

Proclamation



Bob Buckhorn, Mayor

WHEREAS, focusing on wellness is essential to the quality of life for all citizens and it is understood that there is a need for many Americans to make improvements in diet and exercise in order to maximize their health, and a healthier Tampa Bay and a healthier America is good for us all; and

WHEREAS, small, simple changes in one's lifestyle, like walking 30 minutes per day, can make a positive difference in health and wellness; and

WHEREAS, in an effort to ignite enthusiasm for healthier lifestyles and improve the health of the Tampa Bay area, One Bay: Healthy Communities, in partnership with The Race to a Healthy America and the American Heart Association, is challenging area companies, nonprofits, government offices and individual groups from eight Florida counties, Citrus, Hernando, Hillsborough, Manatee, Pasco, Pinellas, Polk and Sarasota, to take part in a community walk; and

WHEREAS, this walk from April 4 – May 23, 2012 will involve teams walking 30 minutes per day, 5 times per week, for 7 weeks with the goal of a total effort to cover the distance of 238,857 miles – the distance to reach the moon; and

WHEREAS, the "Walk to the Moon Challenge" will kick-off the event on Wednesday, April 4, 2012 in conjunction with the American Heart Association's "Start Walking Day" and will culminate seven weeks later on May 23rd with teams and individuals receiving recognition and prizes for their efforts.

NOW, THEREFORE, I, Bob Buckhorn, by virtue of the authority vested in me as Mayor of the City of Tampa, Florida, do hereby proclaim April 4, 2012 as

"WALK TO THE MOON DAY"

in the City of Tampa, Florida, and encourage businesses, organizations and individuals to participate in Walking to the Moon, and urge all citizens to thank One Bay: Healthy Communities for their efforts in promoting healthy lifestyles for the citizens of our communities.

Dated in Tampa, Florida, this 1st day of April 2012.



Bob Buckhorn

Mayor

