclamation



Bob Buckhorn, Mayor

WHEREAS, yoga is a school of Hindu philosophy that teaches one to separate their self from the material world and unify with the Supreme Being through physical and mental exercises; and

WHEREAS, each day, millions of people worldwide perform yoga procedures for health and spiritual reasons; and

WHEREAS, every year, Hindu Swayamsevak Sangh USA, Inc., a non-profit cultural organization which aims to preserve and promote the ancient Vedic heritage and values, organizes a nationwide health awareness program titled Surya Namaskar Yajna; and

WHEREAS, the goal of this year's Surya Namaskar Yajna, or Sun Salutation Yogathon, is to encourage 12,000 participants to complete 1 million sun salutations comprised of 10 simple yoga postures from January 14 - 29, 2012; and

WHEREAS, during this period, Hindu Swayamsevak Sangh USA will be providing weekly training sessions throughout the Tampa Bay area to those interested in participating in yoga with the aim to improve one's mental and physical well-being; and

WHEREAS, the City of Tampa is proud of the partnerships it has with Tampa's many faith-based organizations and supports the efforts of Hindu Swayamsevak Sangh USA to improve the health of Tampa residents.

NOW, THEREFORE, I, Bob Buckhorn, by virtue of the authority vested in me as Mayor of the City of Tampa, Florida, do hereby proclaim January 14, 2012 as

"YOGA DAY"

in the City of Tampa, Florida, and urge all citizens to participate in this event and to understand the cultural significance of yoga and its teachings.

Dated in Tampa, Florida, this 12th day of January, 2012.



Bob Buckhorn

Mayor