

# Don't Fall Into the Trap

*A Forum on Drug Abuse and Prevention*

Join us for a free community forum, sponsored by the Mayor's Youth Leadership Council, aimed to educate the Tampa Bay area about substance abuse. The session will feature speakers sharing personal stories and discussing common drugs along with their treatments.

## Did you know?

- SAMHSA, Substance Abuse and Mental Health Services Administration, has free and confidential National Helpline: 1-800-662-HELP (4357)
- In 2020, a National survey on Drug Use and Health reported that around 19.3 million people 18 years old or older had a substance use disorder in the past year
- Tobacco use is the leading cause of preventable death, including lung cancer, heart disease, and strokes.
- Young adults, aged 18-25, has the highest percent of binge alcohol users (31.4%)

**Source:** <https://www.samhsa.gov/find-help/atod>

## Wednesday

## November 9, 2022

## 6:00 pm - 8:00 pm

## Virtual Zoom Event

[RSVP for Login Details:](mailto:molly.biebel@tampagov.net)  
[molly.biebel@tampagov.net](mailto:molly.biebel@tampagov.net)

*Sponsored By:*



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[tampagov.net/ADARequest](https://tampagov.net/ADARequest).